



**Winterfest 2024:** Learning by doing

# How to integrate skill-building opportunities into your course

Alice Isac & Andrea Taylor



**We acknowledge that  
Concordia University  
is located on unceded  
Indigenous lands.**



## Agenda

- Housekeeping
- Discuss experiential learning and skills
- Introduce FutureBound
- Activity (20 min.)
- QA

# Format & tech support

- This session will be recorded through Zoom and shared on CTL / EL websites.
- We are online today
- Turn on closed captions with the CC button on Zoom – captions are auto-generated
- If you are experiencing any technical issues, please reach out to our online support (Emilie Albert-Toth) through Zoom private chat

# Interaction in today's session

- Send questions to presenters in **Q&A** feature on Zoom
- Use **Chat** feature to chat with other attendees / online facilitator (Emilie).
- Feel free to be on/off camera.
- Kindly make sure you are on mute when not speaking.

# Winterfest 2024

## Learning by doing: Engage your students with experiential learning

Presented by The Centre for Teaching and Learning and the Experiential Learning Office.

Discover ways of incorporating "learning by doing" through hands-on activities, focused reflection that inspires student engagement and deeper learning.

Learn from faculty, students, and practitioners about EL: what it is, how to integrate it, and resources available at the university.

**Winterfest sessions: January 29 to February 16, 2024.**

# What is experiential learning?

EL is learning by doing.

- Active, hands-on process
- Learners apply knowledge, practice skills, and engage in reflective learning.

Reflection before, during and after the experience is crucial to the learning process.





# Course-Integrated EL Activities

- Labs
- Case studies
- Exhibits
- Performances
- Games and roleplaying
- Capstone projects
- Practica
- Simulations
- Industry projects
- **Workshops**

A group of people are gathered around a table in what appears to be a meeting or collaborative work environment. The image is overlaid with a semi-transparent blue filter. In the center, a woman with curly hair and red glasses is smiling widely, looking towards the camera. To her right, another woman is smiling and looking towards the left. In the foreground, the back of a person's head and shoulders is visible, looking towards the group. The background shows a blurred office setting with windows and a wall vent.

# Zoom Poll #1



# Best Practices for Course-Integrated EL

- Active application of theory
- High degree of realism
- Facilitated reflection
- Identification of skills**
- Connection to life after graduation



# Zoom Poll #2



# Skills in the Classroom

# EL Skills

- Time management
- Communication
- Active listening
- Coordination
- Self-awareness
- Initiative and self-direction
- Teamwork & collaboration
- Empathy
- Judgment & decision-making
- Conflict resolution
- Reflection
- Leadership
- Social perceptiveness
- Negotiation
- Persuasion
- Creativity
- Public speaking
- Global & cultural awareness
- Adaptability
- Relationship building
- Digital mindset

A photograph of a group of people in a meeting, overlaid with a blue tint. In the center, a woman with curly hair and red glasses is smiling broadly. To her right, another woman is also smiling. In the foreground, the back of a person's head and shoulders is visible, looking towards the group. The background shows a blurred office environment with windows.

# Zoom Poll #3

# FutureBound

The Student Success Centre's skill development program for undergraduate students

**DEVELOP NEW SKILLS**  
**GROW YOUR NETWORK**  
**BE CAREER READY**

[CONCORDIA.CA/FUTUREBOUND](https://concordia.ca/futurebound)



**STUDENT SERVICES**  
Student Success Centre

# FutureBound Core Skill Modules

Complete 4 activities per module and get a certificate!

