

STUDENT PARENTS' RESOURCE GUIDE

Please consult some of the following resources for further information about their services. The following organizations are a part of Concordia University. To call all departments, please call (514) 848-2424, and then the extension. More information can be found on the University's website: www.concordia.ca.

CENTRES

Counseling and Development

Offers 10 free sessions with a personal counselor, as well as career placement services, life skills workshops and academic support.

Contact:

ex. 3545 SGW ex. 3555 Loyola

Health Services

Consultation with a nurse or physician, walk-in and appointments available.

Contact:

ex. 3565 SGW ex. 3575 Loyola

Multi-faith Chaplaincy

Offers emergency food vouchers, weekly inexpensive meals as well as counseling and referrals.

Contact:

ex. 3593 SGW ex. 3588 Loyola

Centre for Native Education

Offers counseling and referral, tutoring, and a study and lounge space.

Contact:

ex. 7326

CHILDCARE

QPIRG Childcare Collective

Contact:

Childcarecollective@riseup.net

FINANCIAL AID

Boire Bursary for Single Parents

Based on enrollment and academic standing. Available to all undergraduate single student parents, regardless of citizenship, as part of the In-Course Bursary Program.

Contact:

Application through MyConcordia Portal

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Please note that the following organizations are not part of Concordia University.

LEGAL INFORMATION

Legal Information Clinic (Montreal YWCA)

Offers both men and women legal information through the use of volunteer lawyers. Individual 30-minute sessions are available by appointment only for the nominal cost of \$5. Each person can benefit from this service a maximum 3 times per year

Martine Menard
514-866-9941 ext. 293
infojuridique@ydesfemmesmtl.org

Women's Centre of Montreal

Offers free legal information

3585 St-Urbain
Montréal, Quebec H2X 2N6
514-842-1066

CAREER RESOURCES

Employability (Montreal YWCA)

Employment and career counseling programs

514-866-9941 ext. 416
ose@ydesfemmesmtl.org

Single Mothers Program (Montreal YWCA)

A 19-week group program designed to encourage integration into the workforce. The Single Mothers program is focused on personal, social and career development; includes workshops, guest speakers and the opportunity for a 2-4 week internship in the career of your choice.

514-866-9941 ext 416

Montreal YWCA

1355 Rene Levesque Blvd. West.
Montreal, Quebec H3G 1T3
514-866-9941
<http://www.ydesfemmesmtl.org/>

HOUSING

Societe d'habitation et de developement de Montreal (SHDM)

Owns about 5,600 residential rental units that are rented out at slightly lower than market value. Students are eligible.

514-380-7436
www.shdm.qc.ca

Office municipal d'habitation de Montreal (OMHM)

Has about 20,000 subsidized rental units, offered to those below the poverty line. Available to full-time student parents.

514-872-6442
www.omhm.qc.ca

ONLINE PARENT COMMUNITY

Canada's Parenting Community

An online community which includes message boards, podcasts, blogs, recipes, articles (on parenting, single parenting, home keeping, family fun, 'just for dads', fitness and health, etc). Get information on pregnancy, babies, toddlers and preschoolers, grade schoolers, tweens and teens. Select 'Ask an Expert' and you will be linked to a list of experts that include a pediatric dentist, nutritionist, child and family therapist, childbirth expert, occupational therapist, infant massage expert, hypnotherapist and a sleep expert.

www.canadianparents.com

Montreal Families

www.montrealfamilies.ca

HEALTH SERVICES

The Child, Youth and Family Health Network

Aurore Cote
514- 412-4442
email : acote_reseau@muhc.mcgill.ca
<http://www.reseaudesanteenfant.com>

SUPPORT GROUPS

One Parent Family Association (West Island Chapter)

O.P.F.A. is an organization built to benefit both single parents and their children. Gives parents and children the sense of belonging as they interact with others in the same single parent situation; group and recreational activities include bowling, BBQ's, dances and family day.

224 Pierrefonds
Montreal, Quebec H9H 4K9
Contact : Jacques Pineault (514) 685-2717
Email: wellnessthru prevention@videotron.ca
Website: <http://www.oneparentfamiliesassociation.ca/>

Bouufe Action de Rosemont

514-523-2460
www.rrondissement.com

Dads and Daughters

<http://www.thedadman.com>

West Island Women's Centre

A non-profit volunteer organization dedicated to improving the quality of life of women. To reach this objective, the Centre offers educational, health-related and leisure courses and seminars, provides a support network for women, raises personal and community awareness, promotes women's issues.

