



Caregiving in the USA

Recent Experiences

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Current and Future Challenges in Caregiving, Concordia University,
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'QS' Quantified Self



QS Public Health Symposium





FAMILY CAREGIVER ALLIANCE®
National Center on Caregiving

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Family Caregiver Alliance supports and sustains the important work of families nationwide caring for loved ones with chronic, disabling health conditions.

- Research & Advocacy
- Caregiver Support Tools
- Caregiver Training
- National & Regional Caregiver Conferences

FCA CareJourney

PERSONAL CAREGIVER SUPPORT

Welcome to FCA CareJourney, a secure online solution for quality information, support, and resources for family caregivers of adults with chronic physical or cognitive conditions such as Alzheimer's, stroke, Parkinson's, and other illnesses. By joining CareJourney you will be asked a brief set of questions that lead to a personal dashboard loaded with information that matches your unique caregiving needs, such as:

- ▶ FCA fact and tip sheets, videos, online classes, and support
- ▶ Caregiving resources nationally and by state
- ▶ Access to skilled FCA Resource Navigator
- ▶ Dashboard to track your information and find support

[Learn more and start your CareJourney](#)

FAMILY CARE NAVIGATOR --
Click on Your State





Thank you

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