



# Lessons learned from the Swedish Longitudinal Gambling Study, Swelogs

Using Big Data to Study Development and Social Change

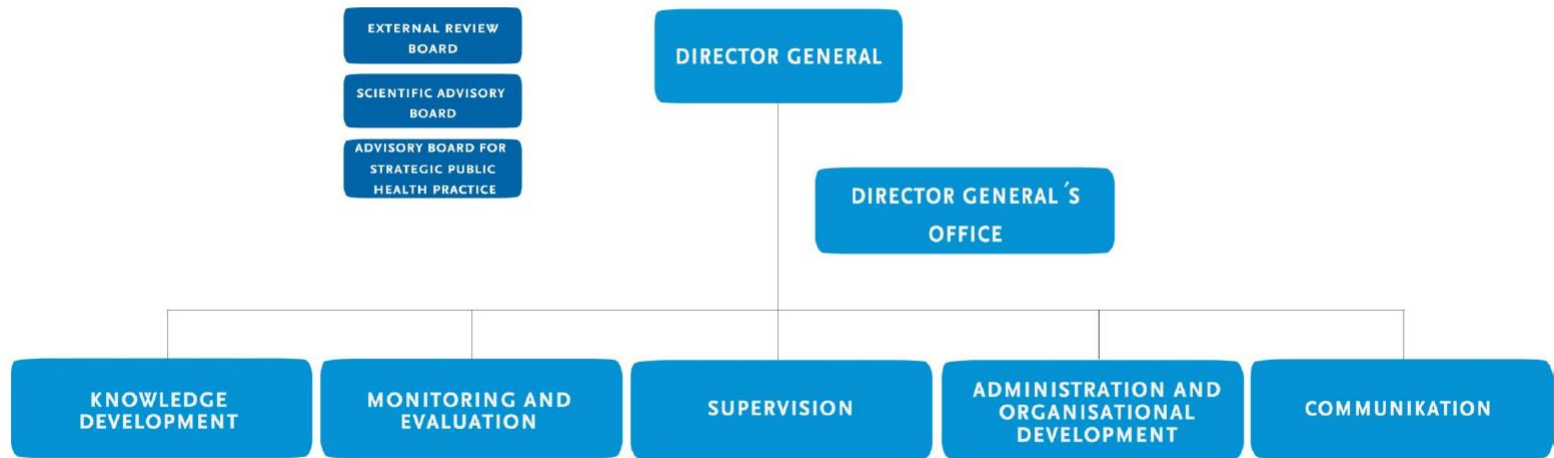
Concordia University, Montreal

Friday November 22, 2013

**Introduction:** The Swedish National Institute of Public Health, the aims for gambling prevention in Sweden and the expected contribution from Swelogs.



## The Swedish National Institute of Public Health



# Public Health Objectives

1. The overarching aim of Sweden's national public health policy is to create social conditions that will ensure good health, on equal terms for the entire population.
2. The aim for society's measures against pathological gambling is to reduce harm from exaggerated gambling.



Government proposal prop 2007/08:110



# Swelogs' overarching goal

Develop knowledge to be used to develop methods and strategies for prevention of gambling problems.



# The Swedish Longitudinal Gambling Study (Swelogs):

an overview of the different data collection tracks and their aims



# Swelogs' five main objectives

- Study changes in incidence and prevalence of PG.
- Describe problem gambling in relation to changes in gambling behavior and gambling related environmental factors.
- Identify relevant target groups for prevention.
- Examine the health-related, social and economic consequences of problem gambling.
- Establish risk factors and protective factors of gambling behaviours/habits.



# Swelogs' survey plan

	2008/2009	2009/2010	2011	2012	2013	2014	2015
Epidemiological Track	EP I N=15 000 16-84 yrs	EP II N=8 200 17-85 yrs		EP III N=7 100 19-87 yrs		EP IV N~7 000 21-89 yrs	
In-depth track			ID I N=2 400 18-86 yrs		ID II N~2 000 20-89 yrs		ID III N~2 000 22-91 yrs
Follow-up track	FU I N=578 23-83 yrs						

