

CURRICULUM VITAE

a. Biographical Information

Name

Dr. Laurel Young
Faculty of Fine Arts, Concordia University
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<https://www.concordia.ca/finearts/creative-arts-therapies/faculty.html?fpid=laurel-young>

Languages

English: Advanced
French: Professional working proficiency

Employment History

June 2024-present

Full Professor of Music Therapy

June 2016-May 2024

Associate Professor of Music Therapy

July 2011-June 2016

Assistant Professor of Music Therapy

Concordia University, Creative Arts Therapies Department,
Faculty of Fine Arts, Montreal, Quebec.

Music Therapy Graduate Programs Coordinator: June 1, 2014-May 31, 2015; June 1 2016-May 31, 2017; July 1, 2018-June 30, 2021; July 1, 2023-December 31, 2025.

Music Therapy Practicum Coordinator: June 1st, 2015-May 31st, 2016.

April 2015–2022

Assistant Trainer, [Inner Journey with Guided Imagery & Music Training Program](#)

August 2022-present

Primary Trainer, [Guided Imagery and Music Eastern Canada](#)
Co-facilitate trainings across Canada.

2003–present

Private Consultant: Registered Psychotherapist (Quebec: 61453-15 & Ontario: 20311) **Clinical Supervisor, and Music Therapist**
Facilitate individual psychotherapy, individual & group music therapy, and Guided Imagery & Music sessions. Provide clinical supervision for pre-professional and professional music therapists/psychotherapists/counsellors. Facilitate music and wellness workshops for healthcare professionals and the general public.

1992–present

Musician/Songwriter
Solo and ensemble work (piano, guitar, voice).

**2010–2011;
2005–2006** **Manager/Clinical Supervisor**
The Music Therapy Centre, Toronto, Ontario.
Community clinic. Individual and group music therapy services.

**2008–2011;
2001–2006** **Professional Leader of Creative Arts Therapies
(permanent part time position)**
Sunnybrook Health Sciences Centre (SHSC), Toronto, Ontario.
Provided leadership, supervision, and support to 13+ Creative Arts Therapists and interns/students on clinical work, teaching, continuing education, and research initiatives. Liaised with all levels of management.

2009 – 2010 **Music Therapist (1-year contract; covering a LOA)**
Palliative Care Unit, St. Michael's Hospital, Toronto, Ontario.

2006–2008 **Doctoral Assistant**
Temple University Music Therapy Program, Philadelphia, Pennsylvania. Taught courses, coordinated practicum and internship programs, and provided clinical supervision for undergraduate and Masters equivalency students.

2003–2006 **Part Time Faculty: Instructor and Clinical Supervisor**
Wilfrid Laurier University Music Therapy Program, Waterloo, Ontario. Taught courses and provided clinical supervision for undergraduate and Masters students.

2003–2005 **Music Therapist (contract)**
AIDS Committee of Toronto (ACT).

2004 **Music Therapy Placement Supervisor (contract)**
Queen Margaret University, Edinburgh, Scotland.

2002-2004 **Music Therapist (contract)**
Women and Violence & General Counseling Program, Women's College Hospital, Toronto, Ontario.

2002-2003 **Graduate Teaching Assistant/Practicum Supervisor**
Wilfrid Laurier University Music Therapy Program.

1997-2002 **Music Therapist (permanent full time)**
Sunnybrook Health Sciences Centre, Long Term and Veterans' Care. A 500+ bed long-term care facility for Canadian War Veterans. Supported residents with physical disabilities, dementia, mental health challenges, and end-of-life care. Supervised students/interns.

1986-2001 **Piano Teacher (private practice)**

1995-1997	Program Coordinator (permanent full time) Samuel Lunenfeld Special DayCare Centre, Baycrest Centre for Geriatric Care, Toronto, Ontario. Community Day Program for persons living with dementia.
1995-1997	Music Therapist Private practice with children who had complex needs.
Academic Background	
2011	PhD in Music Therapy, Temple University, Philadelphia, Pennsylvania. Dissertation: "Predictors of Client Responsiveness to the Bonny Method of Guided Imagery and Music." Advisor: Dr. Kenneth E. Bruscia.
2003	Master of Music Therapy, Wilfrid Laurier University (WLU), Waterloo, Ontario. Major Research Paper: "Examining Significant Music Therapy Experiences from the Perspectives of Individuals Living with HIV/AIDS." Advisor: Dr. Colin A. Lee.
1994	Honours Bachelor of Music Therapy with Distinction (WLU).
1990	Bachelor of Music (piano), Mount Allison University, Sackville, New Brunswick.
Additional Qualifications/Trainings	
July 2022-present	Recognized Primary Trainer in the Bonny Method of Guided Imagery and Music. Granted by the Association for Music & Imagery (AMI).
November 2015-present	Maintain psychotherapy permit. Granted by l'Ordre des psychologues du Québec.
August 2025-present	Registered member of the College of Registered Psychotherapists of Ontario (CRPO).
August 2020	TCPS 2: CORE certification (Research Ethics; online) Government of Canada. See https://tcps2core.ca/welcome
April 2014	Mandala Certificate Program Part I. See http://creatingmandalas.com/mandala-certificate-program
March 2014 & July 2025	Online course: "Professional Practice and Jurisprudence for Registered Psychotherapists." Offered by the Transitional Council of the College of Registered Psychotherapists of Ontario.

December 2013	Hybrid course: "Ethics and Record Keeping for Psychotherapists." Offered by L'Ordre des psychologues du Québec.
May 2013	Introductory level of Neurologic Music Therapy training via Robert F. Unkefer Academy for Neurologic Music Therapy in affiliation with Colorado State University.
2003-2009	Advanced clinical training (Levels I, II, and III) in the Bonny Method of Guided Imagery and Music at Capilano University, Vancouver, British Columbia. Granted and maintain credential: <i>Fellow of the Association of Music & Imagery</i> (FAMI).

b. Research

Publications (peer reviewed noted with *)

Young, L. (in press). [Deconstructing assumptions about how music helps persons living with dementia](#). In J. Lang (Ed.) *Music and Wellbeing in Education and Community Contexts*. Cambridge Scholars.

Parker, A. Dalla Bella, S., Penhune, V., **Young, L.**, Grenet, D. & Li, K.Z.H. (in press) Tuned to walk: Cue type, beat perception, and gait dynamics during rhythmic stimulation in aging. *Experimental Brain Research*.

Heiderscheit, A., Short, A., Trondalen, G., and **Young, L.** (2025). An integration of physical and psychological health through The Hero's Journey in Guided Imagery & Music: A cross-case analysis. *The Arts in Psychotherapy*, 96, DOI:[10.1016/j.aip.2025.102348](https://doi.org/10.1016/j.aip.2025.102348).*

Parker, A. Dalla Bella, S., Penhune, V., **Young, L.**, & Li, K.Z.H. (2025). Walking to a beat is modulated by task complexity and individual differences in age, beat perception, and selective attention. *Journal of Adult Development*. 1-12. 10.1007/s10804-025-09545-7.*

Young, L. (2024). Music therapy at end of life for persons with advanced dementia. Chapter 44. In (C. Dileo and M. Baroni Eds.) [Music Therapy at End of Life](#) (Second Edition).

Young, L. (2023). [A postlude discussion](#). *Qualitative Inquiries in Music Therapy*, 17, 10-17. Dallas, TX: Barcelona.*

Young, L. (2023). Connecting music therapy research and real-world practice through knowledge mobilization. [Music Therapy Today](#), 18 (1), 139-140.*

Young, L. (2023). [Book Review \[Ethical thinking in music therapy\]](#) *Nordic Journal of Music Therapy*, 16(1), 205–209.* First published online in 2022.

Young, L. (2020). Challenging assumptions about aging, dementia, and how music helps. [Music Therapy Today](#), 16(1), 199-200.*

LeMessurier Quinn, S., Pringle, A., & Young, L. (2020). Canadian Association of Music Therapists (CAMT) [Statement on Singing during the COVID-19 Pandemic](#).

Young, L. (2020). [Finding our voices, singing our truths: Examining how quality of life domains manifested in a singing group for Autistic adults](#). *Voices: A World Forum for Music Therapy* 20(2). *

Hebblethwaite, S., Young, L., & Martin-Rubio, T. (2020). [Pandemic precarity: Aging and social engagement](#). *Leisure Sciences*, 43, 170-176.*

Young, L. (2019). Qualitative research in Guided Imagery and Music (GIM). Chapter 30. In D. Grocke (Ed.). [Guided Imagery and Music: The Bonny Method and beyond \(Volume 2\)](#) Dallas, TX: Barcelona.

Sussman, T., Kaasalainen, S.; Lee, E., Akhtar-Benesh, N., Strachan, P.H. Brazil, K., Bonifas, R., Bourgeois-Guérin, V., Durivage, P., Papaioannou, A., & Young, L. (2019). [Whose role is it anyways? Using pamphlets to activate early conversation about end-of-life care in long-term care](#), *Journal of the American Medical Directors Association (JAMDA)*, 20(3), 262-267. *

Young, L., & Pringle, A. (2018). [Lived experiences of singing in a community hospice bereavement support music therapy group](#). *Bereavement Care*, 37 (2), 55-66.*

Young, L. (2018). *Profile #43: Reva Laurel Young* (an autobiographical chapter). In J. Mahoney (Ed.). [The lives of music therapists: Profiles in creativity \(Volume 3\)](#). Dallas, TX: Barcelona.

Young, L. (2017). Editor and contributing author. Research Symposium Proceedings for the 24th International Conference of the Association for Music & Imagery held at Concordia University, Montreal, Quebec.

Young, L. (2017, February 11). [Challenging assumptions about how music helps](#) [Blog post for Oxford University Press].

Sussman, T., Kaasalainen, S., Mintzberg, S., Sinclair, S., Young, L., Ploeg, J... McKee, M. (2017). [Broadening the purview of comfort to improve palliative care practices in Long-Term Care \(LTC\)](#). *Canadian Journal on Aging*, 36(3), 306-317. *

Young, L. (2016). [Development of the Responsiveness to Guided Imagery and Music \(RGIM\) Scale](#). *Journal of the Association for Music and Imagery*, 15, 19-42.*

Young, L. (2016). [Multicultural musical competence in music therapy](#). *Music Therapy Perspectives*, 34 (2), 127-128.*

Baker, F., & Young, L. (2016). [The relationship between research and practice](#). In B.L. Wheeler & K. Murphy (Eds.), [Music therapy research \(Third Edition\)](#). New Braunfels, Texas: Barcelona.

