THE CONCORDIA PARENTS ASSOCIATION

Congratulations! Your son or daughter has joined the Concordia family. As a parent, you play a vital role in their academic journey and we wish to invite you to be part of our community, too. The Concordia Parents Association is our way to keep you informed.

Members of the association will receive our alumni publication Concordia University Magazine, as well as Accent — our monthly alumni e-newsletter — and invitations to upcoming university and alumni events in Montreal and in your hometown.

Sign up to be part of the Concordia Parents Association at concordia.ca/parentsassociation. Any information you provide will be kept confidential.

BIENVENUE À MONTRÉAL!

Montreal is Canada’s best student city and within the top 10 best student cities globally, according to the QS Best Student Cities rankings. Here’s why Montreal suits students so well:

- We have the highest concentration of post-secondary students of any large city in North America. That means lots of student-oriented pricing, activities and services.
- Rent is very affordable. It’s the best deal in Canada for big-city dwellers.
- Transportation is convenient and comparatively cheap, featuring the Métro, an award-winning underground transportation system.
- The Copenhagenize Index of bike-friendly cities puts us second in North America. The revolutionary Bixi bike-sharing system was born here. The city’s extensive network of bike paths link Concordia’s two campuses.

A STIMULATING ENVIRONMENT FOR LEARNING AND GROWING

- Montreal attracts the best acts on the planet for outdoor musical events like Osheaga and the Montreal International Jazz Festival. Culture is front and centre in everyday life. Winter events like the Montreal High Lights Festival and Nuit Blanche draw performers and creators of all kinds.
- The United Nations agency UNESCO designated Montreal a City of Design, one of only two in North America, because of our “innovative living environments that enhance daily life and existence.” The cityscape forms a beautiful environment that injects Montrealers with creative energy and inspiration.
- French is the official language of Montreal, yet the city has a strong English heritage and presence. Living here provides an opportunity to learn and improve French in a friendly environment.
- The city’s population includes people from all around the world. This astonishing diversity creates a rich linguistic, musical, literary and culinary scene.
ABOUT CONCORDIA

Concordia is a next-generation university focused on students, ideas and society. We believe it’s a small world and we’re all connected, with each of us playing a role in shaping the future. We call it “big” thinking: bold, connected across disciplines and unafraid to challenge convention. This “small planet, big thinking” mentality is reflected in our programs: flexible, so students can follow their vision, and interdisciplinary, so they can challenge themselves to see things from a new perspective.

Concordia is a university where curiosity, drive and self-expression are encouraged and celebrated.

CONCORDIA’S ALUMNI NETWORK

Concordia, including its founding institutions Loyola College and Sir George Williams University, boasts an alumni network of 193,000 engaged citizens who live and work around the world. We feature vibrant alumni chapters in Toronto, Vancouver, Ottawa, Calgary, Boston and New York — to name a few. As a Concordia parent, we wish to welcome you to our diverse and cosmopolitan community through an array of events and activities. Visit: concordia.ca/alumni-friends.

UNIVERSITY POLICIES

In Quebec, an 18-year-old is considered an adult and as such has the right to confidentiality. The following webpage provides the university policy on access to academic information as well as other official policies that may be of interest to parents. They include the Concordia Code of Rights and Responsibilities, the Policy on Residence and the Academic Code of Conduct: concordia.ca/about/policies.

PAYING TUITION AND FEES

The easiest way to pay tuition is online. Students log into their MyConcordia portal and choose “My Student Centre.” Under the “Finances” section, they can select “Make a payment.” This option is open to students who bank with Scotiabank, Bank of Montreal, RBC Royal Bank or TD Canada Trust.

Anyone who banks with a Canadian chartered bank can pay his or her tuition by telephone banking, online, at the bank or by ATM. Tuition can be paid in person at the Birks Student Service Centre by personal or certified cheque, money order, bank draft or debit.
“Thank you for joining the Concordia Parents Association and welcome to our community. As a parent of a university student, I’m keenly aware of the desire to set your student on the path to success. This handbook was produced to help Concordia families make the transition to university life.”

— Leisha LeCouvie, senior director, Alumni Relations
HEALTHY, BALANCED LIVING

HEALTH SERVICES
Life as a student is busy, intense and requires a lot of energy. Maintaining good health is key. Concordia Health Services provides high-quality healthcare on both of our campuses. From clinical care to nutrition and lifestyle education, Health Services helps students stay in top shape so they can focus on studies. To learn more, visit: concordia.ca/health.

MENTAL HEALTH SERVICES
We connect students with professional counsellors and accredited psychologists or psychotherapists. Services are free and are completely confidential. Visit: concordia.ca/students/health/mental-health.
To learn more about all the support services for your son or daughter, go to: concordia.ca/campus-services.

