

## WHAT CAN I DO WITH MY MAJOR IN SEXUALITY

### OVERVIEW OF MAJOR

A Minor in Interdisciplinary Studies in Sexuality is offered jointly by the Faculty of Fine Arts and the Faculty of Arts and Science. Interdisciplinary Minor programs normally are composed of 24 or more credits and are combined with a Department Major, Specialization, or Honours. For the latest information on programs, visit the Department of Interdisciplinary Studies' undergraduate Internet site at:

<http://artsandscience.concordia.ca/programs/interdisciplinarystudies/>. A minor in sexuality, with its interdisciplinary approach to addressing issues concerned with sexuality and sexual health, helps prepare students for work in many diverse fields. Students commonly pursue research, academics, health and social services career options. They also pursue occupations related to such fields as politics, business, advocacy, the arts, government, public policy and publishing.

### EXAMPLES OF JOBS ACQUIRED BY CONCORDIA GRADUATES

The following job titles are representative of the types of entry-level positions for which Concordia University students are qualified upon graduation. Note that the numbers following each job title refer to Canada's National Occupational Classification (NOC) code. For details on these titles go to <http://www5.hrsdc.gc.ca/NOC/>

- Area Coordinator, Student Affairs (4143)
- Assistant Educational Trainer (6472)
- Campus Organizer
- Coordinator of Lesbian/Bisexual services (4167, 4212)
- Diversity Trainer (4165)
- HIV Educator (4165)
- Hotline Assistant Coordinator (4212)
- Minority Women's Outreach Coordinator (4164)
- Monitor, Community Correction Council (4212)
- Personal Life Coach (4212)
- Program Associate at Human right Organization (4164)
- Program Coordinator, Women's Rights Information Centre (4167, 4164)
- Rape Crisis Program Worker (4212)
- Relief Staff, Family Shelter (4164, 4212)
- Research Assistant (4122, 4164)
- Residential Life Coordinator (4212)
- Sexual Assault/Sexual Abuse Educator (4165)
- Staff at Family Counselling Centre (4212)
- Web Communications Editor (5122)
- Youth Worker (4212)

## CELEBRATED SEXUALITY MAJORS

**Robin Milhausen**. Canadian. Host of talk show, Sex, Toys and Chocolate

**Magnus Hirschfeld**. Sexuality Theorist. Early Campaigner for LGBT Rights

**Dr. Ruth Westheimer**. Author and Media Personality. Famous Sex Therapist

**Josey Vogels**. Concordia Graduate. Syndicated Sex/Relationship Advice Columnist

**Huberte Gautreau**. Canadian. Gender Harassment Counsellor. Governor General's Award

**Guy Grenier**. Canadian Author: Ten Conversations You Must Have Before You Get Married

**Laurie Betito**. Sex Therapist/Psychologist. Host of Canadian Television Show Let's Talk Sex

**Allison Brewer**. Canadian. Politician & Social Activist (Promotion of Lesbian and Gay Rights)

- Forensic Sexologist (4153)
- Girls Equity Specialist (4164, 1121)
- Hate-Crime/ Domestic Violence
- Victims Advocate (4112)
- Health Educator (4165)
- Health Policy Development Officer (4165)
- Human Rights Advocate (4164, 4112)
- Journalist (5123)
- Lawyer (4112)
- Legal and Welfare Advocate (4112)
- Librarian (5111)
- Marriage Counsellor (4153)
- Mental Health Nurse (3152)
- Patient Educator (4165, 4153)
- Planned Parenthood Counsellor (4153)
- Probation Officer (4155)
- Psychiatric Day Treatment Manager (0311)
- Psychologist (4151)
- Psychosexual Therapist (4153)
- Psychotherapist (4151)
- Public Relations Specialist (5124)
- Sexuality Counsellor (4153)
- Sexuality Educator (4165)
- Sexologist (4153)
- Teacher (4142, 4141)
- Union Organizer (1121)
- University Professor (4121)
- Women's Rights Advocate (4112)
- Writer (5121)
- Youth Counsellor (4153)

## MORE JOB TITLES

Applied Human Sciences specializations, training and internships prepare students for a multitude of occupations. The titles below are not meant to be exhaustive but are representative of fields which Applied Human Sciences majors pursue. Keep in mind that some occupations require further education (e.g., a higher degree, second degree, and diploma). Note that the numbers following each job title refer to Canada's National Occupational Classification (NOC) code. For details on these titles go to <http://www5.hrsdc.gc.ca/NOC/>.

