The Institute for Co-operative Education offers a number of work-integrated learning opportunities to students in the Faculty of Arts and Science. Work-integrated learning is a model of experiential learning that bridges the academic program and the world of work. It provides students with the opportunity to combine study with paid work terms in their chosen fields.

Co-op options are available in the following departments:

- Biology
- Chemistry and Biochemistry
- Economics
- Études françaises
- Journalism
- Mathematics and Statistics
- Physics
- Political Science
- Sociology and Anthropology

(Please refer to §24 of this Calendar and the appropriate units for additional information.)