



**FORCES  
AVENIR**

RECOGNIZES  
STUDENT  
COMMITMENT



**28<sup>e</sup> edition**



**2026 INSCRIPTION**



**VISIT OUR WEBSITE [WWW.FORCESAVENIR.COM](http://WWW.FORCESAVENIR.COM)**

**REGISTER**  
**before March 31 2026**

**\$114 000**  
**IN SCHOLARSHIPS**

**\$80 000**  
**IN PROJECT  
FUNDING**

**FA<sup>+</sup>**  
**FUNDING  
STUDENT  
COMMITMENT**



**Have you become involved in your community? Have you participated in a project that has had a significant impact in your community or specific field of activity?**

**You are an ideal  
Forces AVENIR candidate!**

**Forces AVENIR aims to recognize, honour and promote the ENGAGEMENT OF STUDENTS in projects that contribute to the development of socially conscious, responsible, active and persevering citizens who are both dedicated to their community and open to the world.**

## Grants

### AVENIR Projects

The finalist projects will receive \$2,000 and the winners \$4,000 as well as a trophy.



#### PROJECT PAR EXCELLENCE

The winning project will receive \$15,000 as well as a trophy.

### AVENIR Personality



#### PERSONALITY AVENIR - UNDERGRADUATE



#### PERSONALITY AVENIR - GRADUATE



#### PERSEVERING PERSONALITY



#### COMMITTED STAFF MEMBER

The finalists will receive \$2,000 and the winners \$4,000 as well as a trophy.



#### PERSONALITY PAR EXCELLENCE

The winner will receive \$15,000 as well as a trophy.

**Important note :** The project representatives are responsible for taking the necessary administrative steps to open a bank account specific to the project. For all project categories, Forces AVENIR will under no circumstances make a cheque out to an individual or a member of the project. In the event that the project is not the holder of a specific bank account, Forces AVENIR will issue a cheque for the grant made payable to the project's home university. In such case, the university will be responsible for distributing the grant to the project members.

# Conditions of Eligibility

## Categories Projects

The project must not be carried out as part of a university undergraduate program worth more than three credits;

The project must not take place in the context of a course or a research program that is part of the requirements for obtaining a graduate degree;

At least 80% of the students involved in the project must meet the criteria of the personality categories;

The project must be initiated, made operational or be carried out during the period of eligibility, that is to say from April 1, 2025 to March 31, 2026;

The project must not be a former recipient of a University Program AVENIR award in the AVENIR Project category.

## AVENIR Personality Undergraduates

Be an undergraduate student.

## AVENIR Personality Graduates

Be a graduate student. If a candidate is enrolled in both a certificate or undergraduate program and a graduate program, they must submit their application in the AVENIR Personality - Graduates category.

*\* The FA program is not a request to fund a research project.*

## AVENIR Personality Perseverant

Be a undergraduate or graduate student.

## All AVENIR Personality Categories

Be registered as a full-time student (or be recognized as such by their university) for at least one semester during the period of eligibility, that is to say from April 1, 2025 to March 31, 2026;

Be no more than 35 years of age on March 31, 2026;

May have received or may receive payment for their engagement provided the time required to carry out their activities or engagements greatly exceeds the time usually spent in student employment.

Not be a former recipient of a University Program AVENIR award in the AVENIR Personality category.

## AVENIR Committed Staff Member

Be a member of staff at a participating university in the Forces AVENIR University Program;

Not be a former recipient of an AVENIR in the same category of the Forces AVENIR University Program.

# Application files

All application files must be completed online following the procedure provided below. **You have until March 31, 2026 to register.**



Go to **[inscription.forcesavenir.com](https://inscription.forcesavenir.com)** and click on «Créer une candidature universitaire».



**Enter all the requested information to create your account.**



**Select the appropriate category and complete the application form.**

**Important:** The Forces AVENIR program aims to recognize engaged and perseverant students. In participating, you should be aware that you will be promoted in various media as a means of advocating positive role models for society.