- Advisor, Women's Studies (4143)
- Author (5121)
- Career Counselor (4213)
- Child Advocate (4112)
- Child Counsellor (4153)
- Child Welfare Policy Analyst (4164)
- Child Welfare Worker (4212)
- Community Affairs Specialist (4212)
- Consultant (4153, 4164)
- Crisis Advocate (4212, 4153)
- Crisis Intervention Specialist (4212)
- Cyber-safety Trainer (6261, 2263)
- Director of Program for InnerCity Teenagers (0314)
- Domestic Violence Program Coordinator (4164)
- Employee Relations Manager (0112)
- Feminist Sociologist (4169)

## POTENTIAL WORK SETTINGS

Those in the field work in science, public health, social services, human services and medical settings where they deal with social, cultural and political issues related to sexual health, marriage, racism, social justice, poverty and homophobia. This includes organizations involved with child and elder protection, health management, public policy, risk management, multiculturalism and international programs. To research specific employers who hire those in the field, there are many resources available in such locations as the Career Resource Centre, the Webster Library, Vanier Library and the Internet

- Advertising Agencies
- Battered Women's Shelters
- Child Protection Agencies
- Childcare Agencies
- Civil Rights Agencies
- Community & Public Health Organizations
- Community Service Centres
- Counselling Centres

## CON'T. – POTENTIAL WORK SETTINGS

- Crisis Support Centres
- Elderly Services
- Family Planning Organizations
- Family Therapy Centres
- Government Agencies
- Group Homes
- Health Care Centers/Facilities
- HIV/AIDS Clinics
- Homeless Shelters
- Hospitals
- Labor Unions
- Law Firms
- Lobbying Groups
- Mental Health Clinics
- Military
- Newspapers/ Magazines
- Non-Profit Organizations
- NGOs
- Police Departments
- Prison Settings
- Private Practice
- Public Relations Firms
- Rehabilitation Centres/Facilities
- Religious Organizations
- Research Organizations
- Secondary Schools
- Sexology Clinics
- Sexual Assault Support Agencies
- Special Education Centers
- Sexually Transmitted Diseases (STD) Clinics
- Universities and Colleges
- Volunteer Services
- Women's Advocacy Groups
- Women's Rights Organizations
- Youth Centres

## SKILLS AND CHARACTERISTICS

The study of sexuality fosters critical thinking, research and communication skills which are valuable in many careers related to the field. Those pursuing research careers require creativity in order to analyze, synthesize and integrate research. Those pursuing careers involving treatment must be sensitive to differences of sexual lifestyles, race, culture and social class; they must be able to identify dysfunction from spiritual, physical, psychological and social viewpoints. Most careers involve the ability to work with a team of diverse professionals. Finally, students will find the following skills, interests, values and other characteristics valuable for succeeding in the field.

- Ability to Develop Perspectives through Past Experiences
- Ability to Diagnose and Treat

- Ability to Initiate Change
- Analytical Thinking
- Appreciation of Diversity
- Creativity
- Empathy
- Good Judgement
- Interpersonal Skills
- Interviewing Skills
- Knowledge of Community Resources
- Knowledge of Contemporary Social Issues
- Knowledge of Forms of Oppression
- Objectivity
- Open-minded Attitude
- Patience
- Presentation Skills
- Research Skills
- Responsibility Towards Community
- Sensitivity to Cultural & Social Issues
- Social Awareness
- Tactfulness
- Tolerance
- Written & Oral Expression

## PROFESSIONAL ASSOCIATION AND OTHER LINKS

Making wise career decisions requires exploring your field. A multitude of Internet sites and other resources will help you do this to the best of your ability. Professional association sites, in particular, are very useful for their career descriptions and job hunting tips. Moreover, these authoritative sites frequently provide links to Internet sites which announce job openings and list potential employers. A few recommended sites are included below.