Alter, D., Sivarajah, S., Freedman, C. , Ahonen, H., **Young, L.**, & Marzolini, S. (2015). [The relationship between music, exercise, self-reported health, and health behaviours among cardiac rehabilitation patients. Music and Medicine, 7\(1\), 8-16.](#)*

Gross, E. & Young, L. (2015). [Les perspectives des musicothérapeutes sur le statut actuel de la musicothérapie en tant que profession au Canada. Canadian Journal of Music Therapy, 21\(1\), 34-68.](#)*

Gross, E. & Young, L. (2014). [Canadian music therapists' perspectives on the current state of music therapy as a profession in Canada. Canadian Journal of Music Therapy, 20\(2\), 102-133.](#)*

Young, L. (2014). [Book Review \[The study of music therapy: Current issues and concepts\] Canadian Journal of Music Therapy, 20\(1\), 114-117.](#)*

Young, L. (2013). Personas con Alzheimer y Otras Demencias. In L. Eyre (Ed.), [Guia para practica de la musicoterapia en la salud mental](#) (Capítulo 21). Gilsum, NH: Barcelona.

Young, L. (2013). [Persons with Alzheimer's and other dementias](#). In L. Eyre (Ed.), [Guidelines for music therapy practice in mental health](#) (pp. 952–1013). Gilsum, NH: Barcelona.

Young, L. (2013). Musical autobiography. In K. Kirkland (Ed.), [International dictionary of music therapy](#) (pp.84–85). New York: Routledge.

Young, L. (2013). Musical life review. In K. Kirkland (Ed.), [International dictionary of music therapy](#) (p. 86). New York: Routledge.

Young, L. (2013). Music psychotherapy. In K. Kirkland (Ed.), [International dictionary of music therapy](#), (p. 82). New York: Routledge.

Young, L. (Ed.). (2013). [Editor's introduction. Qualitative Inquiries in Music Therapy: A Monograph Series, 8](#). n.p. Gilsum, NH: Barcelona.

Leuty, V., Boger, J., **Young, L.**, Hoey, J., & Mihailidis, A. (2013). [Engaging older adults with dementia in creative occupations using artificially intelligent assistive technology](#). *Assistive Technology, 25*, 72–79.*

Young, L., & Aigen, K. (2013). Supervising the supervisor: The use of live music and identification of parallel processes. In K. Bruscia (Ed.), [Self-experiences in music therapy education, training, and supervision](#), (pp. 491–514). Gilsum, NH: Barcelona.

Young, L. (Ed.) (2012). [Editor's introduction. Qualitative Inquiries in Music Therapy: A Monograph Series, 7](#). n.p. Gilsum, NH: Barcelona.

Young, L. (2012). [Client experiences in postlude discussions in Guided Imagery and Music \(GIM\), Qualitative Inquiries in Music Therapy, 7](#), 33–70. Gilsum, NH: Barcelona.*

Young, L. (2012). Compiled Research Symposium Proceedings for 38th Annual Conference of The Canadian Association for Music Therapy (CAMT) in partnership with Concordia University.

Young, L., & Nicol, J.J. (2011). [Perspectives on singing and performance in music therapy](#). In A. Williamon, D. Edwards, & L. Bartel (Eds.), *Proceedings of the International Symposium on Performance Science 2011* (pp. 129–134). Utrecht, The Netherlands: Association Européenne des Conservatoires.

Young, L. (2011). [Predictors of client responsiveness to the Bonny Method of Guided Imagery and Music \(BMGIM\)](#). (Doctoral dissertation). Retrieved from ProQuest Dissertations and Theses.

Mihailidis, A., Blunsden, S., Boger, J., Richards, B., Zutis, K., **Young, L.**, & Hoey, J. (2010). [Towards the development of a technology for art therapy and dementia: Definition of needs and design constraints](#). *Arts in Psychotherapy*, 37(4), 293–300.*

Young, L. (2010). Book Review [\[Supervision of music therapy: A theoretical and practical handbook\]](#) *Canadian Journal of Music Therapy*, 16(1), 205–209.*

Young, L., & Aigen, K. (2010). [Supervising the supervisor: The use of live music and identification of parallel processes](#). *The Arts in Psychotherapy*, 37(2), 125–134.*

Young, L. (2009) [Multicultural issues encountered in the supervision of music therapy internships in the USA and Canada](#), *The Arts in Psychotherapy*, 36(4), 191–201.*

Young, L. (2009). [The potential health benefits of community based singing groups for adults with cancer](#). *Canadian Journal of Music Therapy*, 15(1), 11–27.*

Young, L. (2008). Book Review [\[Classical music: Why bother?\]](#) *Nordic Journal of Music Therapy*, 17(2), 176.*

Young, L. (2007). Book Review [\[Songwriting: Methods, techniques and clinical applications for music therapy clinicians, educators and students\]](#) *Music Therapy Perspectives*, 25(1), 66–67.*

Young, L. (2007). Book Review [\[Music as therapy: A dialogical perspective\]](#) *Nordic Journal of Music Therapy*, 16(1), 93.*

Young, L. (2005). Listening to the stories of their lives. *Proceedings of the Canadian Association for Music Therapy Conference*, May 2005, Winnipeg, Manitoba, Canada.

Young, L. (2005). Examining significant music therapy experiences from the perspectives of

individuals living with HIV/AIDS. In: Aldridge, D.; Fachner, J. & Erkkilä, J. (Eds) [*Many Faces of Music Therapy – Proceedings of the 6th European Music Therapy Congress*](#), June 16-20, 2004 Jyväskylä, Finland.

Peer-Reviewed Conference/Symposia Presentations

October 2025 Co-presented symposium paper at the Annual Canadian Association on Gerontology conference held in Montreal: “Re-envisioning Music Therapy as a Creative Means for Culture Change and Social Justice in Long-Term Care.”

May 2025 Co-presented 90-minute workshop session at the 50th Anniversary Conference of the Canadian Association of Music Therapists in Halifax, Nova Scotia: “Re-envisioning Music Therapy as a Creative Means for Culture Change and Social Justice in Long-Term Care.”

September 2024 90-minute Roundtable Participant at the 4th European Association for Music & Imagery Conference (hybrid) held in Dobbiaco, Italy. “Connecting and integrating emotional and physical health: Hero’s journey in GIM.”

May 2024 Co-presented 75-minute workshop session at Walk with Me 2024 Conference in Ottawa, Ontario. “Re-envisioning Music Therapy as a Creative Means for Culture Change and Social Justice in Long-Term Care.”

July 2023 Paper at the 2023 World Congress of Music Therapy held in Vancouver, British Columbia. “Connecting Music Therapy Research and Real-World Practice through Knowledge Mobilization.”

June 2022 90-minute Roundtable Participant at the 12th European Music Therapy Conference (hybrid) in Edinburgh, Scotland: “The Hero’s Journey in GIM: Unexpected Integrative Nonconnections Between Emotional and Physical health.”

June 2022 Online Poster presented at the 12th European Music Therapy Conference (hybrid) in Edinburgh, Scotland: “Exploring Older Adults’ Perspectives on Participating in Online Music Experiences.”

May & June 2022 90-minute Panel Presentation: (Lead presenter and organizer) 48th Annual Conference of the Canadian Association of Music Therapists in Niagara Falls, Ontario: “Riding the Research Rapids during COVID-19: Embracing the Unexpected.” Presented at the in-person conference in May and again at the online conference in June.

October 2021 Presented paper: “Exploring Older Adults’ Perspectives on Participating in Online Music Experiences” as part of engAGE symposium: “Re-Visioning Aging Futures: Intersections of Research, Practice, and Policy” at the 2021 Annual Canadian Association on Gerontology conference held online.

June 2021 Participated in online panel discussion at the 47th Annual Conference of the Canadian Association of Music Therapists in Gatineau, Quebec: “Music Therapy Research in Canada: Bridging Distances Among Systems, Knowledge, and Practice.”

May 2021 Presented paper at online Music and Wellbeing Conference hosted by the University of Saskatchewan: “Challenging Assumptions About How Music/Music Therapy Helps Persons Living with Dementia.”

July 2020 Paper presented online at the 2020 World Congress of Music Therapy, hosted by the University of Pretoria, South Africa: “Challenging Assumptions about Aging, Dementia, and How Music Helps.”

October 2019 Presented two papers as part of panel presentations at the Annual Canadian Association on Gerontology conference in Moncton, New Brunswick: “Challenging Assumptions about How Music Helps” (with engAGE) and “Lived Experiences of Singing in a Community Hospice Bereavement Support Music Therapy Group” (with CRÉGES).

June 2019 Paper at the International Conference of the Association for Music & Imagery in Vancouver, British Columbia: “An Overview of Qualitative Research in the Bonny Method of Guided Imagery & Music (GIM).”

May 2019 Paper at the Trent Aging & Society International Conference at Trent University in Peterborough, Ontario: Canada: “The Importance of Music for Persons Living with Dementia: Knowledge, Assumptions and the Need for Professional Leadership.”

May 2019 Co-presented paper at the 45th Annual Conference of the Canadian Association of Music Therapists in Gatineau, Quebec: “Linking Generations through Song: An Innovative Approach in Dementia Care.”

October 2018 engAGE panel presentation at the Annual Canadian Association on Gerontology conference in Vancouver, British Columbia. My paper: “The Importance of Music for Persons Living with Dementia:

Knowledge, Assumptions, and the Need for Professional Leadership.”

May 2018

Two papers at the 44th Annual Conference of the Canadian Association for Music Therapy in St. John’s, Newfoundland: “An Overview of Research in the Bonny Method of Guided Imagery and Music.” Co-presented with Dr. Guylaine Vaillancourt: “The Bonny Method of GIM: An Invaluable Resource for Music Therapists.”

October 2017

Two papers at the International Humanizing Healthcare Conference hosted by Bruyère in Ottawa, Ontario: “The Integral Role of Music and the Music Therapist in Dementia Care” and “Examining Lived Experiences of Singing in a Bereavement Support Music Therapy Group.”

June 2017

Coordinated Research Symposium for the 24th International Association for Music & Imagery conference in Montreal, Quebec. Also presented: “Client Experiences in Postlude Discussions in Guided Imagery and Music” and “Predictors of Client Responsiveness to the Bonny Method of Guided Imagery and Music.”

May 2017

Paper at the 43rd Annual Conference of the Canadian Association for Music Therapy in Vancouver, British Columbia: “The Integral Role of Music in Dementia Care: Knowledge, Assumptions, and the Need for Professional Leadership.”

March 2017

Paper at the Annual Mid-Atlantic Regional Conference of the American Association for Music Therapy in Rochester, New York: “Personalized Music Listening Programs for Persons with Dementia: Knowledge, Assumptions, & Professional Leadership.”

October 2016

Panel presentation on “Strengthening a Palliative Approach to Care in Long-Term Care (SPA-LTC): Strategies that Trigger Action, Improve Communication and Promote Sustainable Change” at the 45th Annual Scientific and Educational meeting of the Canadian Association on Gerontology in Montréal, Québec.

October 2016

Proffered paper at the 21st International Congress on Palliative Care in Montréal, Québec: “Examining Lived Experiences of Singing in a Bereavement Support Music Therapy Group.”

May 2016

Co-presented paper at the 42nd Annual Conference of the Canadian Association for Music Therapy in Waterloo, Ontario: “Research for Music Therapists in the Real World.”

May 2016

Co-presented paper at the 42nd Annual Conference of the Canadian Association for Music Therapy in Waterloo, Ontario: “Examining

Lived Experiences of Singing in a Bereavement Support Music Therapy Group.”

