

WELCOME TO



RESIDENCE
LIFE

2023-2024

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Land Acknowledgement

We would like to begin by acknowledging that Concordia University is located on unceded Indigenous lands. The Kanien'kehá:ka Nation is recognized as the custodians of the lands and waters on which we gather today. Tiohtiá:ke/Montréal is historically known as a gathering place for many First Nations. Today, it is home to a diverse population of Indigenous and other peoples. We respect the continued connections with the past, present and future in our ongoing relationships with Indigenous and other peoples within the Montreal community.

www.concordia.ca/students/aboriginal.html

WELCOME FROM THE DIRECTOR OF RESIDENCE



Ashley Allen
Acting Director, Residence Life
Grey Nuns, E-102
514-848-2424 ext. 4740
Ashley.Allen@concordia.ca

Attending university for the first time, moving out on your own, arriving in a new city or country can be very daunting. Our Residence life team is here to help you make that transition as smooth and enjoyable as possible.

We are so pleased that you have made the choice to live with us this year, and we are excited to welcome you to Residence Life. We look forward to sharing this once-in-a-lifetime experience with you, and helping you navigate your way through a new city, University and your new home in residence. Our team is committed to helping you grow, learn and create lasting memories – not to mention make lifelong friendships.

Residence has so much to offer. Over the years, we've found that participation, engagement and communication are paramount to enjoying the Residence Life experience.

Our community is founded on the key principals of cooperation and mutual respect. This provides us with a safe, comfortable and enjoyable experience, for our residents and staff.

We look forward to welcoming you to our community!

THE RESIDENCE LIFE TEAM

Residence Life Managers



Kaeleigh Dermo
Manager, Loyola,
HA-150
kaeleigh.dermo@concordia.ca



Ryan Douglass
Manager, Grey Nuns
West, YWCA & EVO
D-107
ryan.douglass@concordia.ca



Sarah Houle
Manager, Grey Nuns East
D-106
Sarah.houle@concordia.ca

Managers are responsible for ensuring that each resident has a safe and enjoyable experience while living in residence. They oversee all of the programming and supervision carried out by the resident assistants, are responsible for upholding the Code of Community Living Standards and Discipline, and are available to support residents during their time at Concordia.

Managers are available to assist you, don't hesitate to stop by!

Residence Life Support Staff



Christopher Straub
Operations Assistant Loyola,
hingston.residence@concordia.ca



Olga Vega
Operations Assistant SGW,
olga.vega@concordia.ca

The support staff assist with the everyday running of residence. They coordinate building and room maintenance and mail delivery. They are there to answer any of your questions, so if you need information on how things work in residence, the support staff are your go-to people!

The cleaning and maintenance teams work with residence life, and are committed to keeping the common spaces of the residence buildings clean and in good condition.

Resident Assistants (RAs)

Resident assistants (RAs) are upper year students who are hired to help guide residents through their transition from home to university.

Throughout the year, RAs regularly plan events and activities to create a sense of community and provide residents with an opportunity to meet new people, learn about the services on campus and get to know Montreal.

RAs also ensure that every resident feels comfortable within residence. They work under the supervision of the Managers to help make the experience the best it can be!

Meet some of the RAs:



Katherina
Loyola



Ike
Grey Nuns



Maria-Paula
EVO



Michael
Grey Nuns



Jad
Grey Nuns



Shauna
EVO



MOVE-IN WEEKEND

How does move-in work?

When can I move in?

Move-in week-end is Saturday and Sunday, August 26th and 27th

Please advise the Residence Life team of your expected arrival by signing up for your move-in date and time using the move-in appointment calendar sent to you.

MOVE IN WEEK-END IS SATURDAY AUGUST 26 AND SUNDAY AUGUST 27, 2023. (Contact Residenceinfo@concordia.ca if you are unable to make the move in week-end)

If you haven't signed-up for a check-in time, do so online now!

Move-In Calendar YWCA



Move-In Calendar Loyola



Move-In Calendar Grey Nuns

Click to book

Move in Calendar EVO

Where can I park?

 **Loyola Campus:** Parking spaces are located in front of the HA/HB/JR Residence buildings. After unloading your vehicle, drivers will then be asked to find parking on the street or in nearby parking lots.

 **Grey Nuns Residence:** Enter the gate at 1200 Guy St., where you can briefly park to unload your vehicle. Drivers will then be asked to find parking on the street or in nearby parking lots.

 **YWCA:** Enter the loading ramp at 1165 Crescent st where you can unload your vehicle. Drivers will then be asked to find parking on the street or in nearby parking lots.

