DEPARTMENT OF EXERCISE SCIENCE

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DEPARTMENT OF EXERCISE SCIENCE ACADEMIC ADVISING FOR STUDENTS ENTERING THEIR 2nd YEAR OF ANY PROGRAM 2015-2016 CONCORDIA UNIVERSITY UNDERGRADUATE CALENDAR

STAGE	PROGRAM			
	MAJOR	HONOURS	CEP	AT
	(42 credits)	(60 credits)	(66 credits)	(96 credits)
Students E	ntering First Year			
	EXCI 250	EXCI 250	EXCI 250	EXCI 250
	EXCI 252	EXCI 252	EXCI 252	EXCI 252
_	EXCI 253	EXCI 253	EXCI 253 EXCI 254	EXCI 253 EXCI 254
(2014-2015)	EXCI 254 EXCI 257	EXCI 254 EXCI 257	EXCI 254 EXCI 257	EXCI 254 EXCI 257
(2014-2013)	CATA 262	CATA 262	EXCI 210	EXCI 210
	071171202	071171202	CATA 262	CATA 262
			CATA 263	CATA 263
Students E	ntering Second You	ear		
	EXCI 351	EXCI 351	EXCI 351	EXCI 351
	EXCI 352	EXCI 352	EXCI 352	EXCI 352
	EXCI 355	EXCI 355	EXCI 355	EXCI 355
_	EXCI 357 EXCI 358	EXCI 357	EXCL 357	EXCL 357
2 (2015-2016)	EXCI 358	EXCI 358	EXCI 358	EXCI 358
(2010-2010)		EXCI 322	EXCI 380	CATA 337
		EXCI 323	EXCI 383	CATA 339
				CATA 348
				CATA 365
Students E	<mark>ntering Third Yea</mark> ı			
	MAJOR	HONOURS	CEP	AT
	EXCI 420 W	EXCI 420 W	EXCI 422 F	EXCI 451 W
	EXCI 445 F/W	EXCI 445 F/W	EXCI 423 W	CATA 437 F
		EXCI 424 F	EXCI 445 F/W	CATA 439 W
		EXCI 425 W	EXCI 450 W	CATA 462 F
_		EXCI 426 F	EXCI 451 W	CATA 475 S/F/W
3			EXCI 483 S/F/W	
(2016-2017)	Choose 1 from:	Choose 1 from:	Choose 1 from:	Choose 1 from:
	EXCI 440 N.O.	EXCI 440 N.O.	EXCI 420 W	EXCI 420 W
	EXCI 450 W	EXCI 453 N.O.	EXCI 440 N.O.	EXCI 422 F
	EXCI 453 N.O.	EXCI 455 W	EXCI 455 W	EXCI 423 W
	EXCI 455 W	EXCI 458 N.O.	EXCI 458 N.O.	EXCI 440 N.O.
	EXCI 458 N.O		EXCI 492 S/F/W	EXCI 461 F
0111	EXCI 492 S/F/W			
Students E	ntering Fourth Ye	ar		EVOL 445
				EXCI 445 EXCI 471
				CATA 441
				CATA 485
				CATA 495
4 (2017-2018)				
(2017-2010)				Choose 2 from:
				CATA 447
				EXCI 450 EXCI 455
				EXCI 455 EXCI 458
				LACI 400

		EXCI 492
		MANA 300

INTERNSHIP ELIGIBILITY REQUIREMENTS

To be eligible to register for an internship, students must complete the following internship eligibility requirements specific to each internship course.

Clinical Exercise Physiology (CEP) Internship Eligibility Requirements

Eligibility Requirements for CEP Internship I (EXCI 383)

1. Must complete the following Science Prerequisite courses:

BIOL 201 or equivalent,

CMEM 205, CHEM 206, or equivalent,

MATH 203, MATH 205, or equivalent,

PHYS 204, PHYS 224, or equivalent.

2. Must complete the following prerequisite Exercise Science courses with a cumulative GPA equal to at least 3.00:

EXCI 210, EXCI 250, EXCI 252, EXCI 253, EXCI 254, EXCI 257, EXCI 380, CATA 262.

