



Executive Centre

# How resource scarcity and the COVID-19 pandemic impact consumer behavior

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### The COVID-19 pandemic is very complex and multifaceted

#### **SCARCITY**

One of the many consequences of the pandemic



# Resource scarcity has been exacerbated by the pandemic

#### **SCARCITY**

- Can take many forms
- Experienced by all consumers in their daily lives
- Increased exposure to scarcity-related news and information

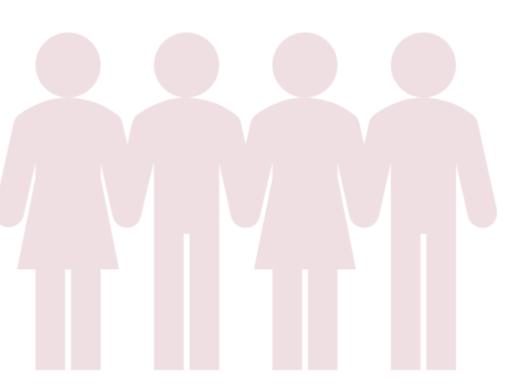






What are the effects of resource scarcity on consumer behavior?

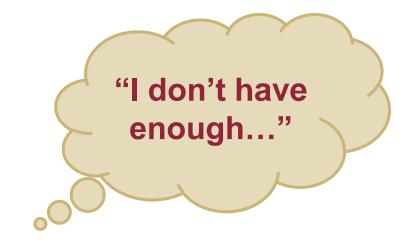




# Resource scarcity tends to make consumers more competitive and selfish

#### **PROMPTS**

- Competitive orientation
  - Due to mental association with scarcity
- Advancing one's own welfare
  - Seeking and maximizing benefits to the self
  - Decreased focus on others' welfare





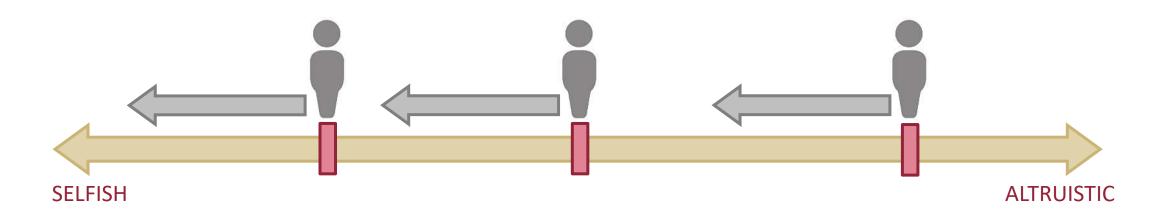
Roux, Caroline, Kelly Goldsmith, and Andrea Bonezzi (2015). "On the psychology of scarcity: When Reminders of Resource Scarcity Promote Selfish (and Generous) Behavior," *Journal of Consumer Research*, 42(4), 615-631.



### Resource scarcity tends to make consumers more competitive and selfish

#### **IMPORTANT**

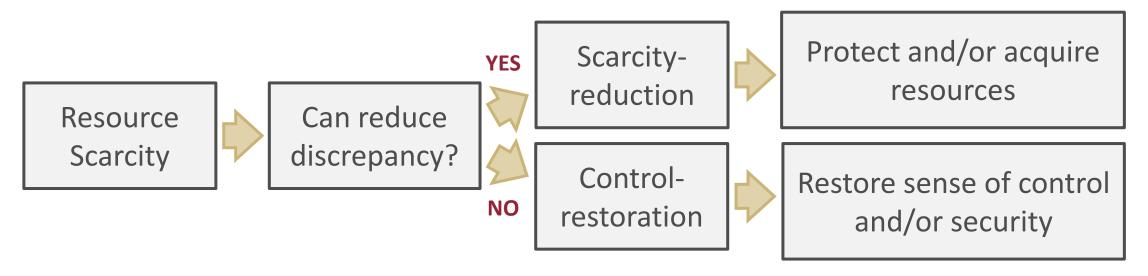
- Advancing one's own welfare ≠ greed or hoarding
- Shifts from "baseline"



#### Consumers tend to use two main ways to cope with the experience of scarcity

#### **SCARCITY**

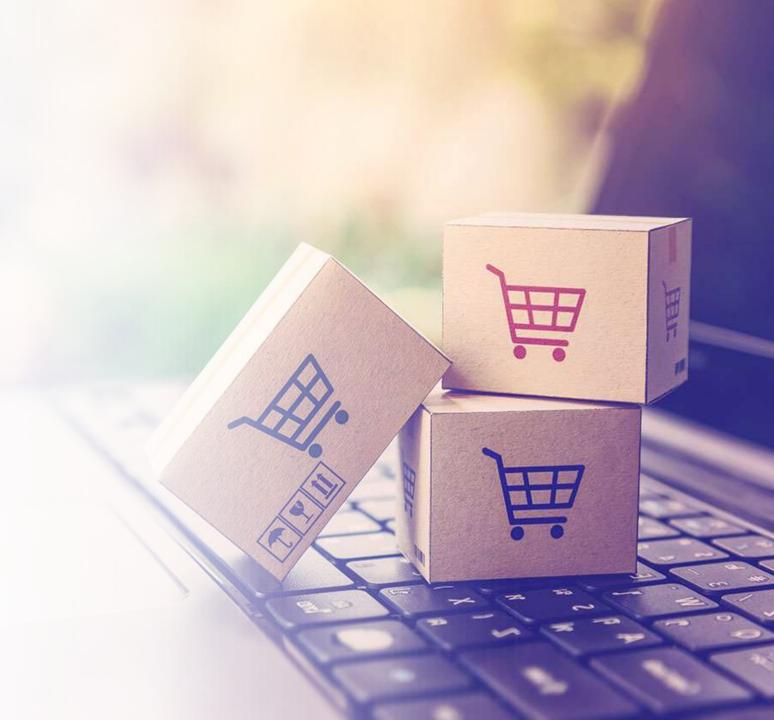
 "Sensing or observing a discrepancy between one's current level of resources and a higher, more desirable reference point."



