Patient Name:		Date Completed:			
Date of birth:					
Concordia ID #:					
The following questions ask about you	ır eatir	ng patter	ns and	d	
behaviors within the last 3 months. For	each	question.	,		
choose the answer that best applies to					
			Yes	No	
1. During the last 3 months, did you have any	episode	es of			
excessive overeating (i.e., eating significantly	more tl	nan			
what most people would eat in a similar period of time)?					
NOTE: IF YOU ANSWERED "NO" TO QUE			STOP.		
THE REMAINING QUESTIONS DO N	IOT APP	LY TO YOU.	Yes	No	
			163	INU	
2. Do you feel distressed about your episodes					
of excessive overeating?					
Within the past 3 months	Never	Sometimes	Often	Always	
The second secon	Rarely				
3. During your episodes of excessive					
overeating, how often did you feel like					
you had no control over your eating (e.g.,					
not being able to stop eating, feel					
compelled to eat, or going back and					
forth for more food)?					
4. During your episodes of excessive					
overeating, how often did you continue					
eating even though you were not hungry?					
5. During your episodes of excessive					
overeating, how often were you					
embarrassed by how much you ate?					
6. During your episodes of excessive					
overeating, how often did you feel					
disgusted with yourself or guilty afterward?					
7. During the last 3 months, how often					
did you make yourself vomit as a means					
to control your weight or shape?					

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