

FINDING TIME TO STUDY

WHEN STUDYING/TAKING COURSES REMOTELY/IN-PERSON

INSTRUCTIONS:

- Block off all committed time (job, recreation, etc.)
- Block off 3 hours per day for meals and 'down time'
- With the remaining time, determine "quality" hours for schoolwork in 1- or 2-hour blocks
 - Typically, when studying and taking classes remotely or in-person, you will need about 10 hours weekly per 3-credit course for studying and class time

	MON	TUES	WED	THURS	FRI	SAT	SUN
6-7 AM							
7-8							
8-9							
9-10							
10-11							
11-12							
12-1 PM							
1-2							
2-3							
3-4							
4-5							
5-6							
6-7							
7-8							
8-9							
9-10							
10-11							
11-12							



STUDENT SERVICES
Student Success Centre