November 2015

Co-presented paper at the American Music Therapy Association’s (AMTA) 65th Annual Conference held in Kansas City, Missouri: “Examining Lived Experiences of Singing in a Bereavement Support Music Therapy Group.”

November 2015

Panel discussion participant at the American Music Therapy Association’s (AMTA) 65th Annual Conference held in Kansas City, Missouri: “Music Therapy Goals Can Be Understood Musically, Too!” By invitation, recorded follow up discussion included in AMTA-Pro podcast series.

October 2015

Paper as part of Symposium: “Implementing a Palliative Approach in Long-Term Care Settings: Challenges, Opportunities and Suggested Responses” at the 44th Annual Scientific and Educational meeting of the Canadian Association on Gerontology in Calgary, Alberta. Paper: “The Integral Role of Music and of the Music Therapist in Dementia Care.”

July 2015

Co-presented paper at the 23rd International Association for Music & Imagery Conference in Newark, New Jersey: “GIM: To Be or Not to Be Psychotherapy.”

May 2015

Co-chaired panel discussion on “Music Therapy Scope of Practice in Canada” at the at the 41st Annual Conference of the Canadian Association for Music Therapy held in Calgary, Alberta.

March 2015

Paper at Creative Arts Therapies Awareness Symposium held at Concordia University: “Singing to Promote Health/Wellbeing for Adults with High Functioning Autism/Asperger’s Syndrome.”

November 2014

Paper at the American Music Therapy Association’s (AMTA) 64th Annual Conference held in Louisville, Kentucky: “The Integral Roles of Music Therapy and the Music Therapist in Dementia Care.”

July 2014

Paper at the 14th World Congress of Music Therapy held in Krems, Austria: “Singing to Promote Health/Wellbeing for Adults with High Functioning Autism/Asperger’s Syndrome.”

June 2014

Panel facilitator and presenter at the International Association for Music & Medicine Conference in Toronto, Ontario: “Advancing Interdisciplinary Research in Singing (AIRS)”; my paper, “Singing to Promote Health/Wellbeing for Adults with High Functioning Autism/Asperger’s Syndrome.”

June 2014 Poster at the International Association for Music & Medicine Conference in Toronto, Ontario: "Singing to Promote Health/Wellbeing for Adults with High Functioning Autism/Asperger's Syndrome."

June 2014 Poster at the 40th Annual Conference of the Canadian Association for Music Therapy in Toronto, Ontario: "Singing to Promote Health/Wellbeing for Adults with High Functioning Autism/Asperger's Syndrome."

June 2014 Paper at the 40th Annual Conference of the Canadian Association for Music Therapy held in Toronto, Ontario: "The Integral Roles of Music Therapy and the Music Therapist in Dementia Care."

November 2013 Paper at the 2013 Conference of the American Music Therapy Association (AMTA) conference in Jacksonville, Florida: "The Use of Singing to Promote Health and Well Being for Adults with High Functioning Autism or Asperger's Syndrome."

August 2013 Poster at 5th Annual Advancing Interdisciplinary Research in Singing (AIRS) Annual Conference and General Meeting held at the Ryerson University, Toronto, Canada: "The Use of Singing to Promote Health and Well Being for Adults with High Functioning Autism or Asperger's Syndrome."

June 2013 Paper at the 22nd International Association for Music & Imagery Conference in Burnaby, British Columbia: Reflections on Current and Future GIM Clients."

May 2013 Paper at the 39th Annual Conference of the Canadian Association for Music Therapy in Saskatoon, Saskatchewan: "The Use of Singing to Promote Health and Well Being for Adults with High Functioning Autism or Asperger's Syndrome."

October 2012 Paper at the 2012 Conference of the American Music Therapy Association (AMTA) conference in St. Charles, Illinois: "Client experiences in postlude discussions in Guided Imagery and Music (GIM)."

October 2012 Facilitated a full day continuing education workshop at the American Music Therapy Association (AMTA) conference in St. Charles, Illinois: "Self-Supervision for Music Therapy Internship Supervisors."

August 2012 Poster at Advancing Interdisciplinary Research in Singing (AIRS) Annual Conference and General Meeting held at the University of

P.E.I.: "Singing and Health: A Research Initiative at the Centre for Arts In Human Development (CAHD) at Concordia University."

May 2012 Paper at the 1st International Gender, Health and Creative Arts Therapies Conference in Montreal, Quebec: "Exploring Multicultural Issues in Music Therapy Supervision."

May 2012 Paper at the 38th Annual Conference of the Canadian Association for Music Therapy (CAMT) in Montreal, Quebec: "Client Experiences in Postlude Discussions in Guided Imagery and Music (GIM)."

May 2012 Paper at the 38th Annual Conference of the Canadian Association for Music Therapy (CAMT) in Montreal, Quebec: "Predictors of Client Responsiveness to the Bonny Method of Guided Imagery and Music (BMGIM)."

May 2012 Collaborative presentation at the 38th Annual Conference of the CAMT, "Music Therapy Research at Concordia University."

May 2012 Facilitated a full day pre-conference workshop at the 38th Annual Conference of the Canadian Association for Music Therapy (CAMT) in Montreal, Quebec: "Self-Supervision for Music Therapy Internship Supervisors."

November 2011 Paper at the 2011 Conference of the American Music Therapy Association (AMTA) in Atlanta, Georgia: "Predictors of Client Responsiveness to the Bonny Method of Guided Imagery and Music (BMGIM)."

August 2011 Paper at the 2011 International Symposium on Performance Science in Toronto, Ontario: "Perspectives on Singing and Performance in Music Therapy."

June 2011 Paper at the 3rd International Music Therapy Research Conference hosted by the Manfred and Penny Conrad Institute for Music Therapy Research at WLU in Waterloo, Ontario: "Supervising the Supervisor: The Use of Live Music and Identification of Parallel Processes."

June 2011 Co-presented paper at the 2011 Therapeutic Recreation Ontario (TRO) Conference in Toronto, Ontario: "Sound Advice: Perspectives on Creating Healthier Sound Environments for our Clients."

May 2011 Poster presentation at the 37th Annual Conference of the Canadian Association for Music Therapy (CAMT) in Winnipeg, Manitoba:

"Sound Advice: Perspectives on Creating Healthier Sound Environments for our Clients."

May 2011 Facilitated a full day pre-conference workshop at the 37th Annual Conference of the Canadian Association for Music Therapy (CAMT) in Winnipeg, Manitoba: "Self-Supervision for Music Therapy Internship Supervisors."

November 2010 Poster at the 6th Annual Research Education and Innovation Day at St. Michael's Hospital, Toronto, Ontario: "Sound Advice: Perspectives on Creating Healthier Sound Environments for our Clients."

October 2010 Presented two posters at Sunnybrook Veterans Centre Interprofessional Care-Interprofessional Education Poster Showcase. Toronto, Ontario: "Sound Advice: Perspectives on Creating Healthier Sound Environments for our Clients" and "Intelligent Customizable Software to Promote Engagement in Art and Music Therapy."

May 2010 Panel Presentation at the 36th Annual Conference of the Canadian Association for Music Therapy (CAMT) in Halifax, Nova Scotia: "Building Upon our Heritage: The Ongoing Development of the Music Therapy Profession in Canada."

May 2010 Co-presented paper at the 36th Annual Conference of the CAMT, "Sound Advice: Perspectives on Creating Healthier Sound Environments for our Clients."

April 2010 Interprofessional Panel Presentation at St. Michael's Hospital for National Hospice Palliative Care Week in Toronto, Ontario: "Caring for Patients with Complex Symptoms and their Families: An Interprofessional Conversation."

March 2010 Paper at the International Conference on Music Therapy & Supportive Cancer Care in Windsor, Ontario: "The Potential Health Benefits of Community Based Singing Groups for Adults with Cancer."

November 2009 Co-presented paper at The Veterans Centre Interprofessional Rounds, Sunnybrook Health Sciences Centre, Toronto, Ontario: "Sound Advice: Perspectives on Creating Healthier Sound Environments for our Residents."

May 2009 Two papers at the 35th Annual Conference of the CAMT, Ottawa, Ontario: "Multicultural Issues Encountered in the Supervision of Music Therapy Internships in the USA and Canada" and "The

Potential Health Benefits of Community Based Singing Groups for Adults with Cancer.”

November 2008

Co-presented two papers at the 2008 Conference of the American Music Therapy Association (AMTA), St Louis, Missouri: “Supervising the supervisor: The use of live music and identification of parallel processes” and “Qualitative and Quantitative Perspectives on Multicultural Music Therapy Supervision.”

June 2008

Paper at the 2nd International Music Therapy Research Conference at the Laurier Centre for Music Therapy Research, Waterloo, Ontario: “Multicultural Issues Encountered in the Supervision of Music Therapy Internships in the USA and Canada.”

March 2008

Research Poster & Presentation at the 2008 Mid-Atlantic Regional AMTA Conference, Cherry Hill, New Jersey. “Multicultural Issues Encountered in the Supervision of Music Therapy Internships in the USA and Canada.”

June 2005

Paper at Sunnybrook Health Sciences Centre’s Practice Based Research Day: “Examining Significant Music Therapy Experiences from the Perspectives of Individuals Living with HIV/AIDS.”

May 2005

Paper at the 31st Annual Conference of the CAMT in Winnipeg, Manitoba: “Listening to the Stories of their Lives.”

September 2004

Co-presented paper at Toronto-Sunnybrook Regional Cancer Centre, Grand Rounds: “Music Therapy, Art Therapy, and Implications for Cancer Care.”

June 2004

Paper at the European Music Therapy Congress, Jyväskylä, Finland: “Examining Significant Music Therapy Experiences from the Perspectives of Individuals Living with HIV/AIDS.”

May 2004

Research Panel at the 30th Annual CAMT Conference in Perth, Ontario: “Examining Significant Music Therapy Experiences from the Perspectives of Individuals Living with HIV/AIDS.”

April 2004

Paper at Laurier Centre for Music Therapy Research Symposium for the Health Disciplines held at Sunnybrook and Women’s College Health Sciences Centre: “Examining Significant Music Therapy Experiences from the Perspectives of Individuals Living with HIV/AIDS.”

September 2001

Paper at SWCHSC Long Term and Veterans’ Care Directorate Rounds, Toronto, Ontario: “Removing all Barriers—Veterans’ Vacation.”

June 2000 Paper at the Annual Therapeutic Recreation of Ontario Conference in London, Ontario: “The Sights and Sounds of Lake Joseph.”

May 2000 Co-presented paper at the 27th Annual CAMT Conference in Toronto, Ontario: “Songs of Experience.”

May 1999 Co-presented paper at the 26th Annual CAMT Conference in Vancouver, British Columbia: “A Patient Focused Care Approach to Music Therapy.”

May 1997 Panel presentation at Baycrest Centre for Geriatric Care Grand Rounds, Toronto, Ontario: “A Typical Day in Special DayCare.”

April 1997 Panel presentation at the 24th Annual CAMT Conference in Windsor, Ontario: “The Role of Music and Music Therapists in a Multi-Service Geriatric Facility.”