## IMPORTANT

- ✱ A project can only be submitted in one category;
- ✱ The contact information for the candidate or the project's spokesperson must be valid until December 2026;
- ✱ A file that does not meet the established criteria and expected standard of quality in the presentation and the language may be rejected. Forces AVENIR reserves the right to forward additional information to the juries;
- ✱ The grants for the AVENIR Personality Par Excellence and AVENIR Project Par Excellence awards are not cumulative;
- ✱ In order to allow us to award AVENIR trophies to as many people as possible and to better allocate the grants, the Par Excellence award winner will only receive one official token of recognition.

# Content of the Application Files

## **AVENIR Project categories includes :**

A 200-word summary of the project and a 1,200-word presentation explaining how the project meets each and every criteria for selection;

Three letters of recommendation supporting the Forces AVENIR application;

A press review (*optional*);

Ten colour photographs of the project and its members with the names of the people in the photos in order.

## **AVENIR Personality Undergraduate, AVENIR Graduate and AVENIR Perseverant categories includes :**

A 200-word summary of the student's educational path and involvement and a 1,200-word presentation explaining how the candidate meets each and every criteria for selection;

An essay of a maximum of 750 words in answer to the following question: "Based on your engagement and your studies, how do you perceive your role as a citizen in the society of the future?";

A detailed curriculum vitae;

Transcripts for all university studies (undergraduate and graduate studies, if applicable);

Three letters of recommendation supporting the Forces AVENIR application;

A press review (*optional*);

Ten colour photographs of the candidate bearing witness to his/her involvement.

## **AVENIR Committed Staff Member includes :**

A 250-word summary of the candidate's career path, engagements and qualities as a citizen;

A 200-word essay for each selection criterion;

A detailed curriculum vitae;

Ten colour photographs of the candidate bearing witness of his/her involvement;

A press review (*optional*);

## **Photographs (Technical Specifications)**

You must provide two photographs of yourself, alone and cropped to size, one in portrait format and one in landscape format. These photos have to be dynamic; passport style photos taken in front of a wall should be avoided. The other photos must show you in action during your involvements.

### **All photographs must meet the following specifications:**

- ✧ Colour, unmodified photographs;
- ✧ JPEG Format;
- ✧ Minimum resolution of 144 dpi (ppp);
- ✧ Minimum size 1920x1080 pixels;
- ✧ Copyright-free photographs



# Selection Criteria

## AVENIR Projects

Tangible results	30 points
Relevance	15 points
Innovative nature	15 points
Organization's scope	15 points
Influence	10 points
Educational impact	5 points
Pursuit of funding	5 points
Quality of the application (structure, grammaire et argumentation)	5 points

**TOTAL** **100 points**



### PERSONALITY AVENIR - UNDERGRADUATE



### PERSONALITY AVENIR - GRADUATE

Balance between social engagement, academic success and personal qualities	20 points
Responsibilities and leadership	20 points
Achievements and tangible results	20 points
Consistency in all specified criteria throughout the course of studies	20 points
Multidisciplinary nature	15 points
Quality of the application (structure, grammar and argumentation)	5 points

**TOTAL** **100 points**

# Selection Criterias



## PERSEVERING PERSONALITY

Resourcefulness	20 points
Perseverance	20 points
Academic progress	20 points
Concrete achievements	20 points
Student commitement	10 points
Motivation	5 points
Quality of the application (structure, grammar and argumentation)	5 points

**TOTAL 100 points**



## COMMITTED STAFF MEMBER

Achievements and tangible impact	30 points
Level of awareness, sense of responsibility, resourcefulness, leadership and mobilization	25 points
Balance	20 points
Constance	20 points
Quality of application (structure, grammar et argumentation)	5 points

**TOTAL 100 points**

## AVENIR Par Excellence

The recipients of the AVENIR Personality Par Excellence and AVENIR Project Par Excellence AVENIR awards are determined based not only on the same criterias the other categories but also on the exceptional nature of the application file.

**A separate application is not required for these two awards.**

# Selection Process

## Project Categories

The selection process is divided into three steps.