70 Belmont
Pointe-Claire, Quebec
514-695-8529
email: wiwc@qc.aibn.com
website: <http://www.wiwc.ca/>

Family Net

A drop-in support group for mothers with young children. Trained volunteers provide stimulating activities for children while mother enjoy group discussion and educational speakers. Lunch is provided. Mothers with newborns to 5 years.

7405 Harley (N.D.G.)
Montreal, Quebec
514-485-1670

Parents and Preschool Program

Free playgroup for children with simultaneous support group for parents. Non-denominational

850 Dominion (corner St. Antoine)
Montreal, Quebec
514-937-5351 ext. 266
Good Shepherd Community Centre

The Salvation Army - Mom and Tots Group

88 Ballantyne N.
Montreal West, Quebec
514-228-2848 ext. 270
Montreal West United Church

McGill Women's Domestic Violence Support Group

Cynthia Sveronos
514-398-2686

CRISIS RESOURCES

Parents Line

514-288-5555

Suicide-Action Montreal

514-723-4000

Assistance Maternelle

Baby clothing with reference letter from a CLSC nurse.

148 rue de L'Epee
Outremont, Quebec H2V 3R5
514-279-1064

CHILDCARE

St. Columba House

For families living in Point St. Charles. Offers after-school childcare and literacy-focused summer day camps.

2365 Grand Trunk
Montreal, Quebec H3K 1M8
514-932-6202

Childcare, Daycare and Home care Locator

Search the area where you live for any childcare services you require.

http://www.mfa.gouv.qc.ca/services-en-ligne/localisateur/index_en.asp

Ethan's Playground

Friday evening babysitting service

514-683-2811
<http://www.ethansplayground.com/>

Fundomondo

Bring your socks and have a blast for a few hours! With two play structures, one for ages 3 and under with a soft play area and one for the over three crowd that reaches up 20 feet! Mom, you can enjoy a cup of coffee or one of the "best grilled cheese sandwiches in the world" while your child explores! Drop off playtimes are also available, please call for details!

245 Q Boulevard St. Jean
Plaza Pointe Claire
Pointe Claire, Quebec H9R 3J1
514-697-5678
www.fundomondo.ca

Downtown YMCA

For children up to 5 yrs old, with a minimum registration of 3 half-days or 2 full days a week.

1440 Stanley street
Montreal, Quebec H3A 1P7

514-849-8393 ext. 777

Enfant et Compagnie

Drop off daycare, maximum 3 hours

514-327-8484

FOOD BANKS

Mada

6700 Cote des Neiges
#218, Montreal, Quebec
514-342-4969

Mission of the Great Shepherd

2510 Centre St.
Montreal, Quebec
514-933-9608

Multi-Caf

6585 Cote des Neiges
Montreal, Quebec
514-733-0554

N.D.G. Food Depot

2121 Oxford St.
Notre Dame de Grace
Montreal, Quebec
514-483-4680

Share the Warmth

625 Fortune St.
Montreal, Quebec
514-933-5599

Sun Youth

Appointments Only.

4251 St. Urbain
Montreal, Quebec
514-842-6822

PARENTING PROGRAMS

Amcal

Various workshops available.

7 Ste-Anne Street
Pointe-Claire, Quebec H9S 4P6
<http://www.amcal.ca/>
514-694-3161

CCS

Various groups: parenting, divorce/separation, self-esteem and single fathers.

Catholic Community Services Inc.
1857 De Maisonneuve Blvd. West
Montreal, Quebec H3H 1J9
514-937-5351
<http://www.ccs-montreal.org>

Centre MDC

Parenting Support Programs

514-695-8118

Le Pivot Youth and Family Services

Programs and workshops that teaches parenting skills

514-574-5658

Parentaide Plus

Various parenting courses

514-633-8944
http://www.parentaideplus.com/pages/english_home.html

Parent-Child Resource Centre

Parent training and support groups

2791 Cote Ste. Catherine
Montreal, Quebec H3T 1B5
514-733-4959 ext. 225

Tac Tics Resource Services

Parenting workshops/support groups

514-487-3533

The Family Resource Centre

Support services for individuals and families

514-685-5912

Tyndale St. Georges Community Centre

For families of little Burgundy. Offers summer day camps, parenting programs/workshops and parents' support group.