March 1997 Paper at Baycrest Centre for Geriatric Care Grand Rounds, Toronto Ontario: “Why Music?”

August 1995 Paper at Baycrest Centre for Geriatric Care Grand Rounds, Toronto, Ontario: “Music Therapy: A Case Study.”

May 1995 Paper at the 22nd Annual CAMT Conference in Waterloo, Ontario “Conducting Music Therapy Research in a Geriatric Facility.”

October 1994 Paper at Baycrest Research Day, Toronto, Ontario: “The Use of Music to Facilitate Recognition in Elderly Persons with Cognitive Impairment.”

c. Visiting Lecturer/Keynote Speaker/Public Relations

November 2025 Invited speaker for [MIYA Creative Care Symposium](#) held at Baycrest Centre for Geriatric Care, Toronto, Ontario: “A Multidimensional Best Music Practices Approach for Persons Living with Dementia: Why Music? Why Therapy?”

October 2025 Invited co-presenter (with Dr. Guylaine Vaillancourt) for online continuing education series workshop hosted by the Association for Music & Imagery on Innovations and Adaptations in GIM: “An Approach to Analyzing Core GIM Programs.”

October 2024 Invited speaker for the Brainy Boomers Lecture Series (online) hosted by The McGill University Research Centre for Studies in Aging: [“Re-considering how Music Helps Persons Living with Dementia.”](#)

May 2024 Presented at [Inaugural School of Health Conference](#), Concordia University, Montreal, Quebec. “Re-considering How Music *Helps* Older Adults.”

May 2024 Co-presented 75-minute hybrid workshop session at Concordia [B/OLD](#) Conference in Montreal, Quebec. “[Re-envisioning Music Therapy as a Creative Means for Culture Change and Social Justice in Long-Term Care.](#)”

March 2024 Invited panelist for discussion following special screening of the NFB documentary [Stolen Time](#) at Cinema du Parc in Montreal. A profile on the for-profit long term care industry.

March 2024 Co-presented webinar for a CRÉGES conference: “[Fostering Inclusion and Empowerment of Aging Adults with Intellectual and Development Disabilities in a Community University Art Hive Context.](#)”

2019-2024 Annual Summer Semester Guest Lecture for Music Therapy Graduate Diploma Students (MTHY 512): “Considerations for the New Professional Music Therapist.”

2019-2024 Annual Fall Semester Guest Lecture for Music Therapy Graduate Diploma Students (MTHY 503/510): “The Importance of Music for Persons Living with Dementia”

2023 Invited Guest Lecturer (winter and fall) for Introduction to Music Therapy course offered at McGill University, Montreal.

August 2023 Invited speaker for virtual symposium hosted by [MIYA Creative Care](#). Paper: “Deconstructing Assumptions About How Music Helps Persons Living with Dementia.”

June 2023 Interviewed on CJAD Radio Show *Life Unrehearsed*. “[The Power of Music.](#)”

May 2023 My research featured in article for Concordia News: “[Concordia’s engAGE Centre for Research on Aging has a New Space.](#)”

November 2022 Online panel presentation co-sponsored by engAGE: Concordia’s Centre for Research on Aging and the Concordia Arts in Health Centre: “[Creative Approaches to Community-Engaged Research with Older Adults.](#)”

October 2022	Featured in article for <i>Concordia University Magazine</i> : <u>“Creating to Heal: Concordians are harnessing the power of the arts to help people cope with loss.”</u>
March 2022	Online panel presentation co-sponsored by engAGE: Concordia's Centre for Research on Aging and the Canadian Association of Music Therapists: " <u>The beat goes on[line]: Can virtual music therapy and music leisure programs serve as a viable health and wellness resource for older adults?</u> "
November 2021	Presentation for online PERFORM-engAGE research retreat: "Music as a Resource for Health and Wellbeing of Older Adults."
October 2021	Contributing <u>expert quote</u> in book <i>Wellness Wellplayed: The Power of a Playlist</i> featured in social media
October 2021	Online panel presentation/discussion for engAGE Living Lab Creative Science Shop: " <u>How do we keep the music playing?</u> "
September 2021	Online panel discussion participant for <u>virtual book launch</u> : "The Four Lenses of Population Aging: Planning for the Future in Canada's Provinces." Co-hosted by engAGE and CRÉGES.
June 2021	Interviewed along with Adrienne Pringle as part of Beyond the Studio's Canadian Music Therapy Podcast Season 2 Episode 13: " <u>Bridging Gaps in Music Therapy Research and Practice.</u> "
February 2021	Canadian Association of Music Therapists Featured <u>Quote of the Month</u> on social media.
November 2020	Online Presentation for engAGE (Concordia's Centre for Research on Aging: " <u>Challenging Assumptions About Aging, Dementia, and How Music Helps.</u> "
August 2020	Voices: World Forum for Music Therapy: <i>Interview with Authors Series: “Finding our voices, singing our truths: Examining how quality of life domains manifested in a singing group for Autistic adults.”</i>
July 2020	CRÉGES COVID-19 Interview: <u>Pandemic Precarity: Aging and Social Engagement.</u>
October 2019	Community lecture hosted by the Department of Music at Mount Allison University, Sackville, New Brunswick: "Music Therapy 101."

October 2019	CRÉGES Conference offered in conjunction with Projection Week Montreal. In person and webinar formats: " Music Therapy in Bereavement Care. "
April 2019	Invited to co-facilitate two workshops during PERFORM Centre Research Week held at Concordia University, Montreal, Quebec: "Music Therapy 101."
January 2019	Co-presented webinar with Adrienne Pringle (co-author) for Le Réseau québécois de recherche en soins palliatifs et de fin de vie (RQSPAL): " Lived Experiences of Singing in a Community Hospice Bereavement Support Music Therapy Group. "
January 2019	Invited Speaker PERFORM Centre Colloquium at Concordia University, Montreal, Quebec: "The Importance of Music for Persons Living with Dementia: Knowledge, Assumptions and the Need for Professional Leadership."
Nov. 2018 & Mar. 2019	Invited Participant: Aging and Music Advocacy Group. Room 217 Music Cares Conference/Follow up meeting, Waterloo, Ontario.
October 2018	Invited Keynote Speaker for the Annual Conference of the Music Therapy Association of British Columbia in Vancouver, B.C.: "Moving our Profession Forward: Re-conceptualizing Canadian Music Therapy within an Evolving World."
September 2018	Invited by Dr. Andrea Creech (Canada Research Chair in Music in Community) to participate in Mapping the Musical Life Course Symposium held at l' Université Laval, Quebec City, September 19-21 st .
September 2018	Invited Keynote Speaker at the 2 nd Annual Charles E. Braswell Music Therapy Symposium held at Loyola University, New Orleans, LA: "The Importance of Music for Persons Living with Dementia: Knowledge, Assumptions and the Need for Professional Leadership."
September 2018	Invited to facilitate a 2.5 hour continuing education workshop for the 2 nd Annual Charles E. Braswell Music Therapy Symposium held at Loyola University, New Orleans, LA: Enhancing Your Scope of Music Therapy Practice in Dementia Care."
September 2018	Invited Speaker: Queen Margaret University International Symposium on Music Therapy for Adults with Learning Disabilities in Edinburgh, Scotland: "A Singing Group for Autistic Adults: Results and Implications for Research and Practice."

April 2018 Radio Canada International interview with Terry Haig. [How music can help us and not just in the usual ways.](#)

April 2018 BBC 3 Radio Interview on the show [Music Matters](#) (Music and Wellbeing segment starts at 37:53).

March 2018 Guest lecturer (full day). Music Therapy Program, University of Limerick, Ireland.

March 2018 Newspaper feature in Montreal Gazette: [New modes of therapy help people cope with loss and anxiety.](#)

February 2018 Featured speaker at Scottish Music Therapy Trust event in Edinburgh: "The Importance of Music for Persons Living with Dementia."

2017 Featured alumnae in Mount Allison University Viewbook as well as [interview](#) published in the alumni magazine.

September 2017 Facilitated a full day workshop for members of the Atlantic Association for Music Therapy. Held in Halifax, Nova Scotia: "Self-Supervision for Music Therapy Internship Supervisors."

November 2017 Facilitated Webinar for Room 217 Foundation: "[Developing a Best Music Practices Model to Promote "Musical Health" for Persons Living with Dementia.](#)"

May 2017 Facilitated a full day pre-conference workshop the 43rd Annual Conference of the Canadian Association of Music Therapists, held in Vancouver, British Columbia: "Self-Supervision for Music Therapy Internship Supervisors."

April 2017 Interviewed on CJAD Radio Show *Life Unrehearsed*

April 2017 Invited community speaker for Alzheimer Groupe (AGI), Montreal.

March 2017 Invited speaker at Brams: International laboratory for brain, music, and sound research in Montreal. Workshop on music-based rehabilitation. My lecture: "Developing a Best Practices Model of "Musical Health" for Persons Living with Dementia"

February 2017 IDEA Lab (i.e., idea slam format) presenter. Hosted by the Faculty of Fine Arts, Concordia University: "The Integral Role of Music and of the Music Therapist in Dementia Care."

February 2017 Invited presenter at the Annual Conference of the Music Therapy Association of Ontario, held at Schlegel-UW Research Institute for Aging, Waterloo, Ontario: “The Integral Role of Music in Dementia Care: Knowledge, Assumptions, and the Need for Professional Leadership.”

February 2017 Facilitated a full day pre-conference workshop for members of the Music Therapy Association of Ontario, held at Schlegel-UW Research Institute for Aging, Waterloo, Ontario: “Self-Supervision for Music Therapy Internship Supervisors.”

October 2016 Invited alumni panel presenter at Mount Allison University’s Music Department Anniversary Celebration, Sackville, New Brunswick.

September 2016 Invited co-presenter in CRÉGES Speaker Series for CIUSSS stakeholders: Developing Quality Music Listening Programs for Residents with Advanced Dementia.”

September 2016 Facilitated a full day workshop for members of the Music Therapy Association of Manitoba. Held at the Canadian Mennonite University, Winnipeg, Manitoba: “Self-Supervision for Music Therapy Internship Supervisors.”

June 2016 Invited speaker at Symposium on Music Therapy, Neurodiversity, and Autism held at New York University. Paper: “A Singing Group for Autistic Adults: Results & Implications for Research and Practice.”

June 2016 AMTA-Pro Podcast Launch: “[MT Goals from a Musical Perspective.](#)” One of four featured speakers.

May 2016 Invited speaker at Annual CREGÉS Symposium held at l’Université de Montréal: “Ageing and Communicating in a Digital World.” Co-presenting workshop/paper: “The Soundtrack of Life: Developing Quality Personalized Music Listening Programs for Residents with Advanced Dementia.”

March 2016 Invited to participate as part of a panel presentation at the Mid-Atlantic Region of the American Music Therapy Association Conference, Harrisburg, Pennsylvania: Listening Programs for Older Adults: An Overview of Current Practice Inside and Outside of Music Therapy.”

