

WHAT TO PACK



ESSENTIALS

Medication
Prescriptions
Passport
Immigration documents
ID cards
Medical records
Vaccine records
Cell phone
Wallet
Credit card
Debit card

CLOTHING

Pyjamas
Bath robe
Flip flops/shower shoes
Casual wear
Workout / athletic wear
Dress clothes
Umbrella
Rain boots
Rain jacket
Mittens and/or gloves
Hat and scarf
Waterproof winter boots
Warm socks
Parka

FOR YOUR ROOM

Pillows, pillowcases, sheets, duvet
Towels
Hangers
Power bar with surge protection
USB stick
Extension cord
Broom
Handheld vacuum
Mirror
White sticky tack
Dish soap and towels, sponge
Mugs
Can opener
Dishes (plates, bowls, glasses)
Cutlery, cutting board
Containers for food storage
Sewing kit for minor mending

WHAT TO PACK



SANITARY & HEALTH

Toothbrush
Toothbrush holder
Shampoo
Conditioner
Razor
Razor blades
Toiletries bag
Shower caddy
Body wash
Hand sanitizer
Kleenex
Hair dryer, curling iron, flatiron, etc.
Bandages
Aspirin, ibuprofen, acetaminophen
Antibiotic wipes
Hydrogen peroxide
Sunscreen
Tweezers
Nail clippers
Cleaning supplies and caddy
Paper towels
Cleaning wipes
Laundry bag or basket
Laundry detergent
Toilet paper (semi- or private rooms)

ITEMS TO CONSIDER

Alarm clock/radio
Headphones for your computer
Electric instrument headphones
Printer
Electric fan
Insurance for your personal property
Scissors
Stapler and staples

WHAT NOT TO BRING



See a list of prohibited items