

Lilia Kefi

Montreal, QC | 450-132-1928
Jclarke123@outlook.com | linkedin.com/in/Jessica-clarke

Profile

- 3+ years of experience fostering youths' cognitive and social growth.
- Skilled in collecting, analyzing, and presenting data in lab settings using SPSS and Excel.
- Trained extensively on youth development, active listening, depression, grief, anxiety, suicide, panic attacks, sexual health, and mental health.

Education

Bachelor of Arts, Psychology Expected May 2036

Concordia University, Montreal, QC

- **Relevant courses:** Cognitive Development, Infancy, Fundamentals of Lifespan Development, Fundamental of Social Psychology, Research Methods (I & II), Statistical Analysis (I & II)

Research Experience

Research Assistant Sep 2034 – Sep 2035

Cognitive and Language Development (CLD) Lab, Montreal, QC

- Facilitated testing sessions by communicating to parents and their children tactfully
- Collected data and administered surveys for graduate student's dissertation
- Coded and analyzed data of 25+ participants aged 10-36 months old using SPSS
- Assisted with literature review on social learning behaviors and mechanisms in infancy

Volunteer Experience

Plusone Mentor Jan 2032 - Present

YMCA NDG, Montreal, QC

- Support 7 youth mentees aged 10-17 years old from diverse backgrounds with empathy and patience one-on-one, developing meaningful relationships with them
- Plan and implement 15+ individualized social and academic activities and workshops for mentees in collaboration with Support Workers and other volunteers
- Develop mentees' self-esteem, social skills, and personal relationships via activities

Active Listener

Sep 2034 – May 2035

Concordia Students' Nightline, Montreal, QC

- Referred students to appropriate community resources and services
- Offered empathic support and safe space for 5+ students per shift over the phone
- Supported 6 volunteers to deal with unresolved feelings and difficult calls

Computer Skills

- **Programming:** SPSS
- **Software:** Microsoft Office (Word, Excel, PowerPoint, Outlook), Zoom