

**As of January 1, 2026**  
**If you are age 65 or over and do not have vision care**

	<b>Member contributions (including provincial sales taxes)</b>	<b>Concordia contributions (including provincial sales taxes)</b>
Coverage Category	Monthly	Monthly
<b>If you live in Quebec</b>		
Single	\$95.38	\$35.28
Family	\$178.27	\$65.93
<b>If you live outside Quebec (but within Canada)</b>		
Single	\$87.51	\$32.36
Family	\$163.55	\$60.49

**As of January 1, 2026**  
**If you are age 65 or over and have vision care**

	<b>Member contributions (including provincial sales taxes)</b>	<b>Concordia contributions (including provincial sales taxes)</b>
Coverage Category	Monthly	Monthly
<b>If you live in Quebec</b>		
Single	\$97.39	\$36.02
Family	\$182.29	\$67.42
<b>If you live outside Quebec (but within Canada)</b>		
Single	\$89.35	\$33.05
Family	\$167.24	\$61.85