February 2016 Member of a guest panel on Teaching and Supervision for Concordia University Music Therapy Graduate Students (MTHY 601).

October 2015 Invited presenter at Ageing Research at Concordia Symposium held

at PERFORM, Montreal, Quebec: "Music Therapy and Ageing Related Research."

September 2015

Guest Lecturer for ATRP 693: "Completing Summary Protocol Forms for Ethics Review at Concordia University."

September 2015

Invited by Dr. Kathy Murphy (and students) to speak to music therapy students at the University of Evansville (Indiana) about music therapy in Canada (via Skype).

August 2015

Guest Lecturer for MTHY 301 at Concordia University: "Embracing Diverse and Emergent Approaches in Music Therapy."

May 2015

Invited "Focus on Canada" keynote speaker at the 41st Annual Conference of the Canadian Association for Music Therapy held in Calgary, Alberta. "It's All Good! Embracing Diverse & Emergent Approaches in Music Therapy."

April 2015

Invited guest speaker at Brams: International laboratory for brain, music, and sound research in Montreal. "The Integral Role of Music in Dementia Care."

October 2014

Invited keynote speaker for the Atlantic Association of Music Therapy Annual Conference. Held at Acadia University in Wolfville, Nova Scotia: "It's All Good! Embracing Diverse & Emergent Approaches in Music Therapy."

July 2014

Invited Spotlight Speaker at the World Congress of Music Therapy held in Krems, Austria: "One Canadian Music Therapist's Perspectives on Clinical Practice."

September 2014

Featured in article in *Concordia University Magazine*. Canada's demographic shift: [Concordia professors work to ensure healthier – and happier – longevity.](#)

April 2014

Featured article on website of the Canadian Music Therapy Trust Fund "[Living Out Loud](#)" in conjunction with Canadian Cancer Awareness Month.

March 2014

Guest Lecturer for MTHY 693: "Completing Summary Protocol Forms for Ethics Review at Concordia University."

February 2014

Member of a guest panel on Teaching and Supervision for Concordia University Music Therapy Graduate Students (MTHY 601).

September 2013 Interviewed about music therapy and Concordia training program on CJAD Radio 800 AM for the Tommy Schnurmacher show; <http://snd.sc/14JEPYD> (starts at 32:36).

February 2013 Member of a guest panel on Teaching and Supervision for Concordia University Music Therapy Graduate Students (MTHY 601).

November 2012 Facilitated a full day workshop for members of the Atlantic Association of Music Therapy. Held at Acadia University, Wolfville, Nova Scotia: "Self-Supervision for Music Therapy Internship Supervisors."

February 2012 Invited lecturer for Colloquium at Queen's University School of Music, Kingston, Ontario: "Perspectives on Music Therapy Training, Research, and Practice in Canada."

September 2011 Facilitated a full day training at Concordia University for members of l'Association Québécoise de Musicothérapie (AQM): "Self-Supervision for Music Therapy Internship Supervisors."

January 2011 Featured guest at CMTTF Fundraiser held at Hugh's Room, Toronto, Ontario. Hosted by CBC Radio Broadcaster, Mary Wiens.

June 2010 Keynote co-presentation at the 27th Annual MacMaster University Summer Institute on Gerontology: "The Use of Music and Music Therapy to Promote Health and Well Being for Persons with Dementia."

October 2009 Interprofessional Panel Discussion for the Toronto Rehabilitation Institute Speaker Series: "The Application of Music to Cardiovascular Health and Wellness."

April 2009 Keynote Speaker at the Caring for Caregivers Conference, sponsored by the Alzheimer Society of Toronto: "Music, Health, and Well-Being"

August 2006 Invited Speaker for Lakeshore Family Physicians meeting sponsored by Astra Zeneca: "Music Therapy: Body and Soul."

April 2005 Keynote Speaker at The Art & Science of Pain Management Conference sponsored by St. Joseph's Health Centre, Toronto, Ontario: "Music Therapy and Implications for Pain Management."

January 2004	Guest Lecturer on the role of the Canadian Music Therapy Trust Fund, Capilano College Music Therapy Program, Vancouver, British Columbia.
January 2002	Guest Lecturer on Music Therapy, Georgian College, Recreation Therapy Program, Barrie, Ontario.
November 2001	Guest Lecturer on Music Therapy in Geriatrics, University of Windsor, Music Therapy Program, Windsor, Ontario.

d. Research Funding

Application Date	Project Dates	Project Title	Granting Agency	Amount
May 2025 Dr. Kim Sawchuk (lead applicant) I was the co-applicant.	July 2025-November 2025.	Support for Radical Relationality and Aging: Creativity, Community, Connection, Canadian Association for Gerontology Conference co-hosted by engAGE to be held in Montreal, October 2025.	SSHRC Connections Grant	\$100,000.00
June 19, 2023 Regular research member of RQSPAL.	2024-2032 (8 years)	Réseau québécois de recherche en soins palliatifs et de fin de vie – RQSPAL.	Fonds de recherche du Québec – Santé (FRQS)	\$8,000,000.00 (1 million per year)
June 20, 2023 9 co-investigators	48 months once started.	Full Circle Health Living for Seniors	Healthy Canadians and Communities Fund (PHAC)	\$320,000.00
July 5, 2023. 9 co-investigators (related to above project)	January 2024-April 2025	Health-Related Quality of Life for Empowered Aging	Ministère de l'enseignement supérieur (Quebec). Grant: Fonds des services aux collectivités.	\$85,005.00
Internal LOI submitted October 8, 2021. One of 5 co-applicants. Application was due October 13, 2022. NOT SUBMITTED.	URC decision issued November 30, 2021.	Empowered aging: Well-being, technology, and creativity in everyday lives	Government of Canada: 2022 Canadian Excellence Research Chairs Competition	1 million per year over 8 years
November 2021 PI	September 2022 to August 2024. Extended.	Music, Friends, and Family Program.	Grace Dart Foundation	\$100,000.00 over two years.

April 2019 Dr. Janis Timm Bottos (PI) I am one of 7 co-investigators	2019-2022 (end date extended due to pandemic)	Aînés Engagés vers leur Mieux-Être : Living Labs dans les Centres d'Achats de Quartie.	FRQ: Platform of Funding Programs for Intersectoral Research on Aging (Living Lab).	\$ 844 774. 00
January 27, 2019 Dr. Guylaine Vaillancourt (PI). I was one of two co-investigators.	NOT GRANTED. Encouraged to re-apply.	An Adaption of the Bonny Method of Guided Imagery and Music for Caregivers: A Neurophenomenological Investigation.	Concordia's PERFORM Centre: Multidisciplinary Research Call for Proposals in Preventive Health	\$25, 000.00 requested
N/A Funds donated to engAGE to support various research initiatives. PI on both listed projects.	2019-ongoing (aspects of research delayed/re-conceptualized due to pandemic)	Social and Creative Participation of Aging Adults with Developmental Disabilities in a Community University Art Hive Context AND Older Adults' Perspectives on Participation in Online Music Experiences	Luc Maurice Foundation	\$20,000.00 (portion allotted to these projects)
January 31, 2019 Primary Investigator on multidisciplinary research team.	March 20, 2019- Ongoing (aspects of research delayed/re-conceptualized due to pandemic)	Social and Creative Participation of Aging Adults with Developmental Disabilities in a Community University Art Hive Context	CRÉGES : Funding call to support to the development of a leading practice in the field of expertise: Inclusive Aging, Diversity, Health and Wellbeing.	\$20, 000.00
February 25, 2019 Dr. Karen Li (PI) I am one of 3 faculty co-investigators.	April 1 st 2019 to March 31, 2020	Walking and rhythm: The impact of rhythmic ability on mobility in older adults	OVPRGS: Concordia Team Start-Up/Accelerator Program. Year 2 funding.	\$40, 000.00
October 2018 Dr. Shannon Hebblethwaite (lead applicant) I was the co-applicant.	January 1, 2019 to December 31, 2019	Support for B/OLD: Aging in our city , a public symposium to be held in Montreal, May 2019.	SSHRC Connections Grant	\$44, 217.00
January 2018 Dr. Karen Li (PI) I am one of 3 faculty co-investigators.	Notified April 3, 2018. Grant for year 1 of project.	Walking and rhythm: The impact of rhythmic ability on mobility in older adults.	Concordia OVPRGS Team Seed Grant	\$19, 853.00

March 2018 Dr. Andrea Creech (PI) (U. Laval). Listed as a collaborator for the project advisory group.	Notified June 18, 2018. 1 year duration.	Promoting Quality of Life through Creative and Collaborative Music-Making with an Assistive Digital Music Technology.	AGE-WELL Catalyst Program	\$45,000.00 (approximate)
February 2018 Principal Investigator/Project Leader: Kaasalainen, S. Multiple co-investigators.	NOT GRANTED. [July 2018 – July 2025]	Improving Palliative Care in Long Term Care Homes	CIHR	\$1,680,000.00
Fall 2016 I am listed as Membre régulier du RQSPFV on this project. Gagnon P (Directeur), Savard J (Co-directrice), Gauthier L (Co-directeur), Dumont S (Co-directeur), Cohen R (Co-directeur).	04/2017-03/2021	Réseau québécois de recherche en soins palliatifs et de fin de vie (RQSPFV)	Fonds de recherche du Québec- Santé Réseaux thématiques du FRQS	\$1 000 000.00 (250 000\$/année)
<u>SPA-LTC</u> Fall 2015 Sussman, T., & Kaasalainen, K (Co-PIs) Multiple co-investigators	2015-2016	Working Together to Support a Palliative Approach in Long-Term-Care: A Pan Canadian Initiative.	<i>CIHR Planning and Dissemination Grant</i>	\$20,000.00
July 2015 Co-PI on this project.	n/a	Examining lived experiences of singing in a bereavement support music therapy group—presented at American Association for Music Therapy conference in Kansas City, Missouri.	Faculty Travel Fund, Faculty of Fine Arts.	\$800.00
July 2015	n/a	The Integral Role of Music and of the Music Therapist in Dementia Care- presented at Canadian Association on	Concordia Fund that supported Dr. Patrick Marier's activities as Scientific Director of CREGÉS.	\$2000.00

