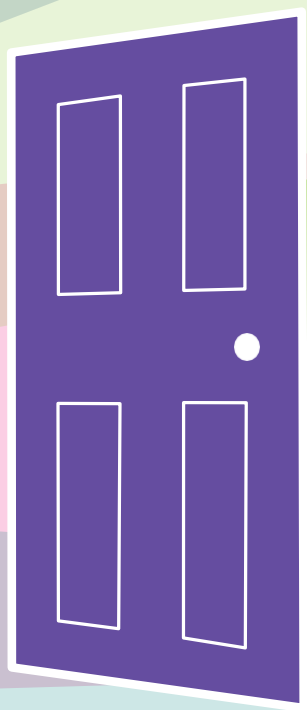


WELCOME TO



RESIDENCE
LIFE

2021-2022

TABLE OF CONTENTS

Land Acknowledgement

The Residence Life Team

Preparing for my Move-In

Move-In Weekend

Meet-and-Greet

Welcome Week

Events and Activities

The Meal Plan

Extra Facilities and Features in Residence

Safety and Security

Policies and Procedures

Health and Wellness

When looking for more information, click on the icon!



Land Acknowledgement

We would like to begin by acknowledging that Concordia University is located on unceded Indigenous lands. The Kanien'kehá:ka Nation is recognized as the custodians of the lands and waters on which we gather today. Tiohtiá:ke/Montreal is historically known as a gathering place for many First Nations. Today, it is home to a diverse population of Indigenous and other peoples. We respect the continued connections with the past, present and future in our ongoing relationships with Indigenous and other peoples within the Montreal community.

www.concordia.ca/students/aboriginal.html

WELCOME FROM THE DIRECTOR OF RESIDENCE



Lauren Farley
Director, Residence Life
Grey Nuns, E-102
514-848-2424 ext. 4236
lauren.farley@concordia.ca

Attending university for the first time, moving out on your own, arriving in a new city or country can be very daunting. Our residence life team is here to help you make that transition as smooth and enjoyable as possible.

We are so pleased that you have made the choice to live with us this year, and we are excited to welcome you to Residence Life. We look forward to sharing this once-in-a-lifetime experience with you, and helping you navigate your way through a new city, University and your new home in residence. Our team is committed to helping you grow, learn and create lasting memories – not to mention make lifelong friendships.

Residence has so much to offer. Over the years, we've found that participation, engagement and communication are paramount to enjoying the Residence Life experience.

Our community is founded on the key principals of cooperation and mutual respect. This provides us with a safe, comfortable and enjoyable experience, for our residents and staff.

We look forward to welcoming you to our community!



THE RESIDENCE LIFE TEAM

Residence Life Managers



Kaeleigh Dermo
Manager, Loyola,
HA-150
kaeleigh.dermo@concordia.ca



Ryan Douglass
Manager, Grey Nuns
West, D-107
ryan.douglass@concordia.ca



Ashley Allen
Manager, Grey Nuns
East, D-106
ashley.allen@concordia.ca

Managers are responsible for ensuring that each resident has a safe and enjoyable experience while living in residence. They oversee all of the programming and supervision carried out by the resident assistants, are responsible for upholding the Code of Community Living Standards and Discipline, and are available to support residents during their time at Concordia.

Managers are available to assist you, don't hesitate to stop by!

Residence Life Support Staff



Christopher Staub
Service Assistant,
hingston.residence@concordia.ca



Olga Vega
Admin. Assistant,
olga.vega@concordia.ca

The support staff assist with the everyday running of residence. They coordinate building and room maintenance and mail delivery. They are there to answer any of your questions, so if you need information on how things work in residence, the support staff are your go-to people!

The cleaning and maintenance teams work with residence life, and are committed to keeping the common spaces of the residence buildings clean and in good condition.

Resident Assistants (RAs)

Resident assistants (RAs) are second and third-year students who are hired to help guide residents through their transition from home to university.

Throughout the year, RAs regularly plan events and activities to create a sense of community and provide residents with an opportunity to meet new people, learn about the services on campus and get to know Montreal.

RAs also ensure that every resident feels comfortable within residence. They are available to mentor residents and help make the experience the best it can be!

Meet some of the RAs:



Rocio
Grey Nuns



Mya
Grey Nuns



Aaryan
Grey Nuns



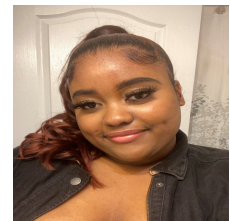
Isabelle
Loyola



Longyu
Grey Nuns



Julien
Loyola



Kree-A-Shon
Grey Nuns



MOVE-IN WEEKEND

How does move-in work?

When can I move in?

