



CENTRE FOR THE STUDY OF LEARNING AND PERFORMANCE  
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## Learning Strategies Questionnaire

This questionnaire is part of a study being conducted by the Centre for the Study of Learning and Performance at Concordia University in Montreal, Quebec. We would like to know about how you are learning this year. This questionnaire will help us learn about the strategies you are using in your class to help you with your work.

Please answer the questions on the next several pages. **There are no right or wrong answers.** Your answers are confidential (no one in your class or at your school will be told what you answered). Your teacher will not have access to your answers. You have the right to refuse to participate or to withdraw (that is, to stop answering the questions) at any time. However, your experiences and opinions are important and will help us understand learning from your point of view.

If you have questions and concerns, please contact us at: [clsp@education.concordia.ca](mailto:clsp@education.concordia.ca) or (514) 848-2424 ext. 2020.

Thank you for your collaboration!

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Name: \_\_\_\_\_

Class: \_\_\_\_\_

Date: \_\_\_\_\_

Think about typical experiences in school and circle how often each statement applies to you:

**When I have an assignment using ePEARL...**

**PLANNING STAGE**

1. I start by setting goals for myself.

Always                      Often                      Sometimes                      Never

2. I plan the steps I need to complete.

Always                      Often                      Sometimes                      Never

3. I am sure I will be good at doing it before I begin.

Always                      Often                      Sometimes                      Never

4. I think I will do poorly.

Always                      Often                      Sometimes                      Never

5. I will feel terrible after I have done it.

Always                      Often                      Sometimes                      Never

6. I try hard because my teacher will praise me.

Always                      Often                      Sometimes                      Never

7. I need to be interested in what I am doing.

Always                      Often                      Sometimes                      Never

8. My goal is to fully understand what I have to do.

Always                      Often                      Sometimes                      Never

## When I have an assignment using ePEARL...

9. My goal is to avoid my teacher thinking I am a bad student.

Always

Often

Sometimes

Never

### DOING STAGE

10. I remind myself of the steps as I am working.

Always

Often

Sometimes

Never

11. I think about what the final version of my work will look like.

Always

Often

Sometimes

Never

12. I give all my attention to the task I am doing.

Always

Often

Sometimes

Never

13. I turn the task into smaller, easier steps.

Always

Often

Sometimes

Never

14. I keep a record of how well I am doing.

Always

Often

Sometimes

Never

15. I carry on using the same strategies even if I have problems.

Always

Often

Sometimes

Never

### REFLECTION STAGE

16. I check my work to see if I have done it well once I am finished.

Always

Often

Sometimes

Never

**When I have an assignment using ePEARL...**

17. And I do it poorly, it is because of my ability.

Always                      Often                      Sometimes                      Never

18. And I do it well, it is because of how much effort I used.

Always                      Often                      Sometimes                      Never

**REFLECTION STAGE (contd.)**

19. And I do it well, it is because my teacher-usually explains things clearly.

Always                      Often                      Sometimes                      Never

20. And I do it badly, it is because I was unlucky.

Always                      Often                      Sometimes                      Never

21. I feel happy about my performance.

Always                      Often                      Sometimes                      Never

22. I give up if I cannot do the task easily.

Always                      Often                      Sometimes                      Never

**HOW I KNOW IF I WILL SUCCEED**

23. I will do poorly because I have trouble doing assignments well.

Always                      Often                      Sometimes                      Never

24. I will be able to do it because my teacher has shown how to do it.

Always                      Often                      Sometimes                      Never

**When I have an assignment using ePEARL...**

25. I believe in my ability to do it because people say I am a good student.

Always                      Often                      Sometimes                      Never

26. I soon start to feel stressed out about doing my work.

Always                      Often                      Sometimes                      Never

**WHY I WANT TO DO IT WELL**

27. It is important for me to complete the task without anybody's help.

Always                      Often                      Sometimes                      Never

28. Working well with other students is important to me.

Always                      Often                      Sometimes                      Never

29. I do my best so I can feel proud of myself.

Always                      Often                      Sometimes                      Never

**MY FEELINGS ABOUT THE TASK**

30. I avoid trying hard because if I fail I will feel bad about myself.

Always                      Often                      Sometimes                      Never

31. I avoid making too large an effort because I am not sure of succeeding.

Always                      Often                      Sometimes                      Never

32. I do not see any use in completing it.

Always                      Often                      Sometimes                      Never

33. It is important I do it successfully.

Always                      Often                      Sometimes                      Never

**When I have an assignment using ePEARL...**

34. Trying hard is worth the effort.

Always

Often

Sometimes

Never

**MY FEELINGS ABOUT THE TASK (contd).**

35. It is something that is challenging to do well.

Always

Often

Sometimes

Never

36. It is the first time I have done this type of task.

Always

Often

Sometimes

Never

37. I will try new strategies to complete it successfully.

Always

Often

Sometimes

Never