****CATA 263 is calculated for the transfer but not for the internship. It is replaced by EXCI 380***

Eligibility Requirements for CEP Internship II (EXCI 483) (125 hours)

- 1. Must complete the following Science Prerequisite courses: PHYS 205, PHYS 225, or equivalent.
- 2. Must complete the following prerequisite Exercise Science courses: EXCI 351, EXCI 352, EXCI 355, EXCI 357, EXCI 358, EXCI 383, EXCI 422 (previously or concurrently).
- 3. Maintain a GPA of at least 3.00 for core courses in the CEP program.

Athletic Therapy (AT) Internship Eligibility Requirements

Eligibility Requirements for AT Field Internship I (CATA 365)

1. Must complete the following prerequisite Exercise Science courses with a cumulative GPA equal to at least 3.00:

EXCI 250, EXCI 252, EXCI 253, EXCI 254, EXCI 257, CATA 262, CATA 263. ***EXCI 210 is calculated for the transfer but not for the internship***

2. Students must earn at least a B letter grade in 2 of the 3 following courses: CATA 262. CATA 263. EXCI 253.

If the B letter grade or better is not met, the student will not be allowed to start their field internship.

3. Must complete the following Science Prerequisite courses:

BIOL 201 or equivalent, CMEM 205, CHEM 206, or equivalent, MATH 203, MATH 205, or equivalent, PHYS 204, PHYS 224, or equivalent.

Eligibility Requirements for AT Clinical Internship I (CATA 475) (400 hours)

- 1. Must complete the following prerequisite Exercise Science courses: EXCI 351, EXCI 352, EXCI 355, EXCI 357, EXCI 358, CATA 337, CATA 339, CATA 348, CATA 365.
- 2. Must maintain a cumulative GPA equal to at least 3.00 for core courses in the AT program.
- 3. Students must earn at least a B letter grade in 2 of the 3 following courses: CATA 337, CATA 339, CATA 348.

 If the B letter grade or better is not met, the student will not be allowed to start their clinical internship.
- 4. Must complete the following Science Prerequisite courses: PHYS 205, PHYS 225, or equivalent.

Eligibility Requirements for AT Field Internship II (CATA 485)

- 1. Must complete the following prerequisite Exercise Science courses: CATA 365, CATA 462.
- 2. Must maintain a cumulative GPA equal to at least 3.00 for core courses in the AT program.

Also, students need to complete the core AT courses in the third year with a GPA equal to at least 3.00.

Eligibility Requirements for AT Clinical Internship II (CATA 495)

- 1. Must complete the following prerequisite Exercise Science courses: EXCI 451, CATA 437, CATA 439, CATA 475, (CATA 462 if taken).
- 2. Must maintain a cumulative GPA equal to at least 3.00 for core courses in the AT program.

Also, students need to complete the core AT courses in the third year with a GPA equal to at least 3.00.

3. Must complete the following Science Prerequisite courses: PHYS 206, PHYS 226, or equivalent.

If any student does not meet the eligibility requirements of any of the four AT internships, they are allowed to appeal the decision of the internship director. The appeal process involves submitting a CV, a letter explaining their appeal, and one letter from a potential supervisor or a past supervisor supporting their position. The AT committee will review the appeal and make a decision and forward it to the student, internship director, and internship coordinator. An appeal must be submitted to the AT committee a minimum of 1 week prior to the start of the internship semester.

Full- and Part-Time Status

A student's status is determined by the number of credits for which she or he is registered at the close of the tuition refund period, in the following way:

Registration Period	Full-Time*	Part-Time
Both Fall & Winter terms	24 credits or more	Less than 24 credits
Fall term only	12 credits or more	Less than 12 credits
Winter term only	12 credits or more	Less than 12 credits
Summer session	12 credits	Less than 12 credits

*NOTE: Students receiving Quebec loans and bursaries are advised that, according to the rules established by the Government of Quebec, they must maintain registration of 12 credits or more **each term**. For further information, see Financial Aid §18.6.1. For Quebec residency purposes, full-time and part-time are defined on a per-term basis. Courses with **DISC notation** are included in the calculation. For further information, see Proof of Quebec Residency §13.7.

Credit Loads

Regular Session — Full-Time Status

Full-time students **normally take 30 credits** in each regular session. They may register for a **maximum of 15 credits** in each of the fall and winter terms.

Regular Session — Part-Time Status

Part-time students in all Faculties may register for a **maximum of 9 credits** in each of the fall and winter terms.

Regular Session — Independent Status

Independent students may normally register for a maximum of nine credits in each of the fall and winter terms.