Innovation & Entrepreneurship



Career Development



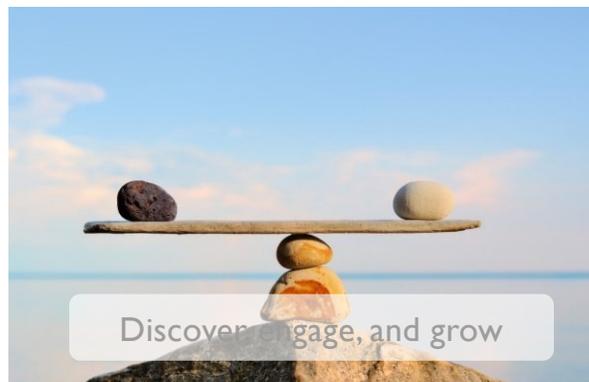
Communication & Digital Capabilities



Leadership & Collaboration



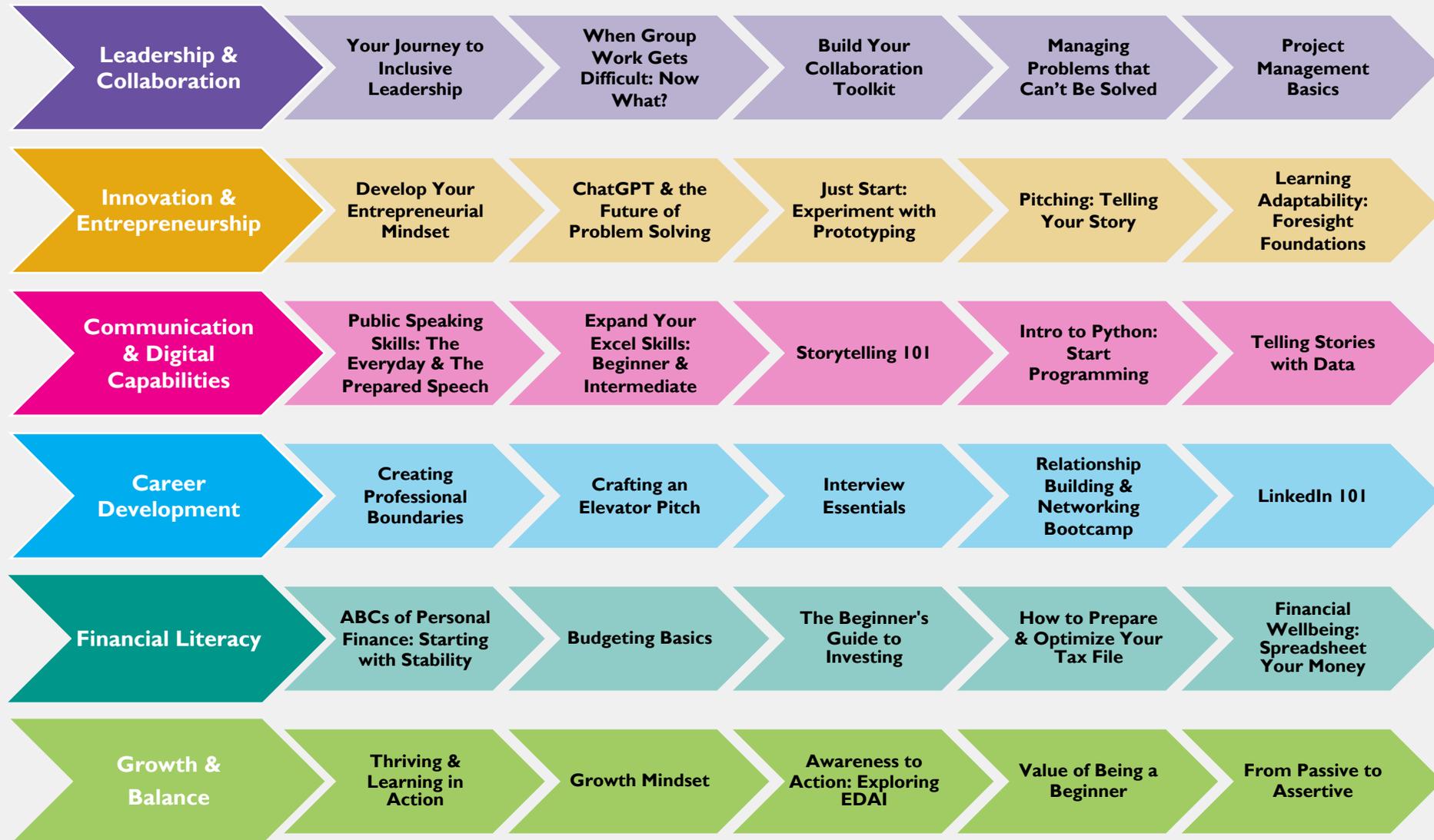
Growth & Balance



Financial Literacy



# Snapshot of **FutureBound** Programming



# Highlights from 2019 to 2023

22,000

Registrations in  
FutureBound  
Activities

10,225

Attendances in  
FutureBound  
Activities

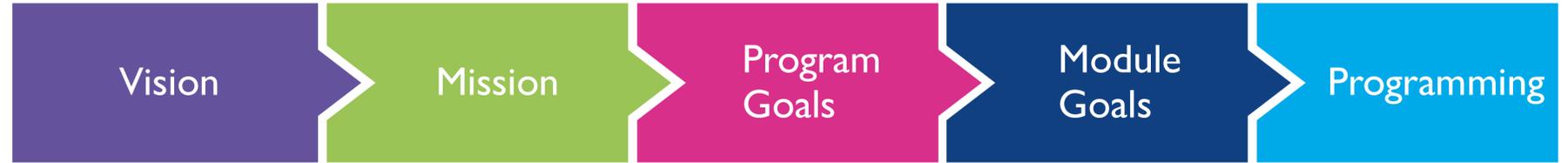
500

Workshops &  
Events Offered

661

Certificates  
Issued

# FutureBound Framework



## **VISION**

FutureBound's vision is that all undergraduate students leave Concordia feeling confident, capable and career-ready.

## **MISSION**

Our mission is to support students to develop the competencies they need to successfully navigate the transition from university to professional life and thrive in the workplace of tomorrow.

FutureBound facilitates high-quality, hands-on learning experiences for students and helps them recognize, understand and articulate the value and transferability of those experiences.

FutureBound creates opportunities for students to get to know each other, develop personal and professional relationships, and work collaboratively.

FutureBound helps students to expand their interests, explore outside their discipline, and support their personal and professional growth.

FutureBound fosters meaningful inquiry and thoughtful reflection.

# Public Speaking Bootcamp Summer 2023



“Aim for connection, not perfection.”

“

Fantastic presentation, and great facilitation of the learning activity. I'm always amazed at the consistent quality of the workshops & learning environment.

“I really liked how the design process was simulated, that it encouraged working with others and thus, open mindedness to change and differing views and experiences.”

*FutureBound Design Challenge, Fall 2023*