**For the first step**, a jury at each participating university will select, when necessary, no more than 2 applications per category. There are a total of 7 categories. For this step in the selection process, the participating university is in charge of appointing the members who will make up the jury.\*

**\*For the second step**, a jury made up of 3 to 5 members called the specialist jury will select the 3 finalists in each of the 7 categories and then select a winner for each category from among these 3 finalists. For this step in the selection process, Forces AVENIR is in charge of appointing the members who will make up the 7 specialist juries.

**For the third step**, a final jury called the Project Grand Jury made up of between 5 and 7 members will select the Project Par Excellence award recipient from among the 7 winning projects. For this step in the selection process, Forces AVENIR is in charge of appointing the members who will make up the Grand Jury.

## Recognition

The candidates who are selected as finalists will be invited to the Forces AVENIR Gala and will share and gain recognition for their engagement:

- ★ In an interview with the host,
- ★ In the gala evening program,
- ★ During the live stream of the Gala,
- ★ Through promotion on Forces AVENIR's social media,
- ★ Press releases sent to the Québec medias.





## Personality Categories

The selection process is divided into two steps.

**For the first step**, a jury selects (when necessary) a maximum of two candidate applications per category, from each of the participating universities. There are four different personality categories: undergraduate, graduate, Perseverant and Committed Staff Member. During this step, jury members are selected by the participating university.

**\*For the second step**, the grand Personality jury, made up of five to nine members, selects 3 finalists in the undergraduate category, and among them, the one winners of the category. The grand jury also selects three finalists in graduate category, three finalists in the Perseverant category and three finalists in the Committed Staff Member category. Among these finalists, the jury designates a winner for each of the categories. Lastly, among the three finalists in the undergraduate category, the three finalists in the graduate category and the three finalists in the Perseverant category, the grand Personality jury also selects the Excellence Personality winner. During this step, jury members are selected by Forces AVENIR.

**\*Mandatory selection interviews:** The selection interviews will be held from June 8 to June 12 2026, and those invited must be present, whether in person, by phone or by videoconference.



**2025 Forces AVENIR  
university gala**



# Project Categories



AVENIR

## ART, LITERATURE AND CULTURE

RECOGNIZES  
STUDENT  
COMMITMENT

Project pertaining to the performing arts, visual arts, cinema, arts and crafts, literature, architecture, design or heritage.



AVENIR

## MUTUAL AID, PEACE AND JUSTICE

RECOGNIZES  
STUDENT  
COMMITMENT

Project aimed at promoting community service, humanitarian cooperation, the respect for human rights or the establishment and promotion of a just society.



AVENIR

## SOCIAL ECONOMY, ENTREPRENEURSHIP AND BUSINESS

RECOGNIZES  
STUDENT  
COMMITMENT

Project relating to economic growth or to the creation, expansion or recovery of a business venture.



AVENIR

## ENVIRONMENT

RECOGNIZES  
STUDENT  
COMMITMENT

Project concerned with the environment, whether it promotes environmental protection, recycling, reuse, recuperation, sustainable development, natural resources or environmental education.



AVENIR

## HEALTH AND HEALTHY LIVING

RECOGNIZES  
STUDENT  
COMMITMENT

Project connected with health awareness and prevention, research or improving public health in areas such as nursing, diet, physical fitness, mental health and medicine.



AVENIR

## SCIENCE AND TECHNOLOGY

RECOGNIZES  
STUDENT  
COMMITMENT

Project of a scientific or technological nature, which involves research, experimentation or popularization in the field of science and technology.



AVENIR

## SOCIETY, COMMUNICATIONS AND EDUCATION

RECOGNIZES  
STUDENT  
COMMITMENT

Project of a social nature linked with communications, education or political action and which addresses social issues or public concerns.

# Personality Categories



## PERSONALITY AVENIR - UNDERGRADUATE

The AVENIR Personality - Undergraduates awards will be presented to undergraduate students who have distinguished themselves through a balance of academic, personal and social achievements, as well as by their leadership, the concrete impact of their engagement and consistency in all the specified criteria throughout their studies.



