

OPQ Undergraduate Requirements for Clinical Psychology & Concordia Course Equivalencies

Because the OPQ accredits clinical psychology programs in terms of both the undergraduate and graduate courses that they provide, clinical graduate programs must screen applicants to make sure that they meet the OPQ's undergraduate requirements. While students who are missing a small number of requirements can usually, but not always, make these up during their graduate program, doing so will (a) reduce flexibility in graduate course selection and/or (b) require additional courses in an already heavy program.

Please find below a table listing the OPQ domains, the minimum number of credits required in each domain, and course numbers from Concordia's undergraduate program that would meet OPQ criteria. We encourage all students considering clinical psychology graduate programs to apply widely, so these requirements may not apply to you. Nonetheless, we believe that completing this set of courses as part of your psychology degree would provide you with good foundation for further studies in clinical psychology no matter which program you end up attending.

DOMAIN	CREDITS	CONCORDIA COURSE OPTIONS
Biological Bases of Behaviour	6	PSYC 354, 355, 450-458
Cognitive-Affective Bases of Behaviour	6	PSYC 364, 423, 461-468
Sociocultural Bases of Behaviour	6	PSYC 325, 420, 424, 425*, 428
Developmental Psychology	6	PSYC 333, 425*, 431-438
History & Systems in Psychology	3	PSYC 305
Psychometrics	3	PSYC 426
Research Methods	3	PSYC 310, 311
Data Analysis	3	PSYC 315, 316
Personality	3	PSYC 321, 427
Psychopathology	3	PSYC 340, 435*, 440, 441, 442

* Note that a single course cannot be used to fulfill two separate requirements.

There are several different ways of meeting all these requirements within the bounds of Concordia's Honours or Specialization programs. Here is one fairly straightforward way of doing it:

30/15* Core Requirements (automatically covers 3 of the biological credits, the 3 history and systems credits, the 3 research methods credits, and the 3 data analysis credits).

***30** credits for Honours students, **15** for Specialization students

15 Chosen from Tier 1 with at least:

6 chosen from Social, Personality, and Culture content area and/or the Developmental content area (select 325 to cover 3 of the sociocultural credits and 333 to cover the 3 developmental credits).

6 chosen from the Behavioural Neuroscience Content Area and/or the Cognitive Science Content Area (Select 354 to cover the remaining 3 Biological Credits and 364 to cover 3 of the Cognitive credits)

3 (select 321 with the additional Tier 1 course option to cover the 3 Personality Credits)

12 Chosen from at least two different Tier 2 content areas (Include courses to cover the remaining 3 Sociocultural credits, 3 Developmental credits, and 3 Cognitive credits)

9/18* Psychology elective credits at the 300 or 400 level (Include 340 to cover the 3 Psychopathology credits and 426 to cover the 3 Psychometrics credits)

***9** credits for Honours students, **18** for Specialization students

Special determinations need to be made when course equivalencies are assigned from other universities, although in general any course ruled as, e.g., developmental for our program purposes would also be sufficiently developmental for OPQ purposes. In general, if in doubt the student should apply for their preferred programs. Clinical psychology graduate programs are generally motivated to interpret these requirements broadly, and the worst-case scenario is that someone will be asked to expend some of their electives in this topic areas.

Be sure to keep all your course syllabi so that you can produce them, if necessary, to validate your claim that you satisfied a particular requirement