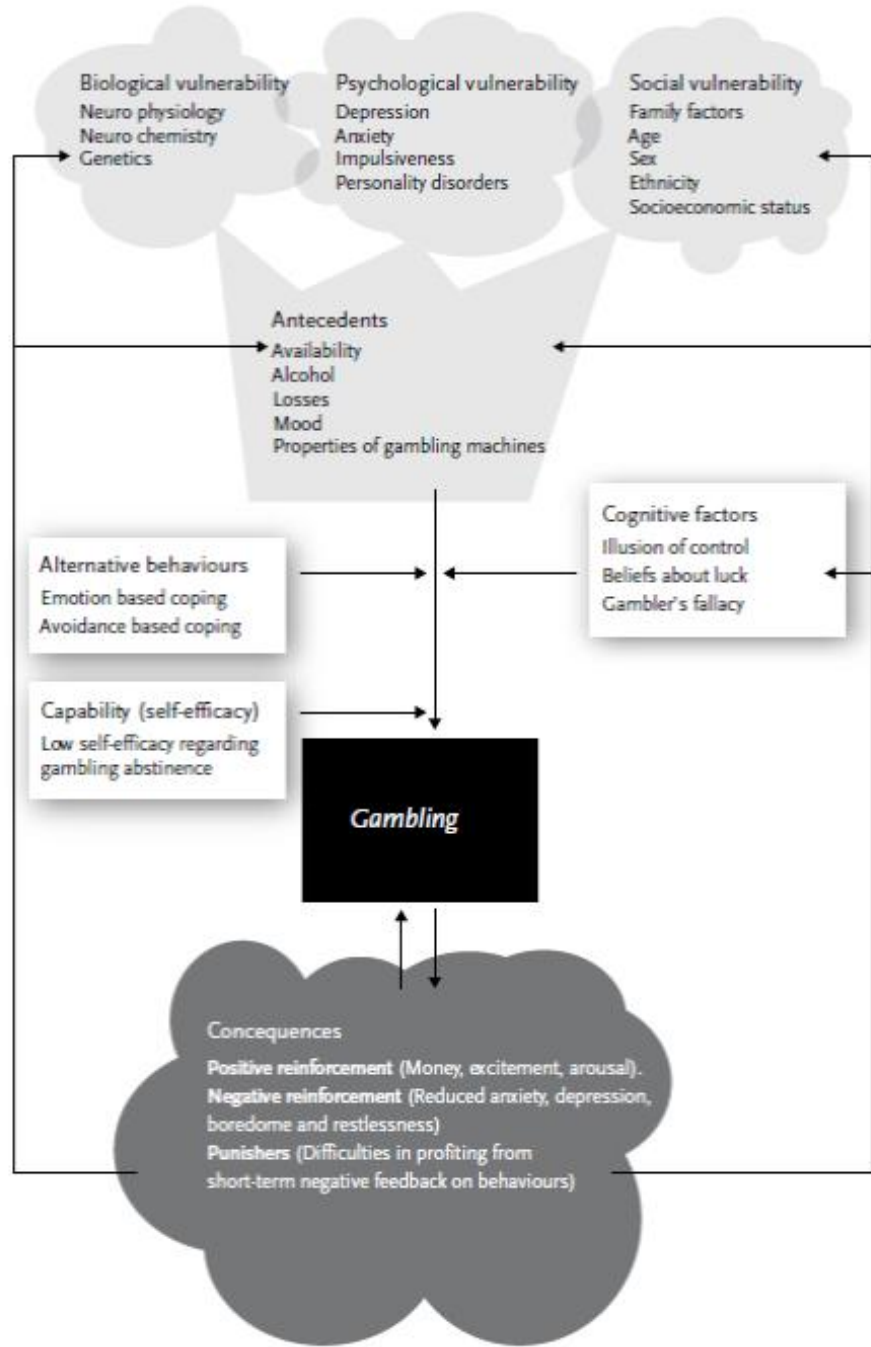




# Theoretical underpinning

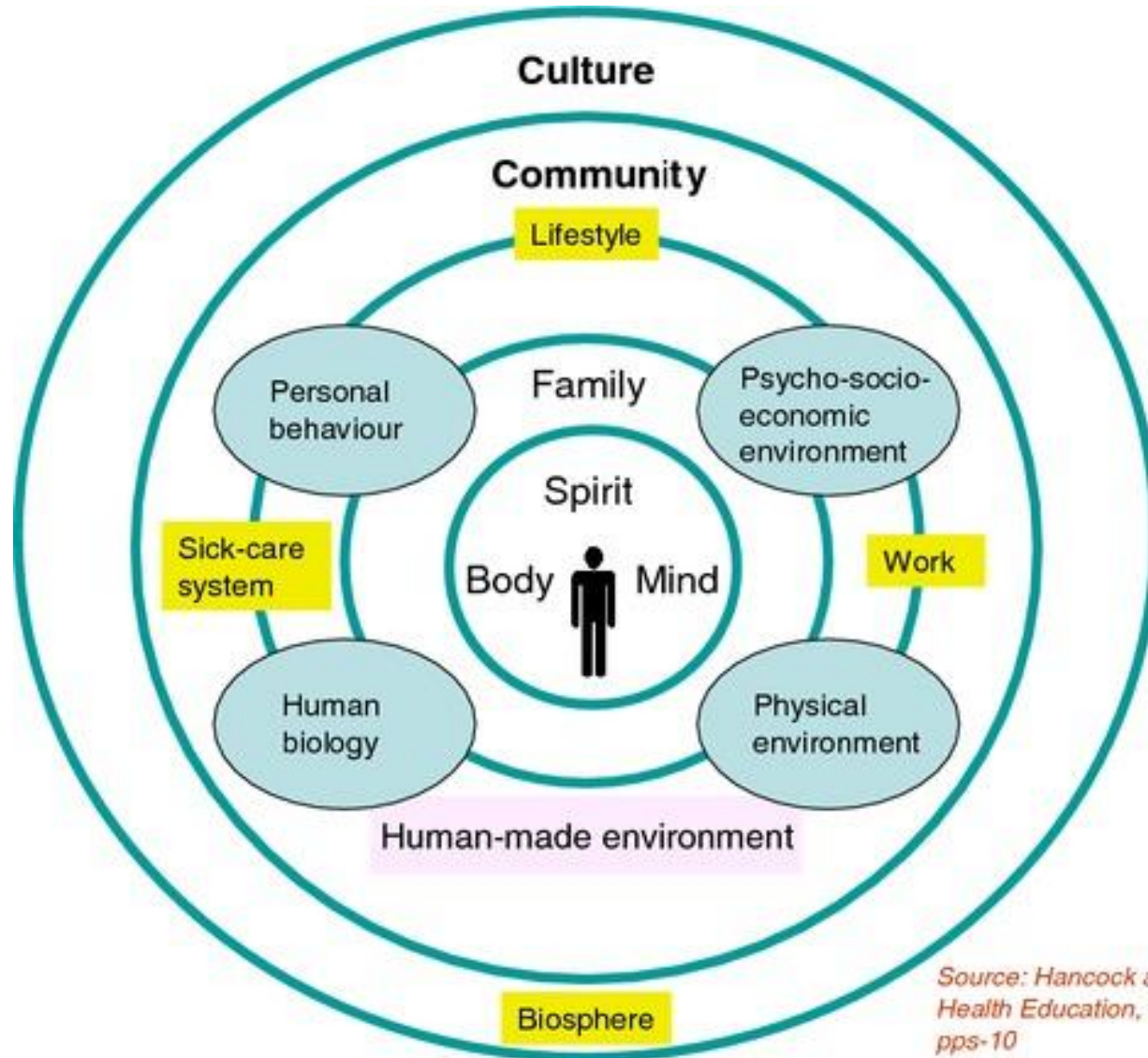
- The bio-psycho-social model
- A public health perspective





Figur 1. A biopsychosocial model for pathological gambling.

# A Public Health Perspective



Source: Hancock and Perkins  
Health Education, Summer 1985,  
pps-10

# Lessons learned in regards to theoretical underpinning and research plan

- It is preferable to have a fully developed theory to guide the selection of items for the questionnaires
- There is always a trade-off between including enough questions to assess all dimensions of a model and minimizing respondent burden



# The pilot study:

- What parts of the process should be included in the pilot study.
- Consequences of major changes?



# Swelogs pilot study, spring 2008

- Test the stratified sampling design based on age group and postcode area clusters
- Evaluate the questionnaire
- Evaluate the functionality of the chosen structure for data collection
- Try out Statistic Swedens new internal data provision system (MONA)



# Pilot sample

- Frame population: all persons aged 16-84 years in the Register of the Total Population
- $n=2,000$



# Lessons learned from the pilot study stage

- What parts of the process should be included in the pilot study. – ALL!
- Consequences of major changes? – Allow time for a second (and maybe even a third) pilot study





# Sampling:

oversampling of  
special target groups



# Sampling

- The sample consisted of 15 000 individuals, aged 16-84, from the Register of the Total Population
- Sample stratification based on predicted probabilities for having gambling problems, age and gender



