THE VALUE OF YOUR DONATION TO CENTRAIDE

Thanks to your $52 gift to Centraide ($2 X 26 pays, $1 X 52 pays, $2.17 X 24 pays, $4.33 X 12 months)
Your donation allows 10 people to follow a collective cooking workshop for 3 hours. They will leave with meals for the week, while developing their support network.

Thanks to your $130 gift to Centraide ($5 X 26 pays, $2.50 X 52 pays, $5.42 X 24 pays, $10.83 X 12 months)
Your donation will allow 3 at-risk primary school children to start the year off right thanks to a school bag, basic school supplies, a lunch box and food for one week from a neighbourhood thrift store.

Thanks to your $208 gift to Centraide ($8 X 26 pays, $4 X 52 pays, $8.66 X 24 pays, $17.33 X 12 months)
Your donation will allow 10 seniors to learn how to communicate with their families online during an 8-week intro-to-computers workshop.

Thanks to your $260 gift to Centraide ($10 X 26 pays, $5 X 52 pays, $10.83 X 24 pays, $21.66 X 12 months)
Your donation allows 20 family caregivers to take a 10-week training program on mental illness. They get information and advice about how to face the challenges of caring for someone with a mental health problem.

Thanks to your $312 gift to Centraide ($12 X 26 pays, $6 X 52 pays, $13 X 24 pays, $26 X 12 months)
Your donation will allow a tutor to provide homework assistance for a teen for more than half the duration of a school year. Parents also learn how to better help their children with their studies.

Thanks to your $520 gift to Centraide ($20 X 26 pays, $10 X 52 pays, $21.66 X 24 pays, $43.33 X 12 months)
Your donation will allow 350 needy people receive a hot meal in a community cafeteria, while benefiting from the assistance of an on-site community worker.

Thanks to your $1,200 gift to Centraide ($45.15 X 26 pays, $23.08 X 52 pays, $50 X 24 pays, $100 X 12 months)
Your donation allows 17 staff members from Centraide supported agencies to take part in a day-long training session on best practices in order to work effectively with vulnerable individuals.