HEALTH INSURANCE
For information about medical coverage for Canadian out-of-province students or international students, visit: concordia.ca/students/health/insurance-coverage.

STAYING FOCUSED

CONCORDIA LIBRARIES
Both the Webster Library on the Sir George Williams Campus and Vanier Library on the Loyola Campus are open 24 hours a day, seven days a week during the academic year. For group projects, students can meet in one of our 30 study rooms, some set up with cutting-edge technology designed for collaborative work.
We offer more than 300 laptops or tablets for students to sign out and take to class or even off campus. Our libraries keep textbooks for every undergraduate course offered at the university. Our skilled subject librarians are always ready to help students with research in person and online by chat or email.
For a gorgeous, inspiring work environment, students can settle into a spot in our Reading Room in the Grey Nuns Building on the Sir George Williams Campus. We’ve converted the former chapel into a serene study space with large work surfaces and comfortable chairs. Our Grey Nuns group study rooms are equipped with white boards and mobile screens with connectors for laptops. library.concordia.ca

LEARNING SUPPORT SERVICES AND THE STUDENT SUCCESS CENTRE
Learning Support Services work with students to find the academic assistance that best suits their needs. Students can meet with a professional learning specialist to discuss strategies on how to improve writing, studying or presentation skills: concordia.ca/learning-support.
Peer tutors and mentors are widely available through the Student Success Centre to share with their fellow students how to truly succeed in university. Concordia’s Student Success Centre also offers orientation events for new students and a variety of workshops for skills development and career planning: concordia.ca/students/success.
Students looking for part-time jobs, internships or full-time jobs can find helpful resources through the Student Success Centre’s Career and Planning Services (CAPS). CAPS provides guidance to research careers, prepare for the job market and connect with employers. concordia.ca/students/success/career-planning-services

ACCESS CENTRE FOR STUDENTS WITH DISABILITIES
Every year, Concordia’s Access Centre for Students with Disabilities helps hundreds of students get the assistance they need to reach their academic goals. The centre connects students with services like adaptive and assistive software training, in-course note taking, accommodations for exams, and access to an assistive and adaptive computer lab. To learn more, visit: concordia.ca/access.

STAYING SAFE
The Concordia University Security Department is dedicated to maintaining a secure university environment, which allows students to study, work and live in a safe setting. Our school maintains a 24-hour campus patrol and all of our residences are equipped with both an access card and key system in order to maximize safety: concordia.ca/security.
Students can opt to receive emergency alerts from the university via email or text message on their cell phone. This service is available through their MyConcordia portal, under the “Messaging” tab.
Concordia’s Office of Emergency Management uses Facebook to promote emergency preparedness and alert the community to emergencies on or around campus: facebook.com/concordia.emergency.management.

300 UNDERGRADUATE PROGRAMS
GETTING AROUND

THE CONCORDIA SHUTTLE BUS
Students, faculty and staff with a valid Concordia ID card can take advantage of a free, 20-minute shuttle bus service between campuses. Our shuttle buses run on a regular schedule, approximately every 20 to 25 minutes: concordia.ca/maps/shuttle-bus.

CYCLING
For avid cyclists, the city’s De Maisonneuve Blvd. bike path connects our two campuses.

PUBLIC TRANSIT
The Société de transport de Montréal (STM) maintains an extensive network of bus routes and underground Métro stations throughout the city that is reliable and easy to use. In addition, the STM offers a reduced-fare monthly bus/metro pass — the OPUS card — for students. Find out more at: concordia.ca/students/birks

CONCORDIA STUDENT UNION
The Concordia Student Union (CSU) defends student rights and acts as the highest student representative body. Among the CSU’s most used services are its Legal Information Clinic, the CSU Student Advocacy Centre and the CSU Off-Campus Housing and Job Bank (HQJO): csu.qc.ca.

STUDENT CLUBS AND ASSOCIATIONS
With over 210 clubs and associations, student life at Concordia is among the most vibrant of any university in the country. To explore Concordia’s student groups and learn how to get involved in university life, students can visit: concordia.ca/students/clubs.

A HUB FOR ARTS AND CULTURE
At Concordia, we study, research and experience art across every artistic discipline. Students can discover the exciting cultural events we create, curate and host.

Concordia boasts one of the most diverse collections of public art of any university in Canada. A great entry point is through any of our five galleries: concordia.ca/arts/galleries.
- The FOFA Gallery
- The MFA Gallery
- The Leonard & Bina Ellen Art Gallery
- The VAV Gallery
- The Communication Studies Media Gallery and Mobile Media Gallery
RECREATION

If there’s a sport your son or daughter is interested in, chances are they’ll find it at Concordia. Our intramural leagues and clubs include:

- baseball • skiing • golf • cross-country running
- basketball • ice hockey • ball hockey • roller hockey • lacrosse • volleyball • ultimate

Winter is no obstacle to staying active. The impressive dome that covers the sports field in front of our Recreation and Athletics Complex on the Loyola Campus lets Concordians play outdoors all year round. Another way for students to embrace winter is to go for a skate in the Ed Meagher Arena, home to our Stingers hockey teams. Learn more at: concordia.ca/recreational-sports.