Summer Session

Any student, other than one in the Institute for Co-operative Education (§24) or the Faculty of Engineering and Computer Science (§71), may register for a **maximum of 12 credits** during the summer session.

CREDITS REQUIRED FOR GRADUATION

B.Sc. Major in Exercise Science (CEGEP Student Profile)	
Total:	90 credits
Program Core Courses:	42 credits
Elective Courses:	48 credits 24 credits outside EXCI including 6 Gen Ed credits 24 credits outside or inside EXCI

B.Sc. Honours in Exercise Science (CEGEP Student Profile)		
Total:	90 credits	
Program Core Courses:	60 credits	
Elective Courses:	30 credits 24 credits outside EXCI including 6 Gen Ed credits 6 credits outside or inside EXCI	

B.Sc. Clinical Exercise Physiology Specialization in Exercise Science (CEGEP Student Profile)		
Total:	90 credits	
Program Core Courses:	66 credits	
Elective Courses: 24 credits outside EXCI including 6 Gen Ed credits		

B.Sc. Athletic Therapy Specialization in Exercise Science (CEGEP Student Profile)		
Total:	120 credits	
Program Core Courses:	96 credits	
Elective Courses:	24 credits outside EXCI including 6 Gen Ed credits	

B.Sc. Major in Exercise Science (Mature Entry Program Student Profile)		
Total:	108 credits	
Program Core Courses:	42 credits	
Elective Courses:	66 credits	
	33 credits outside or inside EXCI	
	27 credits of Science Prerequisite courses	
	6 credits of General Education courses	

B.Sc. Honours in Exercise Science (Mature Entry Program Student Profile)		
Total:	108 credits	
Program Core Courses:	60 credits	
Elective Courses:	48 credits	
	15 credits outside or inside EXCI	
	27 credits of Science Prerequisite courses	
	6 credits of General Education courses	

B.Sc. Clinical Exercise Physiology Specialization in Exercise Science (Mature Entry Program Student Profile)		
Total:	108 credits	
Program Core Courses:	66 credits	
Elective Courses:	42 credits	
	9 credits outside or inside EXCI	
	27 credits of Science Prerequisite courses	
	6 credits of General Education courses	

B.Sc. Athletic Therapy Specialization in Exercise Science (Mature Entry Program Student Profile)		
Total:	138 credits	
Program Core Courses:	96 credits	
Elective Courses: 42 credits 9 credits outside or inside EXCI 27 credits of Science Prerequisite courses 6 credits of General Education courses		

B.Sc. Major in Exercise Science (Extended Credit Program Student Profile)		
Total:	120 credits	
Program Core Courses:	42 credits	
Elective Courses:	78 credits	
	45 credits outside or inside EXCI	
	27 credits of Science Prerequisite courses	
	6 credits of General Education courses	

B.Sc. Honours in Exercise Science (Extended Credit Program Student Profile)		
Total:	120 credits	
Program Core Courses:	60 credits	
Elective Courses:	60 credits	
	27 credits outside or inside EXCI	
	27 credits of Science Prerequisite courses	
	6 credits of General Education courses	

B.Sc. Clinical Exercise Physiology Specialization in Exercise Science (Extended Credit Program Student Profile)		
Total:	120 credits	
Program Core Courses:	66 credits	
Elective Courses:	54 credits	
	21 credits outside or inside EXCI	
	27 credits of Science Prerequisite courses	
	6 credits of General Education courses	

B.Sc. Athletic Therapy Specialization in Exercise Science (Extended Credit Program Student Profile)			
Total:	150 credits		
Program Core Courses:	96 credits		
Elective Courses:	54 credits 21 credits outside or inside EXCI 27 credits of Science Prerequisite courses 6 credits of General Education courses		

Course Overrides and Special Permission to Take Courses

Over the next few years you may have to contact your Academic Advisor for a course override or special permission to take a core course in Exercise Science. A course override is required when a lecture section or a lab section of a core course is full, or a prerequisite of a core course is missing. Regardless of your situation, you must provide the following information to your Academic Advisor:

- 1. Student ID number (7-digit number),
- 2. Course Name (EXCI or CATA),
- 3. Course Number (210, 250, 252, 253, 254, 257, 262, or 263),
- 4. Session (1 = summer, 2 = fall, 3 = fall and winter, or 4 = winter),
- 5. Course Section: (01 or 02),
- 6. Lab Section (if applicable, 01, 02, 03, 04, 05, 06, 07, or 08).