870 Richmond Square
Montreal, Quebec H3J 1V7
514-931-6265

Your local CLSC

Prenatal and other parenting programs

SEXUAL ASSAULT SUPPORT

Centre de Femmes de Montreal

3585, Saint. Urbain
Montreal, Quebec
514-842-4780
<http://www.centredesfemmesdemtl.org/>

Montreal Assault Prevention Centre

237 Succ. Place du Parc
Montreal, Quebec H2W 2M9
514-284-1212

Sexual Assault Centre for Victims

514-934-4504

Sexual Assault Centre of McGill Students' Society

Box 181
3480 McTavish
Montreal, Quebec H3A 1X9
514-398-8500
<http://www.sacomss.org/>

SUPPORT SERVICES

Women on the Rise

Helping mothers to help themselves by providing support programs and services with parents with children from 0-5 yrs old. Programs include a parenting program, early childhood education program and 'Time off for Mom'.

6870 rue de Terrebonne
Montreal, Quebec H4B 1C5
514-485-7814
womenontherise@bellnet.ca

Elizabeth House

For young anglophone parents. Offers housing assistance, childcare, parental support and counseling.

514-482-2488

Head and Hands

For parents under 25. Offers workshops on health and parenting skills, free furniture and clothing, parenting support groups, and individual services.

5833 Sherbrooke West.
Montreal, Quebec H4A 3P5
514-481-0277

Project Chance

For single mothers. Offers affordable housing for mothers and their children, childcare and support programs for residents.

3860A Canvendish Blvd.
Montreal, Quebec H4B 2N3
514-369-1010

Maman, Bebe, et Café

A relaxing, community focused destination that nurtures young parents and children alike with play spaces, activities, a studio for fitness, art and music and even a spa for the parents.

5814 Sherbrooke St. West.
Montreal, Quebec
514-509-7494
email: info@mamanbebecafe.com
<http://php.mamanbebecafe.com/>

Native Women's Centre of Montreal

2000 rue Notre-Dame H3J1T4
Montreal, Quebec H3J 1T4
Jean Stevenson, Executive Director
514-933-4688

Centraide

www.centraide-mtl.org

AMCAL

Youth and family counseling

7 Ste-Anne Street
Pointe-Claire, Quebec H9S 4P6
514-694-3161
<http://www.amcal.ca/>

Batshaw Youth Services

Youth and family counseling

5 rue Weredale Park
Westmount, Quebec H3Z 1Y5
514-989-1885
www.batshaw.ca

Black Community Resource Centre

514-342-2247

CCS

Parenting, divorce/separation, self-esteem and single father groups

514-937-5351

Chinese Family Services

987 Cote St. 4/F
Montreal, Quebec
514-861-5244

Jewish Women International of Canada

5800 Cavendish Blvd. #407
Cote St. Luc, Quebec H4W 2T5
514-487-2330
<http://www.jwicanada.com/>

Le Pivot Youth and Family Services

Family support and counseling services

514-574-5658

Native Friendship Centre

2001 St. Laurent Boulevard
Montreal, Quebec H2X 2T3
514- 499-1854
<http://www.nfcm.org/>

Sun Youth

Offers services to youth, seniors, low income individuals or families with special needs

4251 St. Urbain Montreal
Montreal, Quebec H2W 1V6
514-842-6822
<http://www.sunyouthorg.com/>

TELEPHONE HELP LINES

Education Cou-de-Fil

Parent hotline manned by trained counselors who offer support and refer callers to resources

514-525-2573

Parents Line

Offers listening and intervention assistance to parents

514-288-5555

Sexual Assault Centre for Victims

514-934-0354 ext. 7455

SOS Spousal Abuse

Offers listening and referral to victims of domestic violence (for women) -24 hour help line

800-363-9010

WOMEN'S SHELTER'S

Auberge Shalom pour femmes

514-731-0833

Chez Doris

1430 Chomedey
Montreal, Quebec
H3H 2A7
514-937-2341

Logifem

2235, rue St-Jacques Ouest
Montréal Quebec H3J 1H6
514-939-3172

Montreal Women's Aid

514-270-8291

Salvation Army – Women's Emergency Shelter

514-934-5615

LITERATURE

Going back to School by Frank Bruno
The Complete Idiot's Guide to Going Back to College by Dolores A. Mize Ph.D
You Can Do It: A Guide for the Adult Learner by Harry G. Turner

DAYCARE

Agence De Svc De Garde (1030 Rue Cherrier # 304, 514-523-0659)
Castelet (5594 Rue Sherbrooke O, 514-485-2855)
Garderie A Moi Mes Enfants (7571 17e Ave, 514-721-2957)
Garderie Alexis Le Trotteur (5611 Rue Clark, 514-270-6826)
Garderie Am Stram Gram (3557 Rue Saint-Urbain, 514-843-7918)
Garderie Au Foyer Du Bonheur (6975 Av Papineau, 514-729-3336)
Garderie Bobino & Bobinette (12505 28e Ave, 514-648-2317)
Garderie Chez Nous Chez Vous (8605 Rue Berri, 514-382-8712)
Garderie Coeurs De L'île Inc (830 Rue Saint-Antoine E, 514-879-1544)
Garderie College Ahuntsic (9155 Rue Saint-Hubert, 514-389-0368)
Garderie DO Re Mi (7400 Rue Sherbrooke O, 514-485-2890)
Garderie Dawson (3040 Rue Sherbrooke O, 514-939-0701)
Garderie De Jour St Zotique (6681 Rue Saint-Denis, 514-274-4795)
Garderie De Petit Reseau (1250 Rue Jeanne-Mance, 514-874-0206)
Garderie Duluth (3820 Rue Saint-Dominique, 514-843-6640)
Garderie Educative Sherbrooke (3120 Rue Sherbrooke E, 514-525-0320)
Garderie Faby Enr (6639 Av Papineau, 514-727-9383)
Garderie L'elephant Bleu (2715 Rue Sherbrooke E, 514-526-6463)
Garderie La Bottine Filante (6970 Av Christophe-Colomb, 514-277-4233)
Garderie La Bougeotte (6610 Rue Saint-Denis, 514-276-4209)
Garderie La Cloche Inc (4452 Rue Saint-Dominique, 514-844-7002)
Garderie La Mere L'oie Inc (4251 Rue Saint-Urbain, 514-845-7856)
Garderie La Sauterelle (3700 Rue Sherbrooke E, 514-596-4860)
Garderie La Souritheque (1750 Rue Saint-Andre, 514-524-4222)
Garderie La Vermouilleuse Enrg (3800 Rue Sherbrooke E, 514-254-1311)
Garderie Le Petit Cheval (8000 8e Ave, 514-721-0418)
Garderie Le Petit Palais (85 Rue Notre-Dame E, 514-392-1274)
Garderie Le Pissenlit (9335 Rue Saint-Hubert, 514-389-2361)
Garderie Le Rucher (9767 Boul Saint-Laurent, 514-383-6603)
Garderie Les Coccinelle Cherie (10787 Rue Berri, 514-381-4504)
Garderie Les Minis (500 Rue Sherbrooke O, 514-843-8510)
Garderie Les Turbulents Enr (7175 Rue Saint-Denis, 514-277-9841)
Garderie Lou Lou (7247 Av De Chateaubriand, 514-276-9692)
Garderie Monos Inc (5173 Boul Saint-Laurent, 514-270-1090)
Garderie St Laurent Chabanel (9725 Boul Saint-Laurent, 514-385-4980)
Garderie Tour A Tour (120 Rue Sherbrooke E, 514-844-7691)
Garderie Villeneuve (4652 Rue Jeanne-Mance, 514-845-2934)
Jolis Petits Minois Garderie (5817 Rue Clark, 514-279-9870)
Joutheque Villeray Inc (8524 Rue Berri, 514-858-1878)
Maison Pain D'epice Inc (8450 Rue Saint-Denis, 514-384-5225)

Oasis Des Poupons (9769 Boul Saint-Laurent, 514-383-6603)
P'tits Amis De Savio Inc (9181 Rue Sainte-Claire, 514-351-1900)
Regroupement Des Garderies (4321 Av Papineau # 201, 514-528-1442)
Service D'accueil St-Louis (3555 Rue Saint-Urbain, 514-282-7710)
St-James Day Care (463 Rue Sainte-Catherine O # 204, 514-845-7375)
Ywca-Le Y Des Femmes (1355 Boul Rene-Levesque O, 514-866-9941)