# Sampling Strategy

$p_k$ – values	Gender	Age-groups 2008				Total
		16-24	25-34	35-64	65-84	
$p_k \leq 0.03$	male	<u>307</u> 2,757	<u>203</u> 89,754	<u>742</u> 985,291	<u>749</u> 432,879	<u>2,001</u> 1,510,681
	female	<u>347</u> 375,622	<u>444</u> 516,388	<u>512</u> 1,789,951	<u>697</u> 756,867	<u>2,000</u> 3,438,828
$0.03 < p_k \leq 0.1$	male	<u>582</u> 342,966	<u>632</u> 400,130	<u>422</u> 801,697	<u>364</u> 214,761	<u>2,000</u> 1,759,554
	female	<u>1477</u> 141,629	<u>243</u> 38,339	<u>242</u> 35,092	<u>38</u> 3625	<u>2,000</u> 218,685
$0.1 < p_k$	male	<u>2184</u> 200,786	<u>938</u> 92,634	<u>285</u> 84,338	<u>93</u> 8,606	<u>3,500</u> 386,364
	female	<u>1,029</u> 1,323	<u>1,230</u> 2638	<u>1,231</u> 2283	<u>9</u> 11	<u>3,499</u> 6,255
<b>Total</b>		<u>5,926</u> 1,065,083	<u>3,690</u> 1,139,883	<u>3,434</u> 3,698,652	<u>1,950</u> 1,416,749	<u>15,000</u> 7,320,367



# Lessons learned concerning sampling

- The over-sampling of special targeted groups was essential
- Middle-aged and elderly women were not enough represented in the sample