		Gerontology conference in Calgary, Alberta.	I am a member of the CREGÉS research team.	
July 2015 Dr. Annabel Cohen was the PI for the AIRS SSHRC Grant listed throughout.	2009-2016	Advancing Interdisciplinary Research in Singing (AIRS): Travel Grant to attend annual meeting in Nashville.	An MCRI funded by SSHRC.	All expenses paid. Total amount not known.
June 2015	2009-2016	AIRS: Grant for Research Assistant.	An MCRI funded by SSHRC.	\$500.00
May 2015	July 2015 Funds accessible December 2015.	Developing a Collaborative Approach to Providing Personalized Music Care for Persons living with Dementia.	Raschkowan Creative Arts Therapies Outreach Awards. Private Donor.	\$10,000.00
October 1, 2014 PI for proposed project.	Ranked 17 th out of 28 applicants. Only 10 projects funded.	Developing a Collaborative Approach to Providing Personalized Music Care for Persons Living with Dementia.	FRQSC - Fonds de recherche sur la société et la culture. Grant for new researcher/professors.	Requested \$15,000 per year over a 3-year period. Not funded.
SPA-LTC October 15, 2014 I am a Co-Investigator on this project. Kaasalainen S, Costello A, Hunter P, Neves P, Sussman T, Thompson G, Venturato L. (PIs).	June 18, 2015-2020 (extended)	Partnering Together to Improve Palliative Care in Long Term Care Homes.	CIHR: Partnerships for Health System Improvement (PHSI) Grant; Alberta Innovates – Health Solutions; Manitoba Health Research Council; Ontario Ministry of Health and Long Term Care; Saskatchewan Health Research Foundation.	\$740, 000.00
August 29, 2014 I am a Co-Investigator on this project. PIs are Sharon Kaasalainen (McMaster) and Tamara Sussman (McGill)	November 12, 2014-2016	Improving Palliative Care in Long Term Care Homes Using Participatory Action Research.	TVN Strategic Impact Grant Program.	\$607,520.00
July 2014	n/a	The Integral Role of Music Therapy in Dementia Care – presented at American Association for Music	Faculty Travel Fund, Faculty of Fine Arts.	\$800.00

		Therapy conference in Louisville, Kentucky.		
March 27, 2014 PI	May 12, 2014-2016	The Sountrack of Life: Developing iPod-Based Personalized Music Listening Programs for Residents with Advanced Dementia.	CAU Innovative Practice Development Fund. CSSS Cavendish and CRÉGES. Partnership with St. Margaret's Residence, Montreal).	\$10,000.00
March 2014	April 21, 2014	AIRS: Grant for Research Assistants.	An MCRI funded by SSHRC.	\$3750.00 Matched funding also provided for RAs by Concordia FoFA.
July, 2013	n/a	Research Funds Granted for Professional Development.	Dean, Faculty of Fine Arts.	\$6000.00 (\$2000 per year over 3 years).
May 3, 2013	May 17, 2013	AIRS: Funding to attend annual co-investigators' meeting in Toronto. Attended by Dr. Young and 3 Concordia RAs.	An MCRI funded by SSHRC.	All expenses paid. Total amount not known.
March 1, 2013	April 1, 2013	AIRS: Grant for Research Assistants.	An MCRI funded by SSHRC.	\$2625.00
May 16, 2012	June 21, 2012	AIRS: Annual Meeting at University of PEI. Attended by one Concordia RA on behalf of Dr. Young.	An MCRI funded by SSHRC.	All expenses paid. Total amount not known.
April 12, 2012 PI	June 12, 2012	The Use of Singing to Promote Health and Well Being for Adults with Developmental Disabilities.	Concordia University VPRGS Seed Funding Individual Program.	\$6624.00
January 17, 2012	April 1, 2012	AIRS: Grant for Research Assistants.	An MCRI funded by SSHRC.	\$2670.00
July 2011	n/a	Research start up funds.	Concordia University - Faculty Research Development Program (FRDP).	\$15,000.00

e. **Teaching Activities (2011-present at Concordia)**

Term/year	Course number and section
Fall 2025	MTHY 602, Advanced Clinical Improvisation I
Summer 2025	MTHY 601, Music Therapy Teaching, Learning, & Supervision
Winter 2025	MTHY 603, Advanced Clinical Improvisation II

Winter 2025	MTHY 624A/634A, Advanced Music Therapy Practicum I
Fall 2024	MTHY 602, Advanced Clinical Improvisation I
Fall 2024	MTHY 623A/633A, Advanced Music Therapy Practicum I
Winter 2024	MTHY 601, Music Therapy Teaching, Learning, & Supervision
Winter 2024	MTHY 603, Advanced Clinical Improvisation II
Fall 2023	MTHY 602, Advanced Clinical Improvisation I
Summer I 2023	CATs 636, Independent Study (MT & Empowered Aging)
Winter 2023	MTHY 601, Music Therapy Teaching, Learning, & Supervision
Winter 2023	MTHY 603, Advanced Clinical Improvisation II
Fall 2022	MTHY 602, Advanced Clinical Improvisation I
Fall 2022	CATS 691, Research in the Creative Arts Therapies
Fall 2021	CATS 691, Research in the Creative Arts Therapies
Winter 2021	MTHY 601, Music Therapy Teaching, Learning, & Supervision
Winter 2021	MTHY 603, Advanced Clinical Improvisation II
Fall 2020	MTHY 602, Advanced Clinical Improvisation I
Fall 2020	CATS 691, Research in the Creative Arts Therapies
Winter 2020	MTHY 603, Advanced Clinical Improvisation II
Fall 2019	MTHY 602, Advanced Clinical Improvisation I
Winter 2019	MTHY 624A/634A Advanced Music Therapy Practicum II
Winter 2019	MTHY 601, Music Therapy Teaching, Learning, & Supervision
Fall 2018	MTHY 510 A, Music Therapy Practicum I
Fall 2018	MTHY 602, Advanced Clinical Improvisation I
2017-2018	Sabbatical
Winter 2017	MTHY 603, Advanced Clinical Improvisation II
Winter 2017	INDI 886, Artistic Project: Music Improvisation, Health and Wellbeing, Reading Course PhD student INDI Program
Fall 2016	MTHY 510 B, Music Therapy Practicum I
Fall 2016	MTHY 602, Advanced Clinical Improvisation I
Fall 2016	CATS 691, Research in the Creative Arts Therapies
Fall 2016	INDI 886, Musical Components of Music Improvisation in Music Therapy, Reading Course PhD student INDI Program
Fall 2016	INDI 886, Music Improvisation for Health and Wellbeing, Reading Course PhD student INDI Program
Winter 2016	MTHY 511 A, Music Therapy Practicum II
Winter 2016	MTHY 603, Advanced Clinical Improvisation II
Fall 2015	MTHY 510 A, Music Therapy Practicum I
Fall 2015	MTHY 602, Advanced Clinical Improvisation I
Fall 2015	CATS 691, Research in the Creative Arts Therapies
Winter 2015	MTHY 601, Music Therapy Teaching, Learning, & Supervision
Winter 2015	MTHY 603, Advanced Clinical Improvisation, II
Fall 2014	MTHY 510 A, Music Therapy Practicum I

Fall 2014	MTHY 602, Advanced Clinical Improvisation I
Fall 2014	CATS 691, Research in the Creative Arts Therapies
Winter 2014	MTHY 511 A, Music Therapy Practicum, II
Winter 2014	MTHY 603, Advanced Clinical Improvisation, II
Fall 2013	MTHY 510 B, Music Therapy Practicum, I
Fall 2013	MTHY 602, Advanced Clinical Improvisation, I
Fall 2013	MTHY 623, Advanced Music Therapy Practicum I
Winter 2013	MTHY 511 A, Music Therapy Practicum, II
Winter 2013	MTHY 603, Advanced Clinical Improvisation, II
Fall 2012	MTHY 510 B, Music Therapy Practicum, I
Fall 2012	MTHY 602, Advanced Clinical Improvisation, I
Fall 2012	MTHY 623, Advanced Music Therapy Practicum I
Winter 2012	MTHY 511, Music Therapy Practicum, II
Winter 2012	MTHY 603, Advanced Clinical Improvisation, II
Fall 2011	MTHY 602, Advanced Clinical Improvisation, I
Fall 2011	MTHY 623, Advanced Music Therapy Practicum I
2006-2008	Fieldwork in Music Therapy (Temple University). Graduate Equivalency and Undergraduate Levels.
Fall 2006	Developmental Music Therapy (Temple University)
Winter 2006	MU 505 Music Therapy Emerging Concepts
Winter 2006	MU 453 Theoretical Foundations of Music Therapy
Fall 2005	MU 454 Music Therapy Research and Professional Issues
Winter 2005	MU 505 Music Therapy Emerging Concepts
Winter 2005	MU 453 Theoretical Foundations of Music Therapy
Fall 2004	MU 454 Music Therapy Research and Professional Issues
Fall 2003	MU 454 Music Therapy Research and Professional Issues

PhD/Master's Music Therapy Thesis/Research Project Supervision at Concordia University:

Year	Student Name	Title	Principal Supervisor	Co-supervisor
May 2025-present In progress THESIS	Ruth Watkiss	Community Music Therapy with People Living with Dementia Attending Adult Day Services: A Philosophical Inquiry	Laurel Young	n/a
May 2025-present In progress THESIS	Alessandra Blengeri	Music Therapy Across Cultural Differences in Dementia Care: A Descriptive Narrative Inquiry	Laurel Young	n/a
2024-present In progress	Alejandra Arevalo	Navigating Cross-Cultural Supervisory Working Alliances (SWA) in Music Therapy	Laurel Young	n/a

THESIS		Internships through Music Improvisation: A Qualitative Interview Study		
2024-present In progress THESIS	Jill Hedicar	The use of Resource-Oriented Music Therapy in Attending to the Needs of Adults with Obsessive Compulsive Disorder: A Philosophical Inquiry	Laurel Young	n/a
2025 Successfully defended. Final revisions in progress. PhD Thesis	Stephen Venkatarangam	Concordia INDI Program (PhD) Participants' Perceptions of a Receptive Raga Music Therapy Experience: An Interpretative Neurophenomenological and Arts-Based Analysis	Guylaine Vaillancourt	Laurel Young
2025 Completed THESIS	Isabella Rachiele	Undergraduate Music Students' Perspectives on how their Training Experiences have Affected their Relationship with Music and Potential Implications for Music Therapy	Laurel Young	n/a
2024 Completed THESIS	Nathalie Maillard	Therapeutic Songwriting with Bereaved Mothers Following Pregnancy Loss: A Philosophical Inquiry	Laurel Young	n/a
2024 Completed THESIS	Caroline Tremblay	Perspectives sur de potentielles collaborations entre musicothérapeutes, musiciens et orchestres classiques en centre d'hébergement de soins de longue durée (CHSLD) : une étude qualitative	Guylaine Vaillancourt	Laurel Young
2024 Completed THESIS	Julien Peyrin	Perspectives de musicothérapeutes concernant l'utilisation de la méthode réceptive de Montage Audio Personnalisé (MAP) auprès d'adolescents et jeunes adultes recevant des soins en santé mentale.	Guylaine Vaillancourt	Laurel Young
2024 Completed THESIS	Julia Blundon	A Proposed Music Therapy Program Framework for Persons Living with Dementia in Long Term Care who are Experiencing Sundowning	Laurel Young	n/a
2024 Completed THESIS	Ben Magidson	Exploring my Musicality as a New Music Therapist: A Heuristic Self-Inquiry	Laurel Young	n/a
2023 Completed THESIS	Sami El-Agha	Metal Health: Three Music Therapists' Perspectives on Using Extreme Music in Music Therapy with Adolescents.	Laurel Young	n/a
2022 Completed THESIS	Carolyn Neapole	A Music Therapist's Exploration of Vocal Psychotherapy and Somatic Experiencing: A Heuristic Self-Inquiry	Laurel Young	n/a
2021 Completed THESIS	Kayley Patterson	Self-Actualization through Music Therapy for Older Adults at End of Life: A Philosophical Inquiry	Laurel Young	n/a