 **EVO:** Enter the front entrance at 777 Blvd Robert-Bourassa where you can unload your vehicle. Drivers will then be asked to find parking on the street or in nearby parking lots.

Where do I check in once I arrive?

Loyola: HA Residence building, accessible through the driveway at 4455 West Broadway.

Grey Nuns: 1190 Guy St., room E-104

YWCA: 1355 René-Lévesque Blvd W

EVO: 777 Blvd Robert-Bourassa, in the lobby

Can guests stay overnight during move-in weekend?

A guest is any non-resident of a specific room and/or building. Residents are not permitted to host a guest during Welcome/Orientation Week/Move in

When will I find out my room details?

You will receive details about your room assignment when you check in. An RA will show you to your room

What about mail?

You cannot send items to residence before you arrive, we will not receive them. So make sure any shipped items arrive after you.



Preparing for my move-in

A list of recommended items that you should bring to residence is available online. The list also includes details on room dimensions (based on room type), and bed size, as well as a list of furniture.

Please take note of items **NOT** allowed in residence; these include heating and cooking appliances (kettle, rice cookers, hot plates, coffee machines), humidifiers and diffusers, as well as smoking paraphernalia. The full list can be viewed online.



What do I bring? What does my room have?



In order to help you answer any questions you have before your move in, we will be hosting some virtual information sessions.

The sessions will provide tips and information to help you prepare along with a general question and answer with our team.

Make sure to join one of the sessions with your family, we will be looking forward to meeting you.

Join Zoom Meeting

<https://concordia-ca.zoom.us/j/81192297098>

Meeting ID: 811 9229 7098

Virtual session times:

August 1st- 9am (Canadian Eastern Time) - Residence Life Team

August 2nd - 7pm (Canadian Eastern Time) - Residence Life Team

Welcome Week Orientation

Welcome Week is a week filled with different activities run by your RAs, that introduce you to fellow residents and the city of Montreal (Saturday August 26th, – Monday, September 4th). You will be able to sign up for activities during your move-in week or with your RAs ahead of time. Welcome Week is a great way to start off the year, so make sure to sign up for as many activities as you can!

Here is an example of some of the activities taking place during the welcome week:

Move in ceremony and welcome to Residents Life

BBQ

City tours

Outdoor movies

Midnight Pizza party

Walk up Mount Royal

Picnic in the park

Coffee crawl

Football and hockey games

And plenty of other opportunities to make new friends and hangout.

Full schedule will be available for you at Move in



EVENTS AND ACTIVITIES

RA Programs



Our highly trained RAs host monthly social and educational programs that allow you to become comfortable in your new surroundings. The year-round events will allow you to meet your fellow floor-mates, learn about the services on campus, and provide opportunities to have interesting and engaging conversations, as well as get to know Montreal.

Some past events and programs have included a midnight breakfast, tobogganing on Mount Royal, an art crawl through the city, video game tournaments, coffee houses, clothing swaps, jam nights and so much more!

How to get involved

Events and Leadership Committee

Chaired by the community facilitators, the events committee provides an opportunity for residents to get involved in planning events and activities for their peers. The ELC members are fully involved in deciding the activities and the planning process.



[Have an idea for a program?](#)

The Residence Life team is always enthusiastic to hear your ideas! Speak with your RAs and/or managers to propose something you would like to see happen. This can be a club, event, special occasion, community project, etc. We look forward to hearing from you.

THE MEAL PLAN

What is included in the meal plan?

The meal plan provides residents with unlimited access to their residence dining facilities on each campus. Remember that you cannot share your ID with friends and/or family.

Where can I eat on campus?

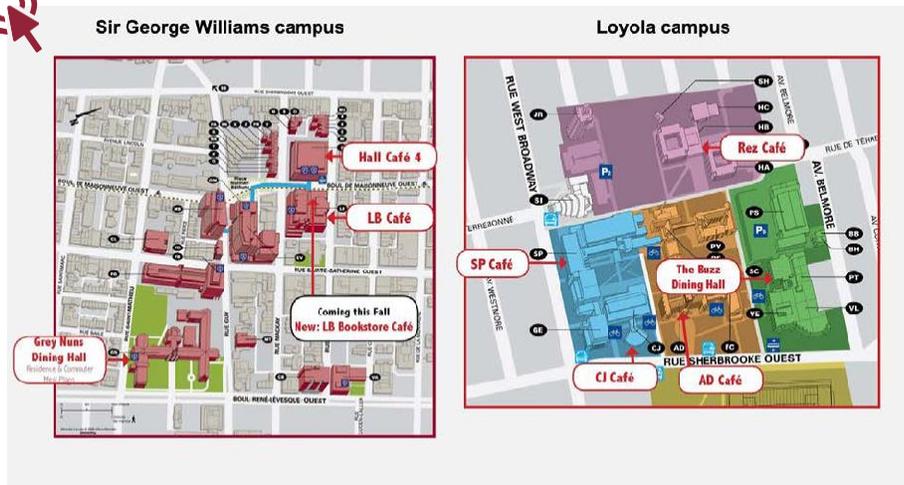
Loyola Campus: The Buzz Bistro (dining hall) is located across the parking lot from Hingston Hall, Wing A (HA). All meals are served there for residents.