Cannon, Christopher, Kelly Goldsmith, and Caroline Roux (2019). "A Self-Regulatory Model of Resource Scarcity," *Journal of Consumer Psychology*, 29(1), 104-127.



How has resource scarcity been impacting consumer behavior during the pandemic?











Several pandemic-related behaviors may have been (partly) caused by resource scarcity

#### Panic shopping provided ways of coping with resource

scarcity

#### PANIC BUYING

- "Accidental stockpiling" much more prevalent than hoarding
  - Small increase in purchase volume and/or frequency
  - Partly due to increased in-home consumption

Advancing One's Competitive Resource Own Welfare Scarcity Orientation

#### 'Accidental' stockpilers driving shelf shortages

In spite of all the photos circulating online of people bulk buying toilet roll and pasta, there is empirical evidence to suggest most people are not stockpiling.







# Panic shopping provided ways of coping with resource scarcity

#### SCARCITY-REDUCTION

When experienced scarcity <u>can</u> be directly resolved



Resource Scarcity



Can reduce discrepancy?



Scarcity-reduction



Protect and/or acquire resources

# Panic shopping provided ways of coping with resource scarcity

#### CONTROL-RESTORATION

When experienced scarcity <u>cannot</u> be directly resolved







Resource Scarcity



Can reduce discrepancy?



Control-restoration



Restore sense of control and/or security



### How can retailers help curb panic buying?

#### **BEWARE**

Scarcity increases perceived value

#### HOW

- Price premiums
- Quantity restrictions

# Dishonest behavior provides ways for acquiring resources

#### **SCARCITY**

- Value
- Selfish
- Scarcity-reduction
  - Acquisition

#### **CONSEQUENCES**

- Hoarding and price gouging
- Government support fraud





PURELL Advanced Hand Sanitizer Refreshing Gel, Clean Scent, 1 Liter Pump Bottle (Pack of 2) - 3080-02-EC

会会会会会 ~ 296 More Buying Choices \$350.00 (2 new offers)





# How can policy makers help curb dishonest behavior?

#### HOW

- Prevent ability to justify dishonest behavior
  - Remove grey areas
- Be mindful of available mental capacities
  - Simplify instructions and processes

# Self-improvement provides ways of coping with resource scarcity

#### **SCARCITY**

- Competitive
- Scarcity-reduction
  - Protection/acquisition

#### **CONSEQUENCES**

- Increase productivity
- Acquire new abilities/skills



Nick Martin / March 17, 202

#### Against Productivity in a Pandemic

Why are we being told—by bosses, by fitness apps, by ourselves—to optimize this "new" time to get things done?



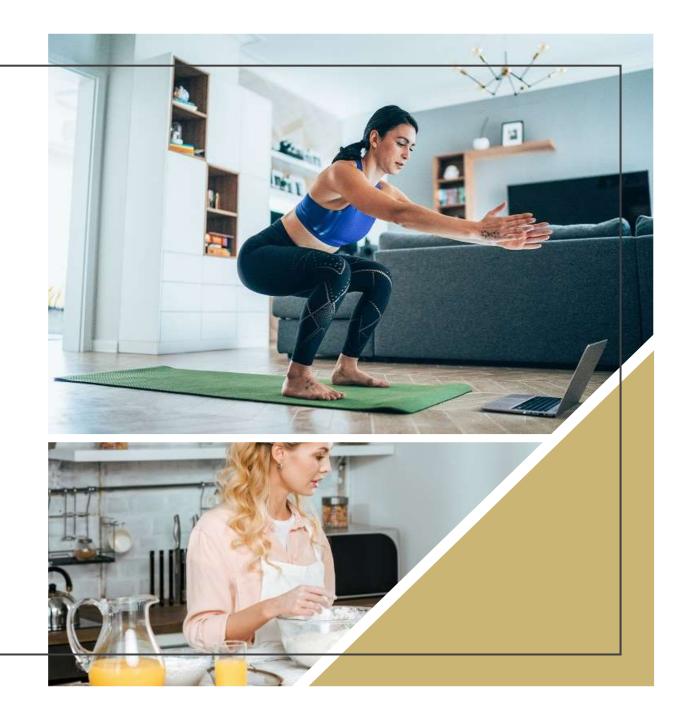
# Self-improvement provides ways of coping with resource scarcity

#### **SCARCITY**

Control-restoration

#### **CONSEQUENCES**

 Engage in consumption that helps restore a sense of control and/or security



How can consumers benefit from this desire for self-improvement?

#### **SCARCITY**

Social/virtue signaling

#### **BEWARE**

- Coping vs. virtue signaling
  - Control-restoration vs.competitive scarcity-reduction
- Social comparison
  - Can further trigger feelings of scarcity



The effects of resource scarcity can be harnessed for good when well understood

#### **SCARCITY**

- "What's in it for me?"
- "How can X benefit me?"

#### COMPLIANCE

- Make essential resources available
- Emphasize impacts of stockpiling resources
  - Others can't protect me
- Highlight self-benefits of protecting others
  - E.g., Faster "return to normal"





### Want to learn more about how resource scarcity shapes consumer behavior?





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