FITNESS

We make it easy to stay in shape with facilities on both campuses. Le Gym on the Sir George Williams Campus has the best in high-tech cardio and weight-lifting machines. Students can sign up for classes like Zumba, yoga and spinning, or a session with a personal trainer. Your son or daughter can also take advantage of the conditioning floor at Le Centre — part of the PERFORM Centre at Loyola. Concordia’s preventive health research centre focuses on promoting healthy living: concordia.ca/recreation.

“Your daughter or son is on a journey to becoming a well-rounded, community-engaged and career-prepared graduate, equipped to be a life-long learner. These are the Concordia values we strive towards.”

— Lisa Ostiguy, deputy provost

75% OF CLASSES HAVE FEWER THAN 60 STUDENTS

STUDENT-TO-PROFESSOR RATIO OF 27:1
RESIDENCES

Home is never far away for students who live in residence. Grey Nuns Residence is located in downtown Montreal, on Guy St. just south of Ste. Catherine St., one of the main shopping destinations in the city, and a few blocks from Crescent St., headquarters of nightlife fun. Students can still retreat to an oasis of calm: the green grounds of the Grey Nuns Building are a beautiful buffer against the busy city streets.

The Jesuit Residence and Hingston Hall are located on Loyola Campus, where state-of-the-art facilities blend with turn-of-the-century architecture. Classrooms, laboratories and the Vanier Library are all within a moment’s walk from these residences. And to top it off, all our facilities are surrounded by green spaces where students can get together with friends, study or picnic. It’s the hive for athletics, too. Students can join the swarm and cheer on the Stingers!

Our co-ed residences are secure facilities. Students use access cards to come and go. Staff is on site 24 hours a day. Our resident assistants are always available to help navigate life in Montreal.

DINING

Loyola Campus:
Residents take meals at the Buzz Bistro (dining hall), located across the parking lot from Hingston Hall, Wing A (HA).

There is a flex-dollar kiosk located in the main lobby of Hingston Hall, Wing A/Wing B (HA/HB). Others are located on campus, including in the Richard J. Renaud Science Complex (SP) and Communication Studies and Journalism Building (CJ).

Sir George Williams Campus:
The main dining hall is located on the ground level in the Grey Nuns Residence (GN).

RESIDENT ASSISTANTS

Resident assistants (RAs) are second- and third-year students who are hired to help guide residents through their transition from home to university. Throughout the year, RAs regularly plan events and activities to create a sense of community and provide residents with an opportunity to meet new people, learn about the services on campus and get to know Montreal. RAs also ensure that every resident feels comfortable in residence. They are available to mentor residents and help make the experience the best it can be.

Our highly trained RAs host monthly floor programs and plan year-round events that allow students to meet fellow floor mates, learn about the services on campus, participate in engaging conversations and get to know the city of Montreal.

Some past events and programs have included a midnight breakfast, tobogganing on Mount Royal, an art crawl through the city, video game tournaments, coffee houses, clothing swaps and jam nights.

MAIN RULES IN RESIDENCE: RESPECT AND SAFETY

Upon arrival each resident must sign a lease that includes the Code of Community Living Standards and Discipline. This code helps ensure that each resident is provided with a comfortable and safe living space. The code of residence policies is available online at concordia.ca/campus-life/residences/policies.

SOME CODE BASICS:

Smoking — Residence is a non-smoking facility. It is forbidden to smoke or vape e-cigarettes in any room, including common areas.

Drinking — The legal drinking age in Quebec is 18. Drinking is allowed only in residents’ personal rooms. Open alcoholic drinks are not allowed in common areas.

Noise and quiet hours — A resident’s right for quiet study and sleep time takes priority over a resident’s right to make noise. Quiet hours begin on weekdays at 10 p.m. and Friday and Saturday at 1 a.m. During exam periods, 24-hour quiet hours are in effect.

Damage to property — The individual(s) responsible for damage, when known, will assume complete responsibility.

Key lockouts and key replacements — Residence Life reserves the right to charge for having to grant access to a room. Any lost keys will result in a $20 replacement charge.

Harm and/or threat to another — Violence or physical aggression will not be tolerated in residence.

Appliances in rooms — There is a list of forbidden items outlined in the lease, including kettles, coffee makers, space heaters and rice cookers. Coffee makers, kettles and microwaves are available to residents in common rooms.

EVENTS COMMITTEE

Chaired by community facilitators, the events committee provides an opportunity for residents to get involved in planning events and activities for their peers. Residents can obtain information about how to become involved through their RAs.