“As always, I love the practical application (e.g. coming up with our own pitches) - really solidifies the learning in a low-stakes environment, which makes a difference!”

*Pitching: The Story of You, Fall 2023*





“ I felt very welcomed and encouraged to ask questions. I really appreciated the opportunity to engage with like-minded individuals. ”

## **When Group Work Gets Difficult: Now What?**

"I will be applying this to all aspects of my life because group/team work is a part of life whether doing a school project or at a job. i will also be applying this to my personal life in terms of communicating with myself and what my needs/wants are"

## **Public Speaking Bootcamp**

"Learned how to manage stress before speaking:As a student at Concordia, I often have group projects where public speaking to the class is a requirement. So I will be able to apply what I learned here to my education. Additionally, I have learned techniques for speaking not only to a group of people but also skills to use when talking to friends or family."

## **Become a Pro Presenter**

"I learned body language to appear confident" I will use it when I have conversations with students or when I am presenting in class"

## **Public Speaking Skills, The Everyday & The Prepared Speech**

"With utmost confidence, I can say that this workshop transformed my oral presentation skills, providing valuable tips, explanations, and practice"



Niem Huynh



Melanie Ireland



Alexander Sinora



Megan Webster



Chris Enns



Sophia Beausoleil

# Ways to integrate FutureBound into your course

- **Highlight** FutureBound on your Moodle page and/or in your course syllabus
- **Invite** the FutureBound team to do a short pitch at the beginning of the semester
- **Review** our semester calendar and select skills development workshops that will support students in your course
- **Collaborate** with the FutureBound team to integrate tailored offerings into your syllabus