2020-21 Completed THESIS	Pierrette-Anne LaRoche	A Music Therapist's Exploration of Vocal Improvisation for Self-Care: A Heuristic Self- Inquiry.	Laurel Young	n/a
2020 Completed THESIS	Ingrid Wissink	Sounding the Pain: Exploring a Feminist Group Music Therapy Approach for Women with Contested Chronic Pain Conditions	Laurel Young	n/a
2019-2020 Completed THESIS	Mia Saadon	Examining Music Self-Concept in Older Adults	Laurel Young	n/a
2018-2020 Completed	Asa Kando	An Open-Group Music Therapy Program Design for Asylum-Seeking Prenatal Women	Laurel Young	n/a
2016-2020 Completed PhD Thesis	Deborah Seabrook	Concordia INDI Program (PhD) The Practice of Music Improvisation to Promote Mental Health and Well-Being: A Multidisciplinary Grounded Theory	Laurel Young	n/a
2018-2019 Completed THESIS	Laura Hastings	Practices and Perspectives of Music Therapists Working with Infants in Canadian Neonatal Intensive Care Units	Laurel Young	n/a
2017-2018 Completed THESIS	Andrew MacDonald	Jazz Manouche and Reflexivity: An Improvising Musician's Emerging Music Therapist Identity	Laurel Young	n/a
2017 Completed THESIS	Andrew Dudley	Exploring Canadian Music Therapy Graduates' Experiences of Transitioning into Professional Practice	Laurel Young	n/a
2016-17 Completed THESIS	Jihyun Hong	How Music Therapists Address Spiritual Issues with Clients in End-of-Life Care: An Integrative Literature Review	Laurel Young	n/a
2016-17 completed THESIS	Daniel Moran	Mindfulness and the Music Therapist: An Approach to Self-Care	Laurel Young	n/a
2016-17 completed THESIS	Margaux Ross	A Resource-Oriented and Relationship Based Music Therapy Approach for Persons Living with Dementia	Laurel Young	n/a
2014-2017 Completed THESIS	Mina Saad	A Systematic Literature Review of Music Therapy Assessments for Persons Living with Dementia	Laurel Young	n/a
2015-2016 Completed THESIS	Miya Adout	Integrating the iPad into Music Therapy Interventions for Older Adults in Long-Term Care	Laurel Young	n/a
2015-2016 Completed THESIS	Alana Goldscheid	Using Music Therapy to Help Jewish Children with Different Abilities Complete Their Bar/Bat Mitzvah	Laurel Young	n/a
2015-2016 Completed THESIS	Elizabeth Janzen	Music Therapists' Perspectives on Working with Educational Assistants in Manitoba School Settings	Laurel Young	n/a
2014-2015 Completed THESIS	Samantha Borgal	A Music Therapist's Use of Her Voice in End- of-Life Care: A Heuristic Self-Inquiry	Laurel Young	n/a

2013-2015 Completed THESIS	Karli Purscell	Potential for Music Therapy Intervention with Family Caregivers of Adults with an Intellectual Disability: A Survey Study	Laurel Young	n/a
2013-2014 Completed	Ginny Kwok	Singing as a Music Therapy Intervention for Persons with Broca's Aphasia	Laurel Young	n/a
2012–2014 Completed	Thyra Andrews	Using Music Therapy to Address the Needs of Parents of Children who have Autism	Laurel Young	n/a
2012–2013 Completed	Erin Gross	Canadian music therapists' perspectives on the current state of music therapy as a profession in Canada	Laurel Young	n/a
2011–2012 Completed	Lauren Hudgins	Closing Time: A Phenomenological Study on Termination of a Music Therapy Group in Community Mental Health	Laurel Young	n/a
2011–2012 Completed	Monique LaFlamme	Music Therapy and Emotional Self-Regulation: A Case Study of a Nine-Year Old Boy with ADHD	Laurel Young	n/a

Thesis Committee Member (Concordia):

Student Name	Title and Completion date
Supriya Crocker	Therapeutic Songwriting, Substance Use Disorder Recovery, and Trauma-Informed Care: A Philosophical Inquiry. Completed Winter 2025.
Meaghan Jackson	Exploring Songwriting as an Expression of Grief on Cape Breton Island: A Qualitative Interview Study. Completed Winter 2025.
Kyleigh Brisson	The Role of Music Therapy in Developing Healthy Coping Skills for Adolescents Experiencing Eating Disorders: A Philosophical Inquiry. Completed Fall 2024.
Adriana Caruana	The Use of Songwriting to Explore Anxiety Related to Food Allergies: A Heuristic Self-Inquiry. Completed Winter 2024.
Sophia James-Cavan	A New Music Therapist's Experience of Exploring Internalized Ableism: A Heuristic Self-Inquiry. Completed Winter 2024.
Alexandra Hadjis Chartrand	Exploring Musicking as Self-Care for a Chronically Ill Music Therapist: A Heuristic Self-Inquiry. Completed Winter 2024
Sarah Kroeker	How Lived Autistic Experience Can Inform Considerations of Potential Harm in Music Therapy with Autistic People: A Philosophical Inquiry. Completed Fall 2023.
Wen Xian Jennifer Lin	An Occ-Asian to Make Myself Perfectly Queer: Exploration of a Queer Asian Music Therapist's Identities. Completed Winter 2023
Carolyn Tremblay (PhD)	Started INDI program Fall 2020. Withdrew 2022.
Christina Sciascia	Postpartum Depression and Parent-Infant Attachment: A Music Therapy Program Intervention Research. Completed Winter 2021
Miranda Bray	Music Therapy in the Neonatal Intensive Care Unit: Prevalence and Presentation of Parental Empowerment: An Integrative Literature Review. Completed Winter 2021
Eleanor Hart	Music Therapists' Experiences and Perspectives in Working with LGBTQ+ Youth in Canada. Completed Winter 2021.

Rachel Norris	Theoretical Foundations of Music Therapy Research and Practice with Families: A Qualitative Content Analysis. Completed Winter 2021.
Valérie Saulnier	Réflexion philosophique sur la formation vocale des musicothérapeutes. Completed Winter 2021.
Maryse Trottier-Cournoyer	Music-Centered Music Therapy with Youth in Mental Health Care Contexts: A Philosophical Inquiry. Completed Winter 2021.
Stephanie Maxwell	The Clinical Use of Key Modulation by Music Therapists in Canada: A Modified Grounded Theory Study. Completed Fall 2020
Karen Tannous	Exploring Piano Improvisation Experiences as a Music Therapist Self-Care Tool: A Heuristic Self-Inquiry. Completed Fall 2020.
Lydia Penner	Lament as a Music Therapy Process of Meaning Reconstruction in Mental Health Care: A Philosophical Inquiry. Completed Fall 2020.
Nadia Delisle	Musicothérapie et intégration scolaire : un programme d'intervention pour des élèves issus de l'immigration. Completed Spring 2020.
Claudia Gagné	La composition de chansons: un parcours vers la musicothérapie. Une recherche basée sur les arts. Completed Spring 2020.
Lianna Powers	An Interdisciplinary, Neuroscience-Informed Music Therapy Early Intervention Research Program for Gait Atypicalities in Autistic Children. Completed Spring 2020.
Nathalie Albert	Musicothérapie et intervention musicale auprès d'enfants atteints du trouble déficitaire de l'attention avec ou sans hyperactivité : une recension des écrits. Completed Fall 2019.
Evelyne Arsenault Cooper	A New Music Therapist's Reflections Upon Experiences of Emotional Awareness: A Heuristic Self-Inquiry. Completed Fall 2019.
Erika Guittard	Expériences de musicothérapeutes travaillant à court terme avec des groupes d'adolescents en santé mentale. Completed Spring 2019.
Daniel Kruger	An Historical Study of the First Year of the Canadian Association of Music Therapists. Completed Spring 2019.
Kirsten Davis	A Music Therapy Program Design for Neuro-Palliative Care. Completed Fall 2018.
Annabelle Brault	Resource-Oriented Music Therapy in Pediatric Oncology: A Philosophical Inquiry. Completed Spring 2017.
Chih-Lin Chou	Potential for Adapting Music Therapy Improvisation within a Suzuki-based Music Lesson Context for Children of Chinese Immigrants. Completed Spring 2017.
Kay Choi	Understanding Cross-cultural Supervision in the Creative Arts Therapies: A systematic Review of the Literature. Completed Fall 2016.
Suze-Andrée Altidor Cespedes	A spiritual perspective on musical improvisation: a music therapist's heuristic journey. Completed Spring 2017.
Charles-Antoine Thibeault	Addressing Joint Attention Deficits with Children with Autism Spectrum Disorder: A Music Therapy Intervention Research Study. Completed Spring 2017.
Sandra Tickner-Broadhurst	Philosophical Inquiry into Music Therapy, Adult Day Centers, and Serious Mental Illness. Completed Spring 2017.

Sarah Bell	A Music Therapist's Self-Reflection on her Aboriginal Heritage: A Heuristic Self-Inquiry. Completed Spring 2016.
Sung Tak (Josephine) Lee	A Single Session Music Therapy Intervention Model for Mechanically Ventilated Patients in Intensive Care. Completed Spring 2016.
Eliane Gendron	Développement d'un programme de musicothérapie auprès d'adolescents à risque. Completed Spring 2016.
Jaclyn Bell	Music therapy and percussion for persons with dementia: A systematic literature review. Completed Spring 2016.
Mary Parkinson	Vocal Problems of Music Therapists in North America: A Survey. Completed Spring 2016.
Raquel Ravaglioli	Music Therapists' Perspectives on how Self-Awareness Impacts their Work with Adolescents. Completed Spring 2016.
Jan Barbieri	Addressing Perceived Pain in Childbirth: A Music Therapy Voicework Intervention Design. Completed Spring 2015.
Grace Hunte	A Music Therapy Drumming Intervention in Support of Children with Developmental Dyslexia. Completed Spring 2015.
Gloria Lipski	Finding Where I Fit: An Autoethnography on Integrating Ethnomusicology into Music Therapy. Completed Fall 2015.
Sandrine Zuyderhoff	Concepts de pédiatrie sociale en communauté et musicothérapie : Une perspective herméneutique. Completed Spring 2015.
Danna DaCosta	A Resource-Oriented Music Therapy Support Group Intervention for Adults Living with Fibromyalgia. Completed Spring 2014.
Tina Luan	Assisting Older Adults Transition into Long-Term Care: A Music Therapy Intervention Approach. Completed Spring 2014.
Hiroko Matsubara	A Music Therapy Program Addressing Language Development with Children on the Autism Spectrum. Completed Spring 2014.
Jessica Power	A Music Therapy Vocal Intervention to Address Self-Esteem and Resilience in Female Adolescents At-Risk for School Failure. Completed Spring 2014.
Sincere Tung	Supporting Family Caregivers in End-of-Life Care: A Systematic Literature Review of Music Therapy Resources 1990 to 2012. Completed Spring 2014.

f. Academic Service

Service to the Community – INTERNAL

August 2025-present	Invited member of the Concordia University School of Health Research Committee (SRC).
2017-present	Associate Director of engAGE: Concordia's Centre for Research on Aging . Re-appointed for 4-year term on July 1, 2021.