**Attrition:** effects of and possible ways to reduce. Who is most likely to drop out?

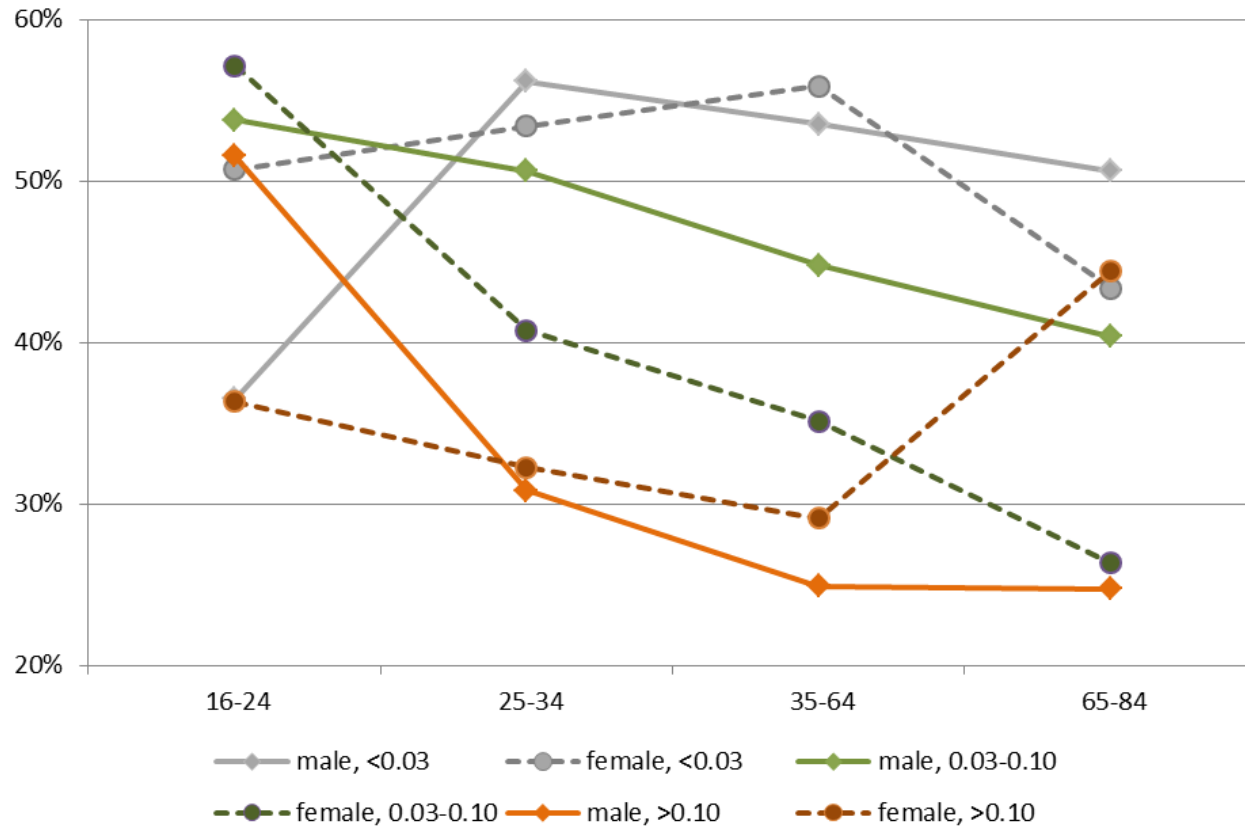


# Response rate in EP1 and EP2 (in relation to the initial sample)

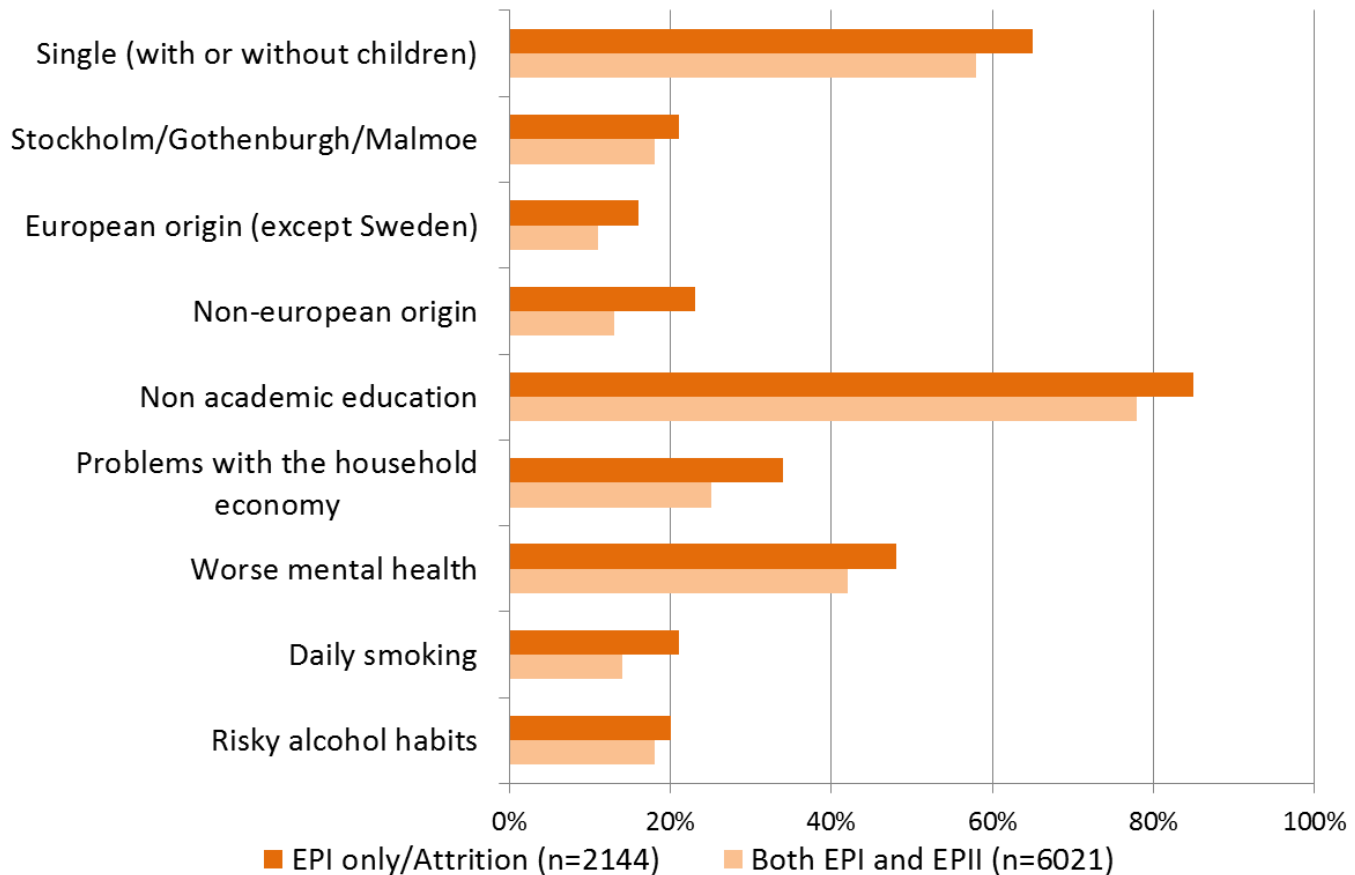
$p_k$ - values	Gender	Age-groups 2008				Total
		16-24	25-34	35-64	65-84	
$p_k \leq 0.03$	male	36,5%	56,2%	53,5%	50,6%	50,1%
	female	50,7%	53,4%	55,9%	43,3%	50,1%
$0.03 < p_k \leq 0.1$	male	53,8%	50,6%	44,8%	40,4%	48,5%
	female	57,1%	40,7%	35,1%	26,3%	51,9%
$0.1 < p_k$	male	51,6%	30,8%	24,9%	24,7%	43,1%
	female	36,3%	32,3%	29,1%	44,4%	32,4%
<b>Total</b>		49,7%	39,4%	40,4%	44,4%	44,3%