**FutureBound**  
THE STUDENT SUCCESS CENTRE'S SKILL DEVELOPMENT PROGRAM  
FOR UNDERGRADUATE STUDENTS

**WINTER 2024 INTERACTIVE CALENDAR**

Legend: Career Development (blue), Communication & Digital Capabilities (pink), Innovation & Entrepreneurship (orange), Leadership & Collaboration (purple), Growth & Balance (green), Financial Literacy (teal)

|         | MONDAY  | TUESDAY   | WEDNESDAY  | THURSDAY  | FRIDAY  |
|---------|---|---|--|---|---|
| JANUARY | 22<br>The Value of Being a Beginner<br>1-3 p.m.   H-771   | 23  | 24<br>Arduino 101<br>2-4 p.m.   LB-205   | 25<br>Develop Your Entrepreneurial Mindset<br>1-3 p.m.   FB-420   | 26<br>Budgeting Basics<br>12-1 p.m.   |
|         | 29<br>Crafting an Elevator Pitch (CAPS)<br>10-11 a.m.   H-771<br>Intro to Python: Start Programming<br>4:30-6:30 p.m. | 30  | 31<br>Expand Your Excel Skills: Beginner<br>5-7 p.m.   | 1<br>Budgeting with Loans, Gifts & Other Lump Sums<br>11 a.m.-12:30 p.m.<br>Interviewing: The Art of Questioning & Listening<br>1-3 p.m.   FB-400 | 2<br>Thinking Critically About AI Tools<br>2-3:30 p.m.   LB-205   |
|         | 5   | 6<br>Are You Permalicious?<br>10:15 a.m.-12:15 p.m.<br>H-769 & H-771<br>ChatGPT & the Future of Problem Solving<br>1:30-3:30 p.m.   H-771 | 7<br>Design for 3D Printing<br>2-4 p.m.   LB-205<br>Expand Your Excel Skills: Intermediate<br>5-7 p.m.   | 8<br>Pitching: Telling Your Story<br>1-3 p.m.   FB-420  | 9<br>Salary, Flexibility & Values: Things to Negotiate for in the Workplace<br>1-3 p.m.   H-771                       |
|         | 12<br>ABCs of Personal Finance: Starting with Stability<br>12-1:30 p.m.   | 13<br>Self-Care & Time Management<br>10:15 a.m.-12:15 p.m.<br>H-769 & H-771<br>Map Your Future! (CCET)<br>1:15-2:45 p.m.   H-771          | 14<br>Awareness to Action: Exploring Equity, Diversity, Accessibility & Inclusion<br>12-2 p.m.   LOY CC-301<br>Algorithmic Bias<br>2-4 p.m.   LB-205 | 15<br>Just Start: Experiment with Prototyping<br>1-3 p.m.   FB-420  | 16<br>How a Growth Mindset Can Change Your Life<br>10 a.m.-12 p.m.  |
|         | 19<br>Storytelling 101<br>12:30-2:30 p.m.   H-771   | 20<br>Character Strengths & Note-Taking<br>10:15 a.m.-12:15 p.m.<br>H-769 & H-771<br>Passion to Pathway (CCET)<br>1:15-2:45 p.m.   H-771  | 21<br>Public Speaking: The Everyday, Part 1<br>3-5 p.m.   H-771  | 22<br>Intro to Design Thinking<br>1-3 p.m.   FB-420   | 23<br>LinkedIn 101 (CAPS)<br>10-11:30 a.m.<br>Relationship Building & Networking Bootcamp (CAPS)<br>12-2 p.m.   H-771 |



# Identifying Skills

Activity

# Activity: Identifying EL skills

1. Take 7 minutes to answer questions 1-3 on your worksheet using your own course or our sample course.
2. Breakout into groups of 3 for 10 minutes.
3. Choose a course from within your group or use our sample course.
4. Discuss questions 1-5 on the worksheet.
5. Come back to the group.

# A checklist for classroom skills

- Include a list of skills in the course outline.
- Refer to the specific skill during course activities.
- Build them into the evaluation:
  - Add them to the grading rubric
  - Add them to your learning outcomes
- Include an applied workshop into your course activities.

A blue-tinted photograph of a person's hand raised in a meeting. The hand is in the foreground, reaching upwards. In the background, a person is blurred, and a whiteboard with charts is visible. The text 'Q & A' is overlaid on the left side of the image.

**Q & A**

# We want your feedback!

Please take a few minutes to complete the form to help us improve on future events like this.

Winterfest 2024 Feedback- How to Integrate Skill-Building Opportunities into your Course



# Thank you



**Winterfest 2024:** Learning by doing



Alice Isac  
Experiential Learning  
[alice.isac@concordia.ca](mailto:alice.isac@concordia.ca)

Andrea Taylor  
FutureBound  
[andrea.taylor@concordia.ca](mailto:andrea.taylor@concordia.ca)

