

FINDING TIME TO STUDY

INSTRUCTIONS:

- Block off all committed time (classes, travel time, job, recreation, etc.)
- Block off 3 hours per day for meals and 'down time'
- With the remaining time, determine "quality" hours for school work in 1 or 2 hour blocks
 - Typically, you will need about 6-7 hours of study time for each course you are taking

	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
6-7am							
7-8							
8-9							
9-10							
10-11							
11-12							
12-1pm							
1-2							
2-3							
3-4							
4-5							
5-6							
6-7							
7-8							
8-9							
9-10							
10-11							
11-12							