Côte-des-Neiges/Notre-Dame-de-Grâce

Centre Communautaire Juif (5480 Av Westbury, 514-735-5565)
Centre Préparatoire & Garderie (6755 Av Fielding, 514-488-3912)
Garderie Au Petit Nuage (3865 Av Prud'homme, 514-486-7513)
Garderie Chateau Des Neiges (4565 Ch Queen-Mary, 514-340-3543)
Garderie Crocus Inc (5357 Av Gatineau, 514-737-2079)
Garderie Communautaire (4020 Av Hingston, 514-484-3352)
Garderie De Jour Somerland (6532 Av Somerled, 514-486-6297)
Garderie De Jour Le Pas Geant (6805 Av Chester, 514-484-2119)
Garderie De La Cote (5307 Ch De La Cote-Des-Neiges, 514-738-5240)
Garderie Des Petites Fleurs (5080 West Broadway, 514-481-5514)
Garderie Du Quartier Ouest La (4171 Av Madison, 514-488-8880)
Garderie Educative Nif-Naf (6773 Av Fielding, 514-489-5265)
Garderie Educative Le Jardin (3288 Av Lacombe, 514-344-1729)
Garderie En Milieu Familial (3410 Av Kent, 514-342-5200)
Garderie Enfants Soleil (5656 Rue Laurendeau, 514-769-5510)
Garderie Enfant Des Neiges (5545 Rue Snowdon, 514-488-1497)
Garderie Ganeyou-Yavne (4605 Rue Mackenzie, 514-341-9459)
Garderie Girouard (3782 Av Girouard, 514-489-9321)
Garderie Jardin De Fruits (4988 Place De La Savane, 514-345-1807)
Garderie Kan Tsipor (5850 Av Victoria, 514-343-9383)
Garderie L'éveil Au Monde (5012 Av Dornal, 514-736-0259)
Garderie Les Copains D'abord (5355 Av West Hill, 514-487-4481)
Garderie Mes Premiers Pas (3205 Ch Bedford, 514-731-5025)
Garderie Moi Toi & Les Autres (4413 Av Montclair, 514-369-1150)
Garderie Notre Dame De Grace (3471 Av Girouard, 514-488-7174)
Garderie Petit A Petit (5415 Ch Queen-Mary, 514-488-7627)
Garderie Progressive (5362 Av Van Horne, 514-735-9961)
Garderie Yeshiva Levi Yitzchak (6405 Av Westbury, 514-735-0306)
Ingrid's Pouponniere (5030 Av Montclair, 514-488-7593)
Jardin D'enfants Ndg (4335 Av Hampton, 514-484-4444)
Maison Des Enfants Montessori (4020 Boul Grand, 514-486-3012)
Metropolitain Garderie & Ctr (5197 Ch De La Cote-Des-Neiges, 514-733-2900)
Montreal Jewish Community Ctr (5500 Av Westbury, 514-737-6551)
Playskools Day Care (4820 Av Mariette, 514-489-0214)
Service De Garde De Bedford (3131 Rue Goyer, 514-736-8178)

Snowdon Tottlers Day Nursery (6416 Boul Decarie, 514-739-9560)
Uniwide Home Day Care Enr (3593 Rue Goyer, 514-344-1823)
Villacanas Family Daycare (3593 Rue Goyer # 25, 514-345-0143)
Ym-Ywha (5500 Av Westbury, 514-737-6551)

CLSC

Cote-Saint-Luc : CLSC Rene Cassin (5800 Boul Cavendish 6th Flr, 514-488-9163)
Lachine : CLSC Du Vieux Lachine (1900 Rue Notre-Dame, 514-639-0650)
Lasalle : CLSC Lasalle (7475 Boul Newman, 514-364-2572)
Laval : CLSC Des Mille Iles (4731 Boul Levesque E, 450-661-2572)
Laval : CLSC-Chsld Du Marigot (250 Boul Cartier O, 450-668-1803)

