CREATIVE ARTS THERAPIES

Section 81.80

Faculty

Chair
YEHUDIT SILVERMAN, MA Lesley University; Associate Professor

Professors
SANDRA CURTIS, PhD Concordia University
STEPHEN SNOW, PhD New York University

Associate Professors
BONNIE HARNDEN, MA Concordia University
LOUISE LACROIX, MFA Concordia University
JOSÉE LECLERC, PhD Concordia University
JANIS TIMM-BOTTOS, PhD University of New Mexico
GUYLAINE VAILLANCOURT, PhD Antioch University

Assistant Professor
LAUREL YOUNG, PhD Temple University

Affiliate Professor
LELAND PETERSON, MA School of the Art Institute of Chicago

For the complete list of faculty members, please consult the Department website.

Location

Sir George Williams Campus
Visual Arts Building, Room: VA 264
514-848-2424, ext. 4790
concordia.ca/finearts/creative-arts-therapies

Department Objectives

The Department of Creative Arts Therapies offers a program of study with options of specialization in Art Therapy and Drama Therapy, and Music Therapy, leading to the degree of Master/Magisteriate of Arts in Creative Arts Therapies. In addition, the Department offers a Graduate Certificate in Music Therapy. Three introductory courses, which are prerequisites for admission to the Art Therapy and Drama Therapy MA Options, and the Graduate Certificate in Music Therapy, are offered at the undergraduate level. These courses are designed to provide prospective students with a foundation in either Art Therapy, Drama Therapy, or Music Therapy.

Courses

CATS 210 Introduction to Creative Arts Therapies (3 credits)
Students are introduced to the basic concepts and practices of creative arts therapies, including visual art, drama, music, and dance. Students study general theories and themes common to all of the creative arts therapies that may include creative projection, the role of the witness, expression, symbols, meaning making, and therapeutic alliance. These themes are explored through readings, videos, assignments, blogs and creative journals. Students are introduced to specific sites where creative arts therapists practise with diverse populations to gain a basic understanding of how the creative arts therapies function and the range of professional practices.

Art Therapy:

This course is intended as partial preparation for graduate studies in the field of art therapy.

ATRP 301 An Introduction to Art Therapy (3 credits)
Prerequisite: 30 credits; PSYC 200 or equivalent, six credits in Studio Arts. This course provides an introduction to the subject and profession of art therapy, including its history, key processes, and selected approaches. Didactic and experiential components provide students with a broad understanding of the application of basic concepts in art therapy.
Drama Therapy:

This course is intended as partial preparation for graduate studies in the field of drama therapy.

**DTHY 301  An Introduction to Drama Therapy** (3 credits)
Prerequisite: 30 credits; PSYC 200 or equivalent; permission of the Department of Creative Arts Therapies. This course provides an introduction to the subject and profession of drama therapy, including its history, key processes, and selected approaches. Didactic and experiential components provide students with a broad understanding of the application of basic concepts in drama therapy. **NOTE:** Students who have received credit for TDEV 421, DFHD 421, or DINE 420 may not take this course for credit.

Music Therapy:

This course is intended as partial preparation for graduate studies in the field of music therapy.

**MTHY 301  An Introduction to Music Therapy** (3 credits)
Prerequisite: 30 credits; PSYC 200 or equivalent; six credits in Music. This course provides an introduction to the subject and profession of music therapy, including its history, key processes, and selected approaches. Didactic and experiential components provide students with a broad understanding of the application of basic concepts in music therapy.