

FutureBound

THE STUDENT SUCCESS CENTRE'S SKILL DEVELOPMENT PROGRAM
FOR UNDERGRADUATE STUDENTS

FALL 2022 INTERACTIVE CALENDAR

Do you see a workshop that interests you? [Click on the title to register now!](#)

 Career Development

 Communication & Digital Capabilities

 Innovation & Entrepreneurship

 Leadership & Collaboration

 Growth & Balance

SEPTEMBER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
12	13 Unlock the Power of Career Exploration Tools 10–11:30 a.m.	14	15	16
19	20	21	22	23 Entrepreneurship 101 2–4 p.m.
26	27	28	29	30 Intro to Startup Customer Discovery 2–4 p.m.

OCTOBER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Up-Skill to Boost Your Career Readiness 1:30–3 p.m.	4 The Procrastination Paradox: Strategies to overcome procrastination 12–1:30 p.m.	5 Building Your Career Story 10–11:30 a.m. H-771	6 Staying On Top of Your Sleep 11 am–12:30 p.m. Managing Anxiety 12–1:30 p.m.	7 Pitching 2–4 p.m.
10	11	12	13 How a Growth Mindset Can Change Your Life 10 am–12 p.m. Developing a Vision & Mission 1–3 p.m.	14 Communicate With Confidence: Public Speaking for Everyone, Part 1 10 am–12 p.m. H-771 Prototyping & Usability Testing 10 am–12 p.m. FB-600

OCTOBER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>17</p> <p>Leading From Where You Are: Why Leadership Is a Choice Not a Title 10 a.m.–12 p.m.</p>	<p>18</p> <p>Expand Your Excel Skills 6–8 p.m.</p>	<p>19</p> <p>Cultivate Your Career Happiness 1:30–3 p.m. H-771</p>	<p>20</p>	<p>21</p> <p>Communicate With Confidence: Public Speaking for Everyone, Part 2 10 am–12 p.m. H-771</p> <p>Intro to Design Thinking 2–4 p.m. FB-600</p>
<p>24</p>	<p>25</p>	<p>26</p> <p>Eating Well With Little Time or Money 12–1:30 p.m.</p> <p>ABCs of Podcasting 6–8 p.m.</p>	<p>27</p>	<p>28</p> <p>How to Build a Startup: The Lean Launchpad Series, Part 1 2–3:30 p.m. FB-600</p>

NOVEMBER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p>1</p>	<p>2</p> <p>How to Accelerate Teamwork With Good Questions 11 a.m.–12:30 p.m.</p>	<p>3</p>	<p>4</p> <p>How to Build a Startup: The Lean Launchpad Series, Part 2 2–3:30 p.m. FB-600</p>
<p>7</p>	<p>8</p> <p>Goal Setting Through Vision Boards 12:15–1:30 p.m. H-771</p>	<p>9</p> <p>How to Collaborate Remotely 11 a.m.–12:30 p.m.</p>	<p>10</p> <p>What Can I Do With My Major? 10–11 a.m. H-769</p>	<p>11</p> <p>How to Build a Startup: The Lean Launchpad Series, Part 3 2–3:30 p.m. FB-600</p> <p>Convince Me to Believe...You 2–4 p.m. H-771</p>
<p>14</p> <p>Is It Perfect...yet? 10–11:15 a.m. H-771</p> <p>Building Your Creative Muscle 2–4 p.m. H-771</p>	<p>15</p> <p>LinkedIn 101 10–11:30 a.m. H-771</p>	<p>16</p> <p>Interview Essentials 10–11:30 a.m. H-771</p> <p>Project Management Basics 1–2:30 p.m.</p>	<p>17</p>	<p>18</p> <p>How to Build a Startup: The Lean Launchpad Series, Part 4 2–3:30 p.m. FB-600</p>
<p>21</p>	<p>22</p> <p>Fail to Succeed 4–6 p.m.</p>	<p>23</p>	<p>24</p> <p>5 Best Practices to Build Authentic & Lasting Professional Relationships 10 a.m.–12 p.m.</p>	<p>25</p>