## PERSONALITY AVENIR - GRADUATE

The AVENIR Personality - Graduates award will be presented to a graduate student who has achieved distinction through a balance of academic, personal and social achievements, as well as by their leadership, the concrete impact of their engagement and consistency in all the specified criteria throughout their studies.



## PERSEVERING PERSONALITY

The Perseverant Personality category recognizes a student who has made efforts and developed strategies throughout their entire life in order to overcome challenges, nourish their motivation, experience successes, get into university, and succeed in their academic studies.



## COMMITTED STAFF MEMBER

The Committed Staff Member category recognizes a member of staff who, outside the context of a course or research program, is involved with students who are engaged in community actions, here or elsewhere in the world. Or, the category recognizes a member of staff whose engagement has had an impact on the educational institution's mission and the development of more socially-conscious, responsible, active and persevering citizens. While resolutely fulfilling their professional responsibilities and maintaining a good life-work balance, the recipient has distinguished themselves by their ability to arouse the desire to get involved, among both students and community members.



## AVENIR Par Excellence

The AVENIR Personality Par Excellence and AVENIR Project Par Excellence award recipients will be selected from among all the candidates. The winners will have distinguished themselves from all the other candidates and the student or group of students will have demonstrated a constant pursuit of excellence in all their activities.

## FOSTERING STUDENT ENGAGEMENT

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**Forces AVENIR** (FA) aims to provide better funding for student engagement projects in order to foster their development at educational institutions. In keeping with its mission, and for future representations, the organization has joined forces with the **Forces AVENIR Foundation** (FAF) as part of an ambitious funding program for student initiatives.

In this context, the government has given FA the opportunity to establish a fund reserved for the Science and Technology category, through its STEM (science, technology, engineering and mathematics) program. This partnership with the Secrétariat à la jeunesse (SAJ) consists of \$4.5M in financial assistance, which will take the form of match funding, and will be combined in part with contributions from the private sector, up to the amount of \$1.5M. In doing so, by 2025, the Foundation will have accumulated \$6M in permanent capital and the usufruct of 3,5% will be used as a source of funding for student engagement projects in the field of science and technology.

### IMPORTANT NOTICE

It is important to note that the Québec government has only agreed to fund the Science and Technology category. FAF and FA will therefore be responsible for making the necessary representations with government agencies and private companies to extend the funding to other categories.

## FINANCED CATEGORIES

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### SCIENCE AND TECHNOLOGY

## OTHER CATEGORIES THAT THE FFA AND FA AIM TO FINANCE

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### ART, LITERATURE AND CULTURE



### MUTUAL AID, PEACE AND JUSTICE



### SOCIAL ECONOMY, ENTREPRENEURSHIP AND BUSINESS



### ENVIRONMENT



### HEALTH AND HEALTHY LIVING



### SOCIETY, COMMUNICATIONS AND EDUCATION

## HOW IT WORKS

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### AVAILABLE FUNDING

As part of its University Program, every year **Forces AVENIR +** will provide \$80,000 in funding for projects in the Science and Technology category. In total, eight (8) projects per year will be selected to receive funding.

Each project will receive a total funding of \$10,000.

### REGISTRATION AND SELECTION

To be eligible to receive funding, the projects submitted in the Science and Technology AVENIR category of the **Forces AVENIR** program must complete the **Forces AVENIR +** section of the application file on the online registration platform.

During the **Forces AVENIR** selection process, the provincial jury for the Science and Technology AVENIR category will select, from among all the projects that have indicated they wish to receive funding as part of **Forces AVENIR +**, the eight (8) projects that will be funded.

### FUNDING APPLICATION FORM

Once the project has been selected, in order to receive the funding, the members will need to complete the funding application form describing the project that will be carried out and explaining how they intend to use the money.

## Accountability report

Once the project has been implemented, the members will need to complete an accountability report explaining the project's progress.