Sir George Williams Campus: The main dining hall is located on the RC (ground) level in the Grey Nuns Residence.

You may eat at either dining hall as long as you have your access and student ID card.

Dining Hall hours of operation:

- Weekdays: 7 a.m. to 9:30 p.m.
- Weekends: 8 a.m. to 9:30 p.m.



FEATURES IN RESIDENCE

Extra Facilities

Laundry rooms: Use your phone to buy laundry credit and start the machines in the Loyola buildings and at Grey Nuns. If you don't have a cell phone ask your RA for a laundry card.

The Laundry machines at the YWCA take coins only. EVO has re-loadable cards that can be topped up as you need.

Common rooms: There is a common room located on each floor of the Grey Nuns, HA and HB residences and a main common room located on the 7th floor of the Jesuit Residence. Each room has a kettle, coffee maker, sink, microwave, toaster and TV. These spaces are open 24 hours a day.

Study rooms: There are study rooms located in each of our residence buildings, all with Wi-Fi access.

Internet access: Each room is provided with Internet access. All common spaces have Wi-Fi access (Not in Jesuit Residences). Access to the Concordia wireless network with your MYCONCORDIA student username and password.

Storage: Storage for sporting equipment is available upon request with residence life staff at Grey Nuns and Loyola. Bike racks are available outside or in the basement or Mildoré. Winter storage of bikes is available through security at Grey Nuns and through the Residence Life office at Loyola.

Games room: There are games rooms available for use on each of the campuses. Games equipment is available to borrow, such as ping pong, billiard and Foosball.

How to report maintenance issue: Is something dirty? Is something broken? Whether it's your room or a common area, please report the problem so we can resolve the issue immediately! BE SPECIFIC. You can do one of the following to report a maintenance issue:

Grey Nuns or Loyola

: Log the issue in the maintenance form in your E-Rez profile

: Call the duty Phone

EVO: All maintenance issues must be reported to the front desk



POLICIES AND PROCEDURES

Code of Community Living Standards and Discipline

Main rules in Residence:

1. Safety
2. Respect



Where do I find the Code?



At the time you signed your lease, it included the Code of Community Living Standards and Discipline. This code helps ensure that each resident is provided with a comfortable and safe living space. It is recommended that each resident familiarize themselves with residence policies prior to arrival.

Some Code basics:

Cannabis Use in Residence — Students must abide by all federal and provincial Cannabis laws and Concordia policies. Cannabis is not permitted in any common areas. Cannabis consumption is prohibited on campus. The legal age to purchase Cannabis in Quebec is 21

Smoking — Residence is a non-smoking facility. It is forbidden to smoke in any room including common areas. This includes e-cigarettes/vapes.

Drinking, drinking games — Students must abide by all federal and provincial alcohol laws. Alcohol is not permitted in any common areas. No individual can participate in, promote, or be a spectator of drinking or consumption games within the Residence community.

Noise and quiet hours — A resident's right for quiet study and sleep time takes priority over a resident's right to make noise.

Grey Nuns & Loyola: Quiet hours begin 11 p.m Sunday through Thursday, and at 1 a.m Friday and Saturday. During exam periods, 24-hour quiet hours are in effect.

EVO: Sundays through Thursdays, from 10:00 p.m. until 10:00 a.m. the next morning, and Fridays and Saturdays from 12:00 midnight until 10:00 a.m

Damage to property — The individual(s) responsible for damage, when known, will assume complete responsibility.

Key lockouts and key replacements — Residence Life reserves the right to charge for having to grant access to a room. Any lost keys will result in a minimum \$20 replacement charge. (EVO is an immediate 35\$ charge and is non refundable if your key is found)

Harm and/or threat to another — Violence or physical aggression will not be tolerated in residence.