### CANADIAN

Association of sexologues du Québec (l'ASQ)  
<http://www.associationdessexologues.com/>  
Represents clinical sexology professionals and located in Montreal. A discounted student membership provides opportunities for professional development, keeping current and networking with potential employers through volunteer work.

### Canadian Federation for Sexual Health

<http://www.cfsh.ca/>  
Promotes healthy sexuality, sexual diversity and reproductive choice as fundamental human rights. Click on the Site Map to explore Scholarships and Awards, Resources (e.g., Sexual and Reproductive Health Counselling Guidelines), Research and useful links.

## CON'T. – PROFESSIONAL ASSOCIATION AND OTHER LINKS

### Canadian Sex Research Forum (CSRF)

<http://csrf.ca>

Provides for the interdisciplinary exchange among human sexuality professionals involved in teaching, clinical work and research. Conferences, meetings and a newsletter allow members opportunities to peruse job openings, keep up with trends and network.

### Sex Information and Education Council of Canada (SIECCAN)

<http://www.sieccan.org/>

Aims to promote quality sexual health information for the Canadian public and social service agencies. Publishes the Canadian Journal of Human Sexuality. Includes useful links to resources and organizations for keeping up with trends in the field.

## INTERNATIONAL

### American Association of Sexuality Educators, Counselors and Therapists (AASECT)

<http://www.aasect.org/>

Targets a broad range of professionals including physicians, nurses, social workers, other health professionals, psychologists, clergy, lawyers, sociologists, marriage/family counselors/therapists, family planning specialists and researchers. The discussion listserv helps professionals keep current and network with potential employers.

### International Academy of Sex Research (IASR)

<http://www.iasr.org/>

Fosters the promotion of research and high standards in research/scholarship Offers free membership for students who must be nominated by a member and be involved with sex research at an institute of higher learning.

### The Kinsey Institute

<http://www.kinseyinstitute.org/resources/proflinks.html>

Click Professional Association and Organizations for extensive links to US and international organizations. Provides, in addition, information on Grants and Fellowships and a multitude of Sexuality Information Links. Click on Graduate Education at the top of the screen to access programs.

### Society for Sex Therapy and Research (SSTAR)

<http://www.sstarnet.org/>

Members include a wide range of professionals with clinical or research interests. Promotes networking and the exchange of ideas through its listserv, newsletter, meetings and conferences.

### Society for the Scientific Study of Sexuality (SSSS)

<http://www.sexscience.org/>

Encourages student membership with benefits including access to a professional journal, awards, an online newsletter, activities, the membership directory and making contact with others in the field through its mentoring programming and conferences.

### World Association for Sexual Health (WAS)

<http://www.worldsexology.org/>

With members from around the globe, WAS promotes sexual health. Sponsors international congresses and the sharing of scientific information. Offers a newsletter.

## CREATE YOUR AMAZING CAREER – CAREER RESROUCE CENTRE TITLES

For those who need more help with their career and educational planning, the Career Resource Centre (CRC) offers books, pamphlets, DVDs and recommended Internet sites. It is located in the Hall Building, H-440, at 1455 de Maisonneuve Blvd. West. The following titles are just a few of the titles available in the CRC.

- Careers for Caring People & Other Sensitive Types
- Careers for Good Samaritans & Other Humanitarian Types
- Careers for Scholars & Other Deep Thinkers
- Careers for Writers and Others Who Have a Way with Words
- Careers in Child Care
- Career in Community Development
- Careers in Nonprofits and Government Agencies
- Careers in Social & Community Services Panel Discussion
- Careers in Sociology Panel Discussion
- C.E.G.E.P. Teaching Careers Panel Discussion
- Finding Your Counseling Career
- Get Into Medical School
- Great Jobs for Liberal Arts Majors
- The Helping Professions: A Careers Sourcebook
- Making a Living While Making a Difference
- 101 Careers in Social Work
- So, You Want to Be a Lawyer, Eh?
- Top 100 Health Care Careers
- What Anthropologists Do
- What Psychology Majors Could (and Should) Be Doing