**Starsailor**, *AVENIR Sciences and Technology Award Laureate 2025*



# Selection process



## Step 1

Students must register with Forces AVENIR and submit their application to their university.



## Step 2

Review of all applications by the university's local selection committee.



## Step 3

Review of all national applications submitted to Forces AVENIR by specialist jury members. A total of 56 jurors are involved in this stage!



## Step 4

Selection of award-winning personalities and the outstanding personality – Grand Personality Jury



## Step 5

Selection of the outstanding project by the Grand Jury of the university program, composed of 7 members.

## Step 6

Presentation of the winners at the Forces AVENIR University Gala at the Capitoile de Québec.



# Contact person at each university

## **ÉCOLE DE TECHNOLOGIE SUPÉRIEURE (ÉTS)**

**M. Martin Minville**  
Student Life Advisor  
martin.minville@etsmtl.ca

## **ÉCOLE NATIONALE D'ADMINISTRATION PUBLIQUE (ENAP)**

**Mme. Geneviève Cantin-Chartré**  
Advisor to Student Services  
genevieve.cantin-chartre@enap.ca

## **HEC MONTRÉAL**

**Mme. Joanne Diwan**  
Administrative director Student  
Life, Scholarship, financial aid  
joanne.diwan@hec.ca

## **INSTITUT NATIONAL DE LA RECHERCHE SCIENTIFIQUE**

**M. Yannick Machabee**  
Student Service Coordinator  
yannick.machabee@inrs.ca

## **POLYTECHNIQUE MONTRÉAL**

**M. Yan Guillemette**  
Agent responsable des pro-  
grammes de bourses et recon-  
naissances  
yan.guillemette@polymtl.ca

## **UNIVERSITÉ BISHOP'S**

**Mme. Katie Bibbs**  
Academic Facilitator  
kbibbs@ubishops.ca

## **UNIVERSITÉ TÉLUQ**

**M. Éric Lebrun**  
Administration officer  
eric.lebrun@teluq.ca

## **UNIVERSITÉ DU QUÉBEC EN ABITIBI-TÉMISCAMINGUE**

**Mme. Mélissa Dallaire**  
Student Life Counsellor  
melissa.dallaire@uqat.ca

## **UNIVERSITÉ DU QUÉBEC EN OUTAOUAIS (UQO)**

**M. Paul Courtemanche**  
Financial Aid Advisor  
paul.courtemanche@uqo.ca

## **UNIVERSITÉ CONCORDIA**

**M. Alexander Oster**  
Coordinator of Student Engagement  
alexander.oster@concordia.ca

## **UNIVERSITÉ DE MONTRÉAL**

**M. Louis-Philippe Lagredelle**  
Advisor to Socio-Economic Resources  
louis-philippe.lagredelle@umontreal.ca

## **UNIVERSITÉ DE SHERBROOKE**

**Mme Geneviève Bacon-Brochu**  
Coordinator In Support of Student  
Engagement  
genevieve.bacon-brochu@USherbrooke.ca

## **UNIVERSITÉ DU QUÉBEC À CHICOUTIMI (UQAC)**

**M. Patrice Séguin**  
Student Life Coordinator  
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## **UNIVERSITÉ DU QUÉBEC À MONTRÉAL (UQAM)**

**Mme Lorraine Lominy**  
Conseillère aux bourses d'études  
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## **UNIVERSITÉ DU QUÉBEC À TROIS-RIVIÈRES (UQTR)**

**M. Martin Lambert**  
Student Activities Coordinator  
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## **UNIVERSITÉ DU QUÉBEC À RIMOUSKI (UQAR)**

**CAMPUS DE RIMOUSKI**  
**Mme Véronique Potvin**  
Leisure Technician  
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**CAMPUS DE LÉVIS**  
**Mme Marie-Pascale Morin**  
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## **UNIVERSITÉ MCGILL**

**Mme Kathryn Weaver**  
Administrative Coordinator  
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## **UNIVERSITÉ LAVAL**

**Mme. Catherine Paradis**  
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