Move-in times are:

Wednesday, September 1st until Monday,
September 6th (9am until 5pm each day)

Please advise the Residence Life team of your expected arrival by signing up for your move-in date and time using the move-in appointment calendar sent to you.

MOVE IN WEEK IS WEDNESDAY SEPTEMBER 1 UNTIL MONDAY, SEPTEMBER 6, 2021. (Other dates and times are available in the calendar if you are unable to arrive during these times)

If you haven't signed-up for a check-in time, do so online now!

Move-In Calendar
YWCA



Move-In Calendar
Loyola



Move-In Calendar
Grey Nuns

Where can I park?



Loyola Campus: Parking spaces are located in front of the HA/HB/JR Residence buildings. After unloading your vehicle, drivers will then be asked to find parking on the street or in nearby parking lots.



Grey Nuns Residence: Enter the gate at 1200 Guy St., where you can briefly park to unload your vehicle. Drivers will then be asked to find parking on the street or in nearby parking lots.

YWCA: Enter the loading ramp at 1165 Crescent st where you can unload your vehicle. Drivers will then be asked to find parking on the street or in nearby parking lots.

Where do I check in once I arrive?

Loyola: HA Residence building, accessible through the driveway at 4455 West Broadway.

Grey Nuns: 1190 Guy St., room E-104

YWCA: 1355 René-Lévesque Blvd W

Can guests stay overnight during move-in weekend?

Guests are not allowed in residence this year, with the exception of up to two people to assist you during your move-in. The people helping you must leave the residence building once your belongings are in your room.

Preparing for my move-in

A list of recommended items that you should bring to residence is available online. The list also includes details on room dimensions (based on room type), and bed size, as well as a list of furniture.

Please take note of items **NOT** allowed in residence; these include heating and cooking appliances (kettle, rice cookers, hot plates, coffee machines), humidifiers and diffusers, as well as smoking paraphernalia. The full list can be viewed online.



What do I bring? What does my room have?



When will I find out my room details?

You will receive details about your room assignment and check-in information approximately a week before you move-in.

What about mail?

You cannot send items to residence before you arrive, we will not receive them. So make sure any shipped items arrive after you.



Welcome Week Orientation

Welcome Week is a week filled with different activities run by your RAs, that introduce you to fellow residents and the city of Montreal (Wednesday September 1st, – Sunday, September 12th). You will be able to sign up for activities during your move-in week or with your RAs ahead of time. Welcome Week is a great way to start off the year, so make sure to sign up for as many activities as you can!



EVENTS AND ACTIVITIES

RA Programs



Our highly trained RAs host monthly social and educational programs that allow you to become comfortable in your new surroundings. The year-round events will allow you to meet your fellow floor-mates, learn about the services on campus, and provide opportunities to have interesting and engaging conversations, as well as get to know Montreal.

Some past events and programs have included a midnight breakfast, tobogganing on Mount Royal, an art crawl through the city, video game tournaments, coffee houses, clothing swaps, jam nights and so much more!

How to get involved

Events and Leadership Committee

Chaired by the community facilitators, the events committee provides an opportunity for residents to get involved in planning events and activities for their peers. The ELC members are fully involved in deciding the activities and the planning process.

Elections will take place in the early weeks of school, so keep your eye out for information or speak to an RA about this opportunity.

Have an idea for a program?

The Residence Life team is always enthusiastic to hear your ideas! Speak with your RAs and/or managers to propose something you would like to see happen. This can be a club, event, special occasion, community project, etc. We look forward to hearing from you.



THE MEAL PLAN

What is included in the meal plan?



The meal plan provides residents with unlimited access to their residence dining facilities on each campus. Remember that you cannot share your ID with friends and/or family.

Where can I eat on campus?

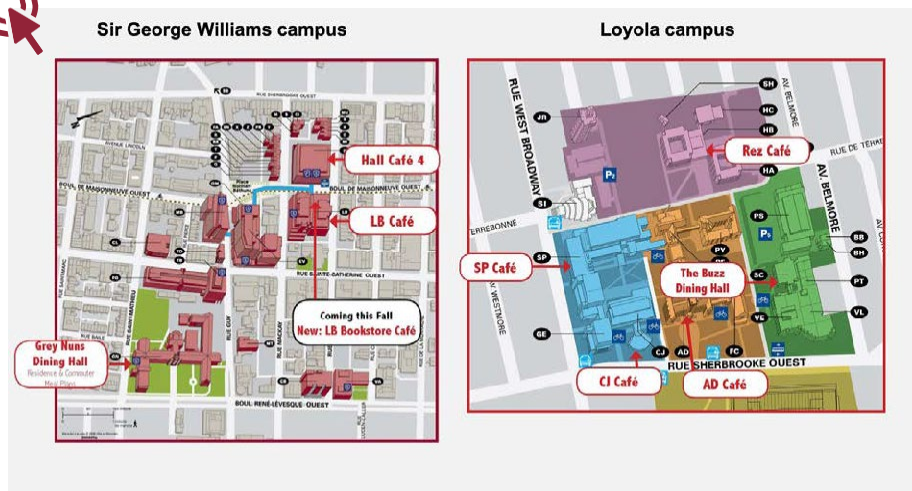
Loyola Campus: The Buzz Bistro (dining hall) is located across the parking lot from Hingston Hall, Wing A (HA). All meals are served there for residents.