When requesting an override, it is suggested that you provide several options in order of preference that fit your schedule. Once an override has been given to you for a core course in Exercise Science, you will receive an email from your Academic Advisor indicating that you should register for your course immediately.

Please note that the Academic Advisor of the Department of Exercise Science can only provide you with overrides for EXCI and CATA courses. If you need an override for an elective course, it is your responsibility to contact the department offering the elective course.

ELECTIVE COURSES: THE 24-CREDIT RULE

➤ In order to graduate, all students in the Faculty of Arts & Science must successfully complete at least 24 credits outside his or her single discipline or department.

Out of the 24 credits of electives courses:

- > 18 credits can be taken from any department but Exercise Science
- ➤ 6 credits must be taken outside of the science departments. These elective courses are called General Education courses.

Six of the 24 credits of elective courses (General Education courses) must be taken outside of the following departments:

must be taken outside of the following departments:			
	Biology	BIOL	
	Chemistry & Biochemistry	CHEM	
	Exercise Science	EXCI	
SCIENCE	Mathematics & Statistics	MATH and MAST	
DEPARTMENTS	Physics	PHYS	
	Psychology	PSYC	
	Science College	SCOL	

Registration date

http://www.concordia.ca/students/registration.html

Online Courses:

http://www.concordia.ca/academics/online-courses.html

Students in Exercise Science are not permitted to take the following courses for credit:

CHEM 208 Chemistry in Our Lives **MATH 209** Fundamental Mathematics II MATH 212 Fascinating World of Numbers **EXCI 202** The Body Human: Form and Function **EXCI 204** Food for Sport **EXCI 206** The Science of Sport **EXCI 218** Physical Growth and Maturation **EXCI 233** Current Issues in Personal and Community Health **EXCI 251** Fundamentals of Health and Physical Activity

- ➤ Because Exercise Science students are in the Science sector of the Faculty of Arts & Science, they are not allowed to register for CHEM 208. Students outside of the Science sector may only take this course.
- > Students who have received credit or exemption for MATH 203 or equivalent may not take MATH 209 for credit.
- Students who have taken mathematics beyond the pre-calculus level may not take MATH 212 for credit.
- Also, Exercise Science students are not allowed to take the EXCI courses indicated above because these courses are elective courses for students outside of the Department of Exercise Science, otherwise known as Non-Exercise Science students.

DEADLINE DATES FOR WITHDRAWAL OF COURSES

FALL SEMESTER

- ➤ The deadline date for course withdrawal with tuition refund (DNE = Did Not Enter) for fall-term (/2) and two-term (/3) courses is September 21, 2015.
- After the above deadline date, you may discontinue (DISC) a fall-term course (/2) until November 8, 2015, but the tuition fees will not be refunded.
- ➤ If you eventually decide not to come to Concordia, you must drop all the courses that you have registered for before the deadline of **September 21, 2015**. Otherwise, you will be charged with the tuition fees.

WINTER SEMESTER

- The deadline date for course withdrawal with tuition refund (DNE) for winter-term (/4) courses is January 19, 2016.
- After the above deadline date, you may discontinue (DISC) two-term (/3) and winter-term (/4) courses until March 13, 2016, but the tuition fees will not be refunded.
- ➤ If you eventually decide not to come to Concordia, you must drop all the courses that you have registered for before the deadline of **January 19, 2016**. Otherwise, you will be charged with the tuition fee.

DEADLINE DATES FOR COURSE REGISTRATON

- > The last day to register or make section changes for courses in the:
 - 1. Fall term (/2) is **September 21, 2015**.
 - 2. Fall/Winter term (/3) is **September 21, 2015**.
 - 3. Winter term (/4) is **January 19, 2016**.

GRADUATION REQUIREMENTS

- 1. Complete the total number of credits required to obtain your specific BSc degree in Exercise Science.
- 2. Complete all core courses required in your Exercise Science program.
- 3. Complete at least 24 credits of electives outside of Exercise Science, including the General Education (GE) elective courses.

Ready to Graduate???

http://www.concordia.ca/students/graduation/ready-to-graduate.html

It is now time to hand in your Registration form and ask questions