December 2016-present	Member of Concordia University's Arts in Health Research Collective/Centre for Arts in Health : Initiatives of the Creative Arts Therapies Department.
July 2016-present	Full Researcher Member of the PERFORM Centre/ School of Health , Concordia University. Status extended June 2020.
2016-present; 2012-2014	Appointed to the University Human Research Ethics Committee (UHREC), Concordia University. Open consultations held for Fine Arts Faculty June 3 and October 15, 2021. Recently served on a subcommittee to address challenges related to research-creation submissions.
2014-present	Music Therapy Information Sessions: Concordia recruitment initiative. Minimum twice a year.
2012–2017; 2022-present	Research Member, The Centre for Arts in Human Development , Concordia University. Currently an Associate Research Member.
2012-present	Participate annually in various aspects of Concordia's Open House events.
2011-present	Member of Concordia Creative Arts Therapies Department DHC, PT-DHC, Curriculum, Research, and Supervision Committees. Served as DHC Chair for Art Therapy Tenure-Track Hire Winter 2023 and 2024.
2011-present	Participate annually in the Creative Arts Therapies Student Orientation.
Winter Term 2024	Served on DHC (engAGE representative) for CRC in Political Science and Empowered Aging.
Winter Term 2023	Participated in the pilot for the Student Learning Experience Questionnaire (SLEQ) facilitated by Concordia's Centre for Teaching and Learning. Purpose: To establish a course evaluation process that contains relevant constructs for e-concordia courses.
September 2021	Special Events Online Lecture for Concordia Music Therapy Students and Faculty: "Finding Our Voices, Singing Our Truths: Examining How Quality of Life Domains Manifested in a Singing Group for Autistic Adults."
2018-2020	Subject Matter Expert (SME). Developed three online graduate courses in collaboration with econcordia (Knowledge One).

2012-2019	Co-facilitates annual Employment Development Workshop for Concordia Creative Arts Therapies Students.
September 2019	CATs 691 Guest Lecture: "Integral and Practical Perspectives on Music Therapy Research." Open to public. Presented as part of Creative Arts Therapies week at 4 th Space event.
July 2019	engAGE Summer School Guest Lecture: "The Importance of Music for Persons Living with Dementia: Knowledge, Assumptions, & the Need for Professional Leadership."
2012-2017	Served on Concordia University Research Ethics Committee Disciplinary College.
April 2015-2016	Served on Creative Arts Therapies Department Appraisal Preparation Committee.
June 2015-May 2016	Practicum Coordinator, Concordia Graduate Music Therapy programs.
Nov 2015; March 2016	Facilitated GIM Experiential Workshops for CATSGA.
August-September 2015	Organized Non-Violent Crisis Intervention Workshop for Concordia Creative Arts Therapies students.
February 2015	Assistant Facilitator for GIM Experiential Workshop for CATSGA.
December 2014	Member of the Search Committee Panel for Creative Arts Therapies Department Chair.
2013-2014	Consultant for research project led by Dr. Josee Leclerc, MBAM, and the Douglas Hospital.
2012-2014	Chair, Research Committee, Creative Arts Therapies Department, Concordia University.
June 2013	Organized and co-facilitated Research Retreat Day for Concordia Creative Arts Therapies Faculty.
March 2013	Volunteered at the Concordia University Music Therapy Information Booth at the Montreal Science Centre.
January 2013	Member of the Search Committee Panel for Music Department Chair.

December 2011 Member of the Search Committee Panel for Creative Arts Therapies Department Chair.

Service to the Community – EXTERNAL

October 2023-present [Editorial Board Member](#): Journal of the Association for Music & Imagery.

June 2015-present Appointed research member of the [Centre de recherche et d'expertise en gérontologie sociale](#) (CREGÉS).

2010-present To date, I have helped to facilitate 15 intensive training seminars in the Bonny Method of Guided Imagery and Music—in Montreal and across Canada. In July 2022, I became the Association for Music & Imagery granted me recognition as a Primary Trainer.

May 2025 Guest Reviewer: Book Proposal for Routledge Publishers

January 2025 Invited expert panelist for the review of application in SSHRC's Partnership Grants competition.

October 2023 Invited Guest Reviewer: [Journal of Aging Studies](#)

September 2018-2024 Member of CAMT Advocacy Committee

September 2018-2024 Member of the Standards and Procedures for the Approval of Music Therapy Training Programs Review Committee

August-October 2023 External reviewer for music therapy faculty application for promotion to full professor, Montclair State University, PA.

May 2022 Invited participant in World Café Event (3-hours). Developing a best-practice agenda for music therapy research with informal carers pre- and post-bereavement ([MusiCARER Phase 2](#))

April-August 2022 External reviewer for music therapy faculty application for promotion and tenure, Duquesne University, Pittsburgh, PA.

April-May 2022 Guest Reviewer : *Qualitative Inquiries in Music Therapy*

October 2022 Interviewed by Master of Music Therapy student from Purdue University Fort Wayne, Indiana.

2020-2022 Volunteer Consultant : [Grief Stories](#)

June-July 2021	Guest Reviewer: <i>Canadian Journal on Aging</i>
April 2021	Reviewer: Mitacs Accelerate Entrepreneur research proposal.
March 2021	Participated in the Public Health Agency of Canada's consultations regarding dementia guidance materials.
January 2021	External Examiner: Master of Music Therapy integrated thesis process, Victoria University of Wellington, New Zealand.
November 2020	Guest Reviewer for <i>Arts in Psychotherapy</i> journal.
June 2020	Guest Reviewer: Book Proposal for Routledge Publishers
April 2020	Guest Reviewer for the <i>Nordic Journal of Music Therapy</i>
November 2017	Guest reviewer. <i>Journal of Music Therapy</i> (US).
2015-2017	Reviewer for online journal <i>Voices: A World Forum for Music Therapy</i> .
May 2013-2017	Special adviser to the CAMT Board of Directors. Periodically continues.
May 2013-2017	3.3 Sub-Theme Leader ("Singing and Health: Mental and Physical Benefits") and Co-Investigator for Advancing Interdisciplinary Research in Singing (AIRS): A major collaborative research initiative of the Social Sciences and Humanities Research Council of Canada.
2012-2017	Member of the Journal of Music Therapy Editorial Board (USA).
September 2016	Guest Editor for a special edition of the AMTA journal <i>Music Therapy Perspectives</i> on multicultural musical competence in music therapy.
July 2016	Guest Reviewer for the PSI Foundation—a not-for-profit organization which funds peer-reviewed medical research within the province of Ontario.
2013-2015	External Examiner. Thesis Committee for Lee-Anne Adams. Masters student in Educational Administration, Foundations and Psychology Department, University of Manitoba. Proposal defense on May 20, 2014. Final defense December 17, 2015.
November 2015	Guest reviewer for Drummond Foundation funding proposals (Ageing related research).

October 2015	Helped to organize community lecture with Dr. Connie Tomaino. Concordia Music Therapy programs in partnership with AQM and MUHC.
July 30-August 1, 2015	3.3 Subtheme Leader Duties at Annual Advancing Interdisciplinary Research in Singing (AIRS) Annual Conference and General Meeting held at Vanderbilt University in Nashville, Tennessee.
2012–2015	Member of the Canadian Journal of Music Therapy Editorial Board.
June 2014	Invited to preside. Advancing Interdisciplinary Research in Singing 2-day Student Conference held at Ryerson University, Toronto.
2013–2014	Member of CAMT Accreditation Transformation Working Group.
2006–2014	Internship Supervisor/Professional Supervision Committee (CAMT).
2000–2014	Member of the Board of Directors, Canadian Music Therapy Trust Fund. Research Chair.
2013	Editor-in-Chief, <i>Qualitative Inquiries in Music Therapy Monograph Series</i> . Barcelona Publishers.
2009–2011; 2011–2013	PhD Student Affiliate; Professional Affiliate: Advancing Interdisciplinary Research in Singing (AIRS): A major collaborative research initiative of the Social Sciences and Humanities Research Council of Canada.
April 2013	Member of Panel for Consultation Workshop hosted by Brain Canada.
2011–2013	Member of the Strategic Planning Committee, (CAMT).
2009–2013	Vice President, Board of Directors (CAMT).
2012	Editor-in-Chief, 2012 Edition of the <i>Qualitative Inquiries in Music Therapy Monograph Series</i> . Barcelona Publishers.
2012	Coordinated Research Symposium for the 38 th Annual Conference of the Canadian Association for Music Therapy (CAMT) in Montreal, Quebec.
February 2012	Guest Reviewer for the <i>Nordic Journal of Music Therapy</i> .
2009–2012	Coordinated Research Poster Displays for CAMT annual conferences.
2008–2011	Education Committee, (CAMT).

2001–2006; 2009–2011	Interprofessional Education Committee, Sunnybrook Health Sciences Centre (SHSC).
2009–2010	Guest Reviewer for two academic journals, <i>Music and Medicine</i> (SAGE) and <i>Psychomusicology: Music, Mind and Brain</i> (UPEI).
2009–2010	Member of an Interprofessional Research Advisory Group. Research advisor for physiotherapy students from the University of Toronto.
2004–2006	Management Board Member – Laurier Centre for Music Therapy Research (LCMTR).
2002–2005	Theatre of Arts and Learning Committee (SHSC).
2001–2002	Professional Practice Committee, Music Therapy Association of Ontario (MTAO).
2000–2002	Practice Based Research Committee (SHSC).
1997–2002	Accreditation Review Board Member, CAMT.
1999–2000	Co-chair for the Annual National Conference of the CAMT.
1999	CAMT representative at the World Federation for Music Therapy Conference, Washington D.C.
1998–2000	Official CMTTF Representative at fundraising and publicity events.
1998–1999	Board Member, CAMT, Chair of Fundraising.
1998	CAMT representative: Annual AMTA Conference in Cleveland, Ohio.

g. Awards

2014	Research and Publications Award from the Canadian Association for Music Therapy. Awarded to no more than one individual per year for contributions made to the field of music therapy through research or publications.
2011	Award from Temple University for Outstanding Contribution to the Field of Music Therapy.
2011	Inaugural Outstanding Graduate Award from Wilfrid Laurier University. Awarded to a former WLU MMT graduate who has gone on to make significant contributions to the field of music therapy.
2007 & 2009	Who's Who Award for Academic Achievement at Temple University.

2006-2008 Full Doctoral TA Scholarship – Temple University.

2003 Michael Cohl Graduate Research Scholarship (CMTTF).

2002 & 2003 Awarded two Continuing Education Bursaries (SHSC).

2002 & 2003 Awarded two Graduate Scholarships (WLU).

2002 Nominated for a Professional Advisory Committee Education Award (Sunnybrook & Women's College Health Sciences Centre).