Sir George Williams Campus: The main dining hall is located on the RC (ground) level in the Grey Nuns Residence.

You may eat at either dining hall as long as you have your access and student ID card.

Dining Hall hours of operation:

- Weekdays: 7 a.m. to 9:30 p.m.
- Weekends: 8 a.m. to 9:30 p.m.



FEATURES IN RESIDENCE

Extra Facilities

Laundry rooms: There are several laundry rooms located in each of the main residence buildings. You will be able to pay for your washing and drying using an app you can download to your smart phone. Instructions on how to do this will be provided.

Common rooms: There is a common room located on each floor of the Grey Nuns, HA and HB residences and a main common room located in the Jesuit Residence. Each room has a kettle, coffee maker, sink, microwave, toaster and TV. These spaces are open 24 hours a day.

Study rooms: There are several study rooms located throughout each of our residence buildings, all with Wi-Fi access.

Internet access: Each room is provided with internet access. All common spaces have Wi-Fi access.

Storage: Storage for sporting equipment is available upon request with residence life staff. Bike racks are available outside, and storage in the winter is available through security.

Games room: There are games rooms available for use on each of the campuses. Games equipment is available to borrow, such as ping pong, billiard and Foosball.

How to report maintenance issue: Is something dirty? Is something broken? Whether it's your room or a common area, please report the problem so we can resolve the issue immediately! BE SPECIFIC. You can do one of the following to report a maintenance issue:

- : Log the issue in the maintenance form in your E-Rez profile
- : Call the duty Phone (numbers will be provided to you once you move in)
- : E-mail greynunsresidence@concordia.ca
- : Speak to your RA, Manager or Res Life Staff Members



POLICIES AND PROCEDURES

Code of Community Living Standards and Discipline

Main rules in Residence:

1. Safety
2. Respect



Where do I find the Code?



At the time you signed your lease, it included the Code of Community Living Standards and Discipline. This code helps ensure that each resident is provided with a comfortable and safe living space. It is recommended that each resident familiarize themselves with residence policies prior to arrival.

Some Code basics:

Cannabis Use in Residence — Students must abide by all federal and provincial Cannabis laws and Concordia policies. Cannabis is not permitted in any common areas. Cannabis consumption is prohibited on campus.

Smoking — Residence is a non-smoking facility. It is forbidden to smoke in any room including common areas. This includes e-cigarettes/vapes.

Drinking, drinking games — Students must abide by all federal and provincial alcohol laws. Alcohol is not permitted in any common areas. No individual can participate in, promote, or be a spectator of drinking or consumption games within the Residence community.

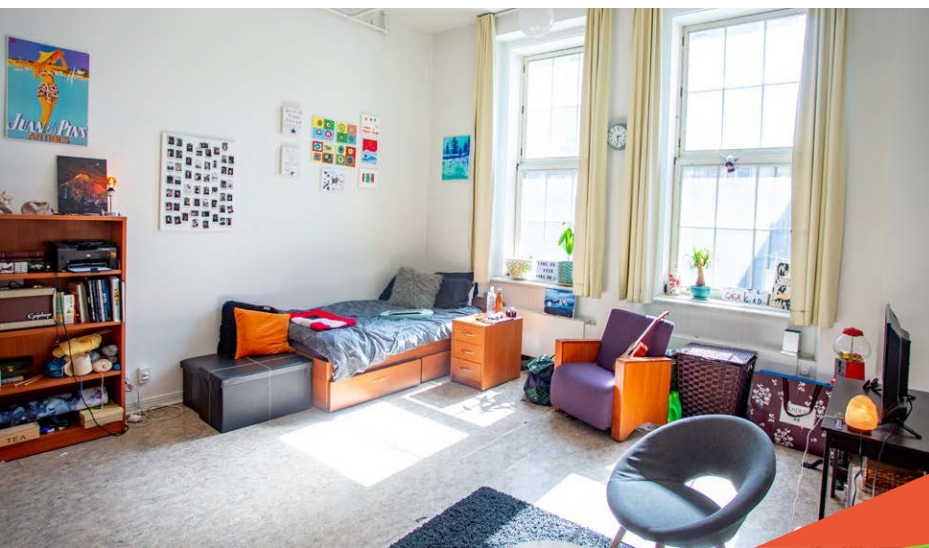
Noise and quiet hours — A resident's right for quiet study and sleep time takes priority over a resident's right to make noise. Quiet hours begin on weekdays at 11 p.m. and Friday and Saturday at 1 a.m. During exam periods, 24-hour quiet hours are in effect.

