

Park Ji-Hyun

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Profile

- Multilingual (French, English, Korean) health enthusiast with experience working in the community sector.
- Passionate about fostering positive community development through inclusive and creative leisure programming, events, and services.
- Skilled in event planning, community needs analysis, group facilitation, leadership, and interpersonal communication.
- Actively involved with sports and recreational Taekwondo for 5+ years.

Education

Bachelor of Arts - Specialization, Recreation & Leisure Studies Expected Dec 2040
Concordia University, Montreal, QC

- Relevant courses: Community Development and Leisure, Community Recreation Planning, Cultivating Creativity and Social Innovation, Program Planning

College Diploma Sep 2034 – May 2037
Recreation, Leadership & Community Development
Dawson College, Montreal, QC

Career-Related Experience

Program Assistant Intern Jan 2037 – May 2037
The Korean Language School of Greater Montreal, Montreal, QC

- Planned and implemented weekly one-on-one and small group Taekwondo sessions
- Assisted staff and volunteers to animate educational and socio-cultural activities in Korean, English, and French
- Successfully planned and executed cultural events, creating a sense of belonging and inclusivity among community members

Recreational Athletics Intern Jan 2036 – May 2036
Selwyn House, Montreal, QC

- Facilitated skills and player development of 20 young and motivated students
- Organized fun and accommodating one-on-one and team activities for students
- Liaised with coaches and physical education teachers to animate their hockey program

Recreation Intern Jan 2035 – May 2035
Centre Greene, Montreal, QC

- Collaborated with educators and counselors to carry out day-to-day activities
- Animated creative workshops for young children with special needs
- Facilitated daily camp activities with 10+ campers in a stimulating environment
- Ensured physical, psychological, and emotional safety of 25+ participants

Other Work Experience

Sales Associate

Jun 2035 – Mar 2038

Sports Experts, Montreal, QC

- Analyzed 20+ clients' needs daily while handling their complaints and inquiries quickly
- Managed various sections on the sales floor, keeping inventory clean and orderly
- Balanced and prepared accurate financial and inventory reports daily

Volunteer Experience

Assistant Instructor

Jun 2035 – Present

Kim's Taekwondo, Montreal, QC

- Instruct 5 basic and advanced level Taekwondo classes to students of all ages
- Support 3 instructors while simultaneously completing training for black belt certification
- Coordinate logistics for local tournaments, drawing competitors from across Quebec
- Coach 2 students who attained gold medals in 3 local and provincial competitions (2038)

Lead Organizer

Sep 2035 – May 2036

Montreal Korean Language & Culture Centre, Montreal, QC

- Led a team of 5 organizers to coordinate language exchange workshops
- Taught Korean to a class of 30 English and French-speaking participants

Licenses & Certifications

Standard First Aid, CPR and AED (Exp. Mar 2041)

Mar 2038

Heart & Stroke

4th dan Black Belt (Taekwondo)

Sep 2037

Kim's Taekwondo

Computer Skills

- Google Sheets/Slides, MS Word/Excel/PowerPoint, Zoom

Hobbies & Interests

- **Taekwondo:** trained since 2030; led small groups after getting 3rd dan black belt in 2035
- **Teaching** small classes on arts, Korean, and Taekwondo