# Response rates in EP1 and EP2

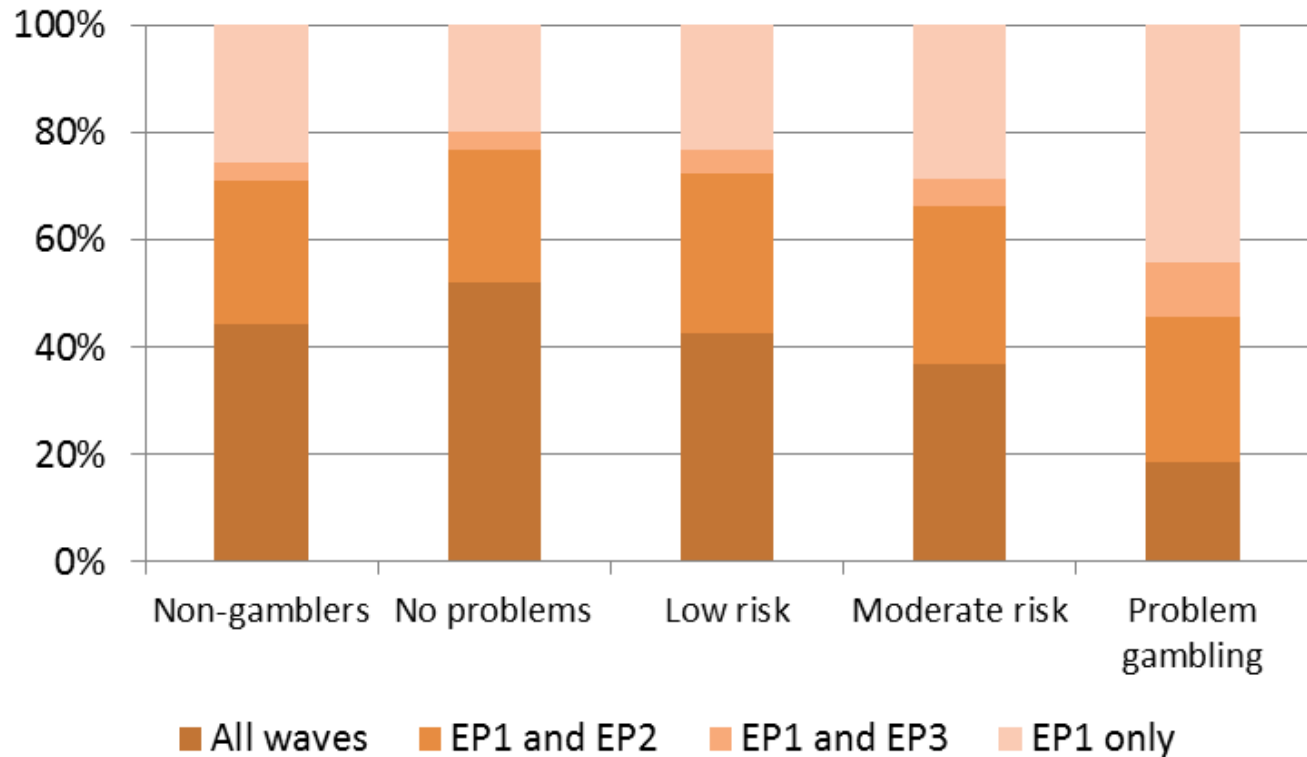


# Socio-demographic factors in relation to attrition from wave 1 to 2





# Participation in different PGSI-categories from EP1

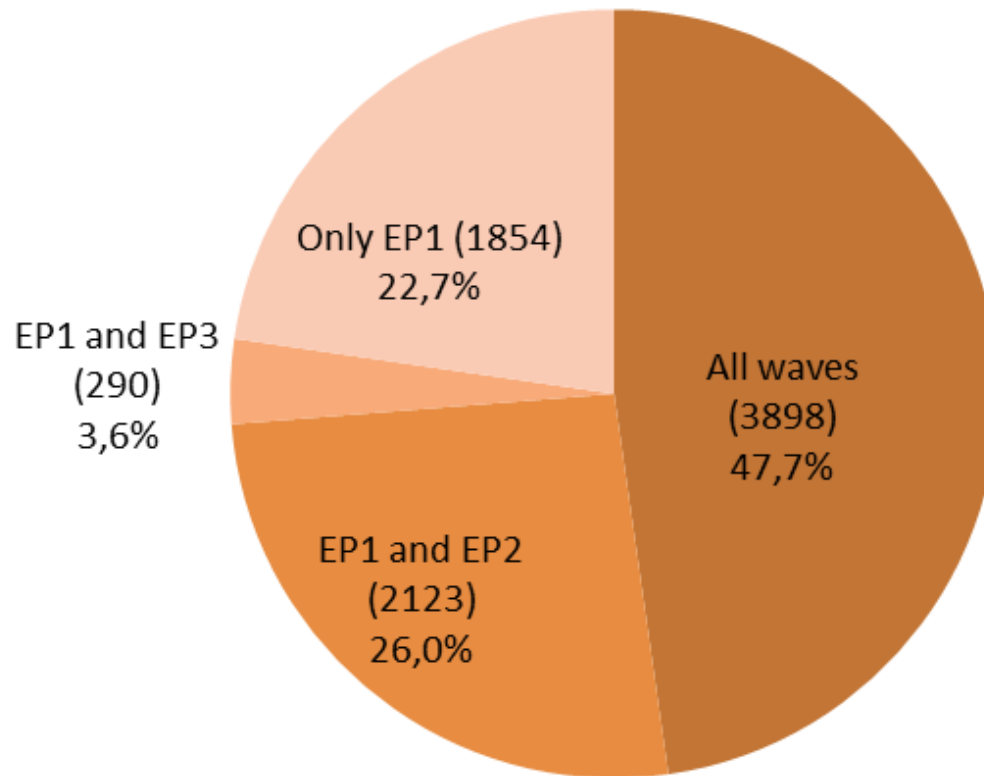


# EP3 respondents, % of the initial sample per strata

		16-24	25-34	35-64	65-84	Total
pk<=0.03	male	19%	40%	44%	41%	38%
	female	33%	38%	50%	33%	38%
0.03<pk<0.01	male	31%	36%	34%	33%	34%
	female	34%	24%	20%	11%	31%
0.01<pk	male	28%	15%	13%	17%	23%
	female	17%	17%	14%	11%	16%
	Total	28%	24%	29%	35%	28%