Appliances in rooms — There is a list of items outlined in your lease, including kettles, coffee makers, space heaters, diffusers and rice cookers that you are not permitted to have in your Residence room. Coffee makers, kettles and microwaves are available to residents in common rooms. A list of banned items can be found in the code.



Mental Health and Wellness

Concordia is committed to bringing together mental, physical, and social health, informed by innovative research and preventive health principles. Well-being depends on the health of our bodies and minds and the communities we live, work, and study. This is why we take a holistic approach and are here to connect you with resources

Counseling and psychological services

Each student at Concordia is entitled to free sessions with counseling and psychological services.

Counseling and Psychological Services provides virtual appointments to currently registered Concordia students on a first-come, first-served basis. Triage is your first step if you're seeking personal counselling. These appointments are mandatory for all students new to our counseling services or who haven't received services in the last academic year.



Counselling and psychological services



Resident Assistants and Residence Life staff

All the Residence Assistants and Residence Life Staff can provide guidance on available resources and support.. If you are struggling personally, or need some extra support with school, we can help you!

During office hours there is always a Residence Life staff member available. In off-hours, there is always an RA on duty.

Other Resources



Sexual Assault Resource Centre

Sir George Williams Campus
514-848-2424, ext. 3353
H-645



Access Centre for Students with Disabilities

Sir George Williams Campus
514-848-2424, ext. 3525
GM-300



Loyola Campus
514-848-2424, ext. 3555
AD-130

Health Services

Sir George Williams Campus
514-848-2424, ext. 3565
GM-200



International Students Office

Sir George Williams Campus
GM-330 (see map)
1550 De Maisonneuve Blvd. West
514-848-2424, ext. 3515



HOJO

We are located in room H-224,
1455 De Maisonneuve Blvd. W.
Hours of Operation
Monday-Thursday: 10 a.m. – 6 p.m
Friday: 11 a.m. – 4 p.m
Phone: 514-848-7474, ext. 7935



Student Success Centre

You'll find the Student Success Centre in H-745.

Adults need vaccines too! Outbreaks of vaccine-preventable illnesses occur on Canadian and U.S. campuses every year, including measles, mumps, chicken pox, meningitis, flu, and of course Covid-19. Keeping your vaccines up-to-date will help you stay healthy all year long.

Students living in Residence are at increased risk of contracting and spreading vaccine-preventable illnesses. Getting sick can impair your academic performance.

If you haven't already, get hard-copies or photos of your vaccine records: It is important for every university student to have this vital information easily accessible.

Whether or not you can find your records, a Concordia Health Services nurse can help you figure out if you are up to date. Concordia students have the easiest access to vaccination while they are at Concordia: these services are more difficult to get in the community after you graduate. For reliable information about vaccines, see our Vaccination page.

International students: while your insurance does not cover vaccines, there are some free vaccines available which the nurses will discuss with you during the review.

Canadian students: you may be eligible to receive some vaccines for free. You also have some vaccine coverage through your Concordia health plan!

SAFETY AND SECURITY

24 Hour Campus Safety and Prevention

Phone number

514-848-3717

Security presence — There is 24-hour campus safety and prevention at Grey Nuns, Loyola and EVO. The Campus Safety Team team is committed to ensuring the safety of all the residents and buildings. They perform regular building surveillance by monitoring the entrance points and completing rounds.

Access cards — Each resident is provided with an access card at the time of check-in that must be swiped each time they enter the building. At Grey Nuns and Loyola, the initial card is temporary, and you must get a permanent one during the first 2 weeks.

Grey Nuns: On the ground level of the Hall (H) building. Loyola: On the ground level of the SP building.

Safety tips — Each resident is asked to play an active role in ensuring safety within residence. For instance, holding the door open for someone — although usually the polite thing to do — might actually result in letting in an intruder. Any suspicious activity should be reported to security or a Residence Life staff member.



Safe walk

A Safe Walk Program, also commonly referred to as accompaniment services, is available to members of the Concordia community, 24 hours a day.

You can call Campus safety at (514) 848-3717 to request an agent to accompany you to your vehicle, public transport route, or on-campus location. This service is subject to assessment and certain restrictions.

If you feel you are being pursued, harassed or threatened by one or several individuals, on campus, please call Campus Safety immediately:

Internal (university) phone: dial 3717, press 1

External phone: 514-848-3717 option 1

We encourage people to call Concordia's Campus safety and prevention department first, because our agents are familiar with our campuses.



WELCOME TO RESIDENCE

We look forward to meeting you!