Montréal

Montreal : CLSC Ahuntsic (1165 Boul Henri-Bourassa E, 514-381-4221)
Montreal : CLSC Bordeaux Cartierville (11822 Av De Bois-De-Boulogne, 514-331-2572)
Montreal : CLSC Cote Des Neiges (1271 Av Van Horne, 514-270-1536)
Montreal : CLSC Cote Des Neiges (5700 Ch De La Cote-Des-Neiges, 514-731-8531)
Montreal : CLSC De L'île De Montreal (469 Rue Jean-Talon O, 514-273-9591)
Montreal : CLSC De L'île De Montreal (1705 Visitation, 514-527-4072)
Montreal : CLSC De L'île Montreal (75 Rue De Port-Royal E, 514-858-2460)
Montreal : CLSC De Rosemont (3311 Boul Saint-Joseph E, 514-524-3541)
Montreal : CLSC Des Faubours (1250 Rue Sanguinet, 514-527-2361)
Montreal : CLSC Du Plateau Mont Royal (4689 Av Papineau, 514-521-7663)
Montreal : CLSC Hochelaga-Maisonneuve (1611 Av D'orleans, 514-522-2220)
Montreal : CLSC Hochelaga-Maisonneuve (1620 Av De La Salle, 514-253-2181)
Montreal : CLSC La Petite Patrie (6520 Rue De Saint-Vallier, 514-273-4508)
Montreal : CLSC Mercier-Est Anjou (9403 Rue Sherbrooke E, 514-356-2572)
Montreal : CLSC Metro (1801 Boul De Maisonneuve O, 514-934-0354)
Montreal : CLSC Olivier-Guimond (5810 Rue Sherbrooke E, 514-255-2365)
Montreal : CLSC Riviere Des Prairies (8655 Boul Perras, 514-494-4924)
Montreal : CLSC Saint-Louis-Du-Parc (155 Boul Saint-Joseph E, 514-286-9657)
Montreal : CLSC St Henri (3833 Rue Notre-Dame O, 514-933-7541)
Montreal : CLSC St-Michel (7950 Boul Saint-Michel, 514-374-8223)
Montreal : CLSC Verdun-Cote St Paul (6045 Boul Monk, 514-765-0413)
Montreal : CLSC Villeray (1425 Rue Jarry E, 514-376-4141)
Montreal : CLSC NDG-Montreal-O (2525 Boul Cavendish # 110, 514-485-1670) Montreal-Nord :
CLSC De Montreal Nord (11441 Boul Lacordaire, 514-327-0400)
Montreal-Nord : CLSC Montreal Nord (6850 Boul Gouin E # A, 514-327-9722) Pierrefonds : CLSC
Pierrefonds (13800 Boul Gouin, 514-626-2572)
Pointe-Claire : CLSC Lac-Saint-Louis (180 Av Cartier, 514-697-4110)

BURSARIES

The Sister Eileen McIlwaine Memorial Entrance Bursary

The bursary is intended to assist deserving single mothers who are entering undergraduate studies for the first time. Application is required, it is open to full time students who are Canadian citizens and permanent residents. See Financial Aid and Awards office for more details.

Cinmar Adopt-a-Student Bursary

The Cinmar Adopt-A-Student Bursary is intended to assist single parents who are enrolled in Bachelor's studies on a part-time basis. This bursary is renewable in future years on the basis of continuing enrollment and acceptable academic standing. Application is required and is open to Canadian citizens, permanent residents, and International Students. It is open to part time students and Faculty. This award is part of the Undergraduate In-Course Bursary Program. The application deadline for the 2008-2009 In-Course Bursary program passed in October 2008, and the program is now closed for the current academic year. The online application for the 2009-2010 academic year will be available in late July 2009.

Gabriel Rossy Memorial Bursary

The Gabriel Rossy Memorial Fund is dedicated to helping less fortunate children who share in Gabriel's love for life, and it supports programs and institutions that serve underprivileged communities in Montreal. The Bursary is available to full-time and part-time students enrolled in Bachelor's programs in any area of study, who are single parents. Application is required; it is open to Canadian citizens with Québec Resident status only and is open to part time students and Faculty. For further information about the Gabriel Rossy Memorial Fund, visit the website: <http://gabrielrossy.com/>

Nancy Torbit Memorial Bursary

This bursary is available to all full-time single-parent students. Application is required and it is open to Canadian citizens and permanent residents only, it is open to full time students and faculty. This award is part of the Undergraduate In-Course Bursary Program.

Susan Levin-Woods Scholarship

This scholarship is available to a Canadian woman who has demonstrated excellence in her studies and who is pursuing a degree on a full or part-time basis, while following a career path or bringing up a family. The recipient must have completed thirty (30) credits towards her degree. Application is required; it is open to Canadian citizens and permanent residents only. This award is part of the Undergraduate In-Course Scholarships & Awards Program.