Damage to property — The individual(s) responsible for damage, when known, will assume complete responsibility.

Key lockouts and key replacements — Residence Life reserves the right to charge for having to grant access to a room. Any lost keys will result in a \$20 replacement charge.

Harm and/or threat to another — Violence or physical aggression will not be tolerated in residence.

Appliances in rooms — There is a list of items outlined in your lease, including kettles, coffee makers, space heaters and rice cookers. Coffee makers, kettles and microwaves are available to residents in common rooms.



SUPPORT

Mental Health and Wellness

In Residence Life we are committed to providing support to our residents, no matter what that might entail. Our goal is for our residents to have a successful first year experience in University, and we know that can be difficult at times.

Weekly Psychologist

A transition counsellor will be visiting Loyola and Grey Nuns weekly. If you feel like this transition is more challenging than you anticipated or you run into some difficulties you're not sure how to handle, please reach out and make an appointment. The counselor is here to talk about your concerns, questions, doubts, insecurities, or whatever else may be weighing on you. Whether you're feeling a bit overwhelmed, isolated or homesick, questioning your choice of program or just struggling to adjust to the demands of university life, they are here to listen and to help you find ways to thrive on both a personal and academic level. You can request an appointment with your manager.

Counseling and psychological services

Each student at Concordia is entitled to 10 free sessions with counseling and psychological services. Counselling and Psychological Services provides virtual appointments to currently registered Concordia students on a first-come, first-served basis. Triage is your first step if you're seeking personal counselling. These appointments are mandatory for all students new to our counselling services or who haven't received services in the last academic year.



Counselling and psychological services



Resident Assistants and Residence Life staff

All the Residence Assistants and Residence Life Staff are trained in active listening, diversity and are knowledgeable about the resources available. If you are struggling personally, or need some extra support with school, we can help you!

During office hours there is always a Residence Life staff member available. In off-hours, there is always an RA on duty.

Other Resources



Sexual Assault Resource Centre

Sir George Williams Campus
514-848-2424, ext. 3353
H-645



Access Centre for Students with Disabilities

Sir George Williams Campus
514-848-2424, ext. 3525
GM-300

Loyola Campus
514-848-2424, ext. 3555
AD-130



Health Services

Sir George Williams Campus
514-848-2424, ext. 3565
GM-200



International Students Office

Sir George Williams Campus
GM-330 (see map)
1550 De Maisonneuve Blvd. W.
514-848-2424, ext. 3515



HOJO

We are located in room H-224,
1455 De Maisonneuve Blvd. W.
Hours of Operation
Monday-Thursday: 10 a.m. – 6 p.m.
Friday: 11 a.m. – 4 p.m.
Phone: 514-848-7474, ext. 7935



Student Success Centre

As of July 30, you'll find the Student Success Centre in H-745.

SAFETY AND SECURITY

24 Hour Security

Phone number

514-848-3717

Security presence — There is 24-hour security at both campuses. The security team is committed to ensuring the safety of all the residents and buildings. They perform regular building surveillance by monitoring the entrance points and completing rounds.

Access cards — Each resident is provided with an access card at the time of check-in that must be swiped each time he or she enters the building. The initial card is temporary, and you must get a permanent one during the first 2 weeks.

Grey Nuns: On the ground level of the Hall (H) building. Loyola: On the ground level of the SP building.

Safety tips — Each resident is asked to play an active role in ensuring safety within residence. For instance, holding the door open for someone — although usually the polite thing to do — might actually result in letting in an intruder. Any suspicious activity should be reported to security or a Residence Life staff member.



Safe walk

A Safe Walk Program, also commonly referred to as accompaniment services, is available to members of the Concordia community, 24 hours a day.

You can call Security at (514) 848-3717 to request an agent to accompany you to your vehicle, public transport route, or on-campus location. This service is subject to assessment and certain restrictions.

If you feel you are being pursued, harassed or threatened by one or several individuals, on campus, please call Security immediately:

Internal (university) phone: dial 3717, press 1

External phone: 514-848-3717 option 1

We encourage people to call Concordia's Security Department first because our security agents are familiar with our campuses.



WELCOME TO RESIDENCE

We look forward to meeting you!