# Participation EP I – EP III

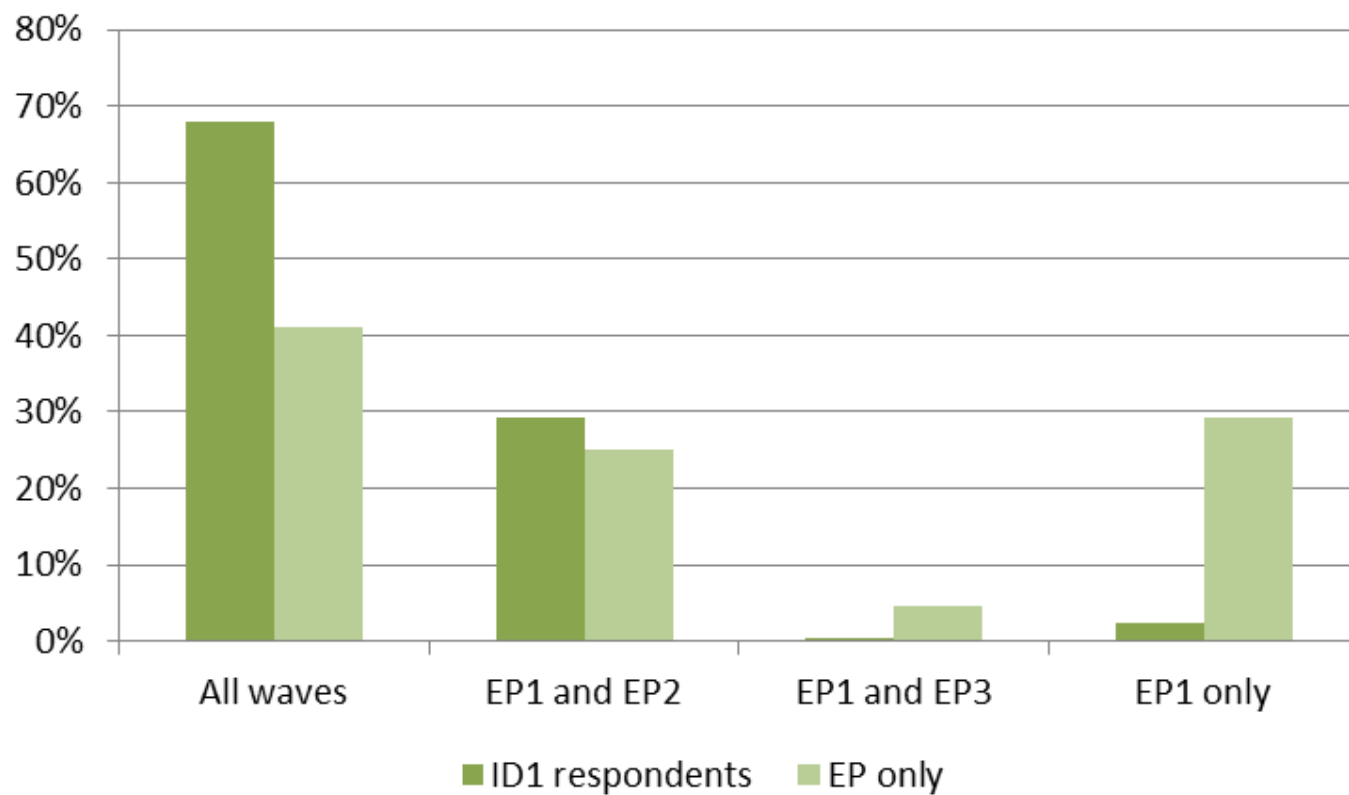


# EP3 respondents, % of EP1 respondents

		16-24	25-34	35-64	65-84	Total
pk≤0.03	male	41%	60%	67%	64%	62%
	female	52%	58%	71%	60%	61%
0.03<pk<0.01	male	47%	58%	59%	64%	56%
	female	49%	50%	48%	33%	49%
0.01<pk	male	45%	40%	45%	57%	44%
	female	39%	42%	39%	20%	40%
	Total	46%	50%	57%	62%	<b>51%</b>



# ID1-respondents and EP-only-respondents



# Lessons learned concerning attrition

- Oversample groups where higher attrition is expected
- Consider ways to attract respondents who are more likely to drop out



# Data weighting/calibration to balance varying sampling probabilities and attrition



# Calibration weights based on register information on

- Gender & age
- Born in a Nordic country
- Income
- Civil Status
- Living in a larger city
- Employment status
- Family type
- Education, Profession & Branch
- Social well fare & leave on sick pay
- Unemployment





# Data collection modes:

consider the effects of  
multiple collection modes



# Methods for data collection

- Telephone interviews primary method
- Postal questionnaires to follow-up

## Questionnaires

- Gambling (lifetime and past 12 months)
- Gambling problems (SOGS, PGSI, FORS) and gambling related questions
- Computer gaming
- Health, demographics, socio-economy



# Gambling participation

## Telephone interviews:

Did you gamble on horses the past 12 months? – Yes/No

- How often did you go to the racetracks to gamble?  
– Weekly/Monthly...
- How often did you gamble on horses online?  
– Weekly/Monthly...

## Postal questionnaires:

How often did you gamble on horses the past 12 months?

Weekly/Monthly...

- Did you go to the racetracks to gamble? – Yes/No
- Did you gamble on horses online? – Yes/No



# Lessons learned regarding multiple data collection modes

- Make sure that the questions from different modes are possible to merge
- Beware of possible methods effects
- Consider the trade of between higher response rates and possible bias



**Register data:** reduces  
the information burden  
of the respondents



# Population registers

- National register over the total population
- Registers over income, taxes, education, occupation, immigration, emmigration, household etc



# Monitor the data collection process!



# Monitor the data collection process!





# Repeated waves and time span

How important is it to reassess at exactly the same time point?



# Staff and organization



# Networking



# Data access and confidentiality



# Statistical analysis of repeated measurements



# Summary

- Planning is essential
- Every change between the different waves affect the possibilities to compare



Your plan



Reality

