

**As of January 1, 2026**  
**If you are under age 65 and do not have vision care**

	<b>Member contributions</b> <b>(including provincial sales taxes)</b>	<b>Concordia contributions</b> <b>(including provincial sales taxes)</b>
Coverage Category	Monthly	Monthly
<b>If you live in Quebec</b>		
Single	\$94.08	\$80.14
Family	\$176.55	\$150.39
<b>If you live outside Quebec (but within Canada)</b>		
Single	\$86.31	\$73.53
Family	\$161.97	\$137.98

**As of January 1, 2026**  
**If you are under age 65 and have vision care**

	<b>Member contributions</b> <b>(including provincial sales taxes)</b>	<b>Concordia contributions</b> <b>(including provincial sales taxes)</b>
Coverage Category	Monthly	Monthly
<b>If you live in Quebec</b>		
Single	\$95.57	\$81.41
Family	\$179.52	\$152.93
<b>If you live outside Quebec (but within Canada)</b>		
Single	\$87.68	\$74.69
Family	\$164.70	\$140.30