

Faculty

Chair

YEHUDIT SILVERMAN, MA *Lesley University, Associate Professor*

Professors

SANDRA CURTIS, PhD *Concordia University*

STEPHEN SNOW, PhD *New York University*

Associate Professors

BONNIE HARNDEN, MA *Concordia University*

JOSÉE LECLERC, PhD *Concordia University*

JANIS TIMM-BOTTOS, PhD *University of New Mexico*

GUYLAINE VAILLANCOURT, PhD *Antioch University*

LAUREL YOUNG, PhD *Temple University*

Lecturer

HEATHER MCLAUGHLIN, MA *Concordia University*

Affiliate Professor

LELAND PETERSON, MA *School of the Art Institute of Chicago*

For the complete list of faculty members, please consult the Department website.

Location

Sir George Williams Campus

Visual Arts Building, Room: VA 264

514-848-2424, ext. 4790

concordia.ca/finearts/creative-arts-therapies

Department Objectives

The Department of Creative Arts Therapies offers select undergraduate courses that provide students with diverse ranges of concepts and practices in the field of arts in health. The Department offers a program of study with options of specialization in either Art Therapy, Drama Therapy, or Music Therapy, all leading to the degree of Master/Magisteriate of Arts in Creative Arts Therapies. In addition, the Department offers a Graduate Diploma in Music Therapy.

These undergraduate courses at the 300 level are prerequisites for admission to either the Art Therapy MA Option, the Drama Therapy MA Option, or the Graduate Diploma in Music Therapy. These courses are designed to provide prospective students with a foundation in either Art Therapy, Drama Therapy, or Music Therapy.

Courses

CATS 210 *Introduction to Creative Arts Therapies* (3 credits)

Students are introduced to the basic concepts and practices of creative arts therapies, including visual art, drama, music, and dance. Students study general theories and themes common to all of the creative arts therapies that may include creative projection, the role of the witness, expression, symbols, meaning making, and therapeutic alliance. These themes are explored through readings, videos, assignments, blogs and creative journals. Students are introduced to specific sites where creative arts therapists practise with diverse populations to gain a basic understanding of how the creative arts therapies function and the range of professional practices.

Art Therapy:

This course is intended as partial preparation for graduate studies in the field of art therapy.

ATRP 301 *An Introduction to Art Therapy* (3 credits)

Prerequisite: 30 credits; PSYC 200 or equivalent; six credits in Studio Arts. This course provides an introduction to the subject and profession of art therapy, including its history, key processes, and selected approaches. Didactic and experiential components provide students with a broad understanding of the application of basic concepts in art therapy.

Drama Therapy:

This course is intended as partial preparation for graduate studies in the field of drama therapy.

DTHY 301 *An Introduction to Drama Therapy* (3 credits)

Prerequisite: 30 credits; PSYC 200 or equivalent; permission of the Department of Creative Arts Therapies. This course provides an introduction to the subject and profession of drama therapy, including its history, key processes, and selected approaches. Didactic and experiential components provide students with a broad understanding of the application of basic concepts in drama therapy.

NOTE: Students who have received credit for TDEV 421, DFHD 421, or DINE 420 may not take this course for credit.

Music Therapy:

This course is intended as partial preparation for graduate studies in the field of music therapy.

MTHY 301 *An Introduction to Music Therapy* (3 credits)

Prerequisite: 30 credits; PSYC 200 or equivalent; six credits in Music. This course provides an introduction to the subject and profession of music therapy, including its history, key processes, and selected approaches. Didactic and experiential components provide students with a broad understanding of the application of basic concepts in music therapy.