For complete information about residence life, visit: concordia.ca/residence.
97% OF UNDERGRADUATE STUDENTS ARE WORKING OR CONTINUING STUDIES SIX MONTHS AFTER GRADUATION
CONCORDIA CONTACTS

Concordia University
General Information
514-848-2424
cordia.ca

Concordia Security
514-848-3717
Or 514-848-2424, ext. 3717
cordia.ca/security

Recreation
Le Gym
514-848-2424, ext. 3860
cordia.ca/legym

PERFORM conditioning floor
514-848-2424, ext. 4513
cordia.ca/perform

Athletic Complex (Loyola)
514-848-2424, ext. 3858
stingers.ca

Career and Planning Services
514-848-2424, ext. 7345
cordia.ca/caps

Institute for Co-operative Education (CO-OP)
514-848-2424, ext. 3950
cordia.ca/academics/co-op

Counselling and Development
Sir George Williams Campus:
514-848-2424, ext. 3545
Loyola Campus: 514-848-2424, ext. 3555
cordia.ca/offices/cdev

Health Services
Sir George Williams Campus:
514-848-2424, ext. 3565
Loyola Campus: 514-848-2424, ext. 3575
cordia.ca/health

Office of the Registrar
514-848-2424, ext. 2668
cordia.ca/offices/registrar

International Students Office
514-848-2424, ext. 3515
cordia.ca/offices/iso

Birks Student Service Centre
514-848-2424, ext. 2668
cordia.ca/students/birks

Office of Advancement and Alumni Relations
514-848-2424, ext. 4856
cordia.ca/alumni-friends

Concordia Bookstore
Sir George Williams Campus:
514-848-2424, ext. 3615
Loyola Campus:
514-848-2424, ext. 3620
cordia.ca/bookstore

Concordia Computer Store
Sir George Williams Campus:
514-848-2424, ext. 7665
Loyola Campus:
514-848-2424, ext. 5894
retail.concordia.ca/ccs

Multi-faith Chaplaincy
Sir George Williams Campus:
514-848-2424, ext. 3593
Loyola Campus: 514-848-2424, ext. 3588
cordia.ca/offices/chaplaincy

Concordia Parents Association
514-848-2424, ext. 8946
cordia.ca/parentsassociation

Concordia Student Union (CSU)
Off-campus Housing and Job Bank
514-848-7474, ext. 7935
csu.qc.ca/hojo

Financial Aid and Awards Office
514-848-2424, ext. 3507
cordia.ca/offices/faao

Concordia Libraries
Webster Library,
Sir George Williams Campus:
514-848-2424, ext. 7706
Vanier Library, Loyola Campus:
514-848-2424, ext. 7770
library.concordia.ca

Residence Life
Sir George Williams Campus:
514-848-2424, ext. 4776
Loyola Campus:
514-848-2424, ext. 8541
Residence Admissions
514-848-2424 ext. 4755
cordia.ca/residence

Residence mailing addresses
“Student’s name”
Concordia University
Hingston Hall (HA or HB) or Jesuit Residence, Room #
7141 Sherbrooke St. West
Montreal, Quebec H4B 1R6

“Student’s name”
Concordia University
Grey Nuns Residence, Room #
1455 de Maisonneuve Blvd. West
Montreal, Quebec H3G 1M8
OTHER USEFUL CONTACTS

City of Montreal:
Dial 311
Outside Montreal: 514-872-0311

Montreal’s public transit system: STM
General Information
514-STM-INFO + option 6 + option 3
514-786-4636 + 6 + 3
Trip Planning and OPUS card
514-STM-INFO + option 4
514-786-4636 + 4

Info-Santé 8-1-1
Info-Santé 8-1-1 is a free and confidential telephone consultation service. 8-1-1 is the only telephone number for this service. Dialing 8-1-1 promptly puts callers in contact with a nurse in case of a non-urgent health issue. The service is available 24 hours a day, 365 days a year. All people living in Quebec can call Info-Santé 8-1-1 for themselves or close family.

Tourisme Montreal
514-844-5400
tourisme-montreal.org

Bixi bike-sharing service
514-789-BIXI (2494)
montreal.bixi.com

Taxi services
Taxi Diamond: 514-273-6331
A Taxi Diamond app is available for free download (iOS or Android)
Atlas Taxi: 514-485-8585
Champlain Taxi: 514-273-2435

SHOPPING

SIR GEORGE WILLIAMS CAMPUS

Household items:
Alexis Nihon Plaza
1500 Atwater Ave.
Spacious shopping centre featuring apparel, accessory and home goods stores, plus a Winners and a food court.

Dollarama
1934 Ste. Catherine St. W.

The Bay Montreal DT
585 Ste. Catherine St. W.

Canadian Tire
Alexis Nihon Plaza
1500 Atwater Ave.

The Home Depot
4625 St. Antