



CENTRE FOR THE STUDY OF LEARNING AND PERFORMANCE
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Learning Strategies Questionnaire

This questionnaire is part of a study being conducted by the Centre for the Study of Learning and Performance at Concordia University in Montreal, Quebec. We would like to know about how you are learning this year. This questionnaire will help us learn about the strategies you are using in your class to help you with your work.

Please answer the questions on the next several pages. **There are no right or wrong answers.** Your answers are confidential (no one in your class or at your school will be told what you answered). Your teacher will not have access to your answers. You have the right to refuse to participate or to withdraw (that is, to stop answering the questions) at any time. However, your experiences and opinions are important and will help us understand learning from your point of view.

If you have questions and concerns, please contact us at: clsp@education.concordia.ca or (514) 848-2424 ext. 2020.

Thank you for your collaboration!

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Name: _____

Class: _____

Date: _____

Think about typical experiences in school and circle how often each statement applies to you:

When I have an assignment...

PLANNING STAGE

1. I begin by identifying my goals.

Always Often Sometimes Never

2. I make a plan about how I will complete it.

Always Often Sometimes Never

3. I am confident about doing it well before I begin.

Always Often Sometimes Never

4. I think I will do well.

Always Often Sometimes Never

5. I will feel great after I have done it.

Always Often Sometimes Never

6. My teacher will be disappointed if I don't try hard.

Always Often Sometimes Never

7. It is important for me to be interested in what I am doing.

Always Often Sometimes Never

When I have an assignment...

8. My aim is to really understand what I have to do.

Always Often Sometimes Never

9. My goal is to show my teacher I am a good student.

Always Often Sometimes Never

DOING STAGE

10. I talk myself through the steps as I am working.

Always Often Sometimes Never

11. I imagine what my work will look like in the end.

Always Often Sometimes Never

12. I concentrate fully on my task.

Always Often Sometimes Never

13. I break down the task into smaller, easier parts.

Always Often Sometimes Never

14. I keep track of how well I am doing.

Always Often Sometimes Never

15. I try different ways of doing it if I feel things are not going well.

Always Often Sometimes Never

16. I think about how well I have done my work once I am finished.

Always Often Sometimes Never

When I have an assignment...

REFLECTION STAGE

17. And I do it well, it is because of my ability.

Always Often Sometimes Never

18. And I do it poorly, it is because of how much effort I used.

Always Often Sometimes Never

19. And I do succeed in it, it is because my teacher usually explains things well.

Always Often Sometimes Never

20. And I do it well, it is because I was lucky.

Always Often Sometimes Never

21. I feel unhappy about my performance.

Always Often Sometimes Never

HOW I KNOW IF I WILL SUCCEED

22. I keep on trying even if the task is difficult.

Always Often Sometimes Never

23. I will succeed because I do assignments well.

Always Often Sometimes Never

24. I will be able to do it because my teacher has modeled it.

Always Often Sometimes Never

When I have an assignment...

25. I will be able to do it because people have told me I am a good student.

Always Often Sometimes Never

26. I soon start to feel excited about doing my work.

Always Often Sometimes Never

WHY I WANT TO DO IT WELL

27. It is important for me to complete the task on my own.

Always Often Sometimes Never

28. Working well with my classmates is important to me.

Always Often Sometimes Never

29. I try hard so I can feel good about myself.

Always Often Sometimes Never

MY FEELINGS ABOUT THE TASK

30. I avoid making too large an effort because if I fail I will feel bad about myself.

Always Often Sometimes Never

31. I avoid trying so hard because I am scared of failure.

Always Often Sometimes Never

32. I think it is useful for me to complete it.

Always Often Sometimes Never

When I have an assignment...

33. It is important for me to do well.

Always Often Sometimes Never

34. It takes too much effort to do it well.

Always Often Sometimes Never

35. It is something that is difficult to do well.

Always Often Sometimes Never

36. It is the task that I have not done before.

Always Often Sometimes Never

37. I will try new strategies to succeed.

Always Often Sometimes Never

Additional questions:

1) Are there any items that are unclear and which do you suggest we should change?

2) Are there questions that we did not ask about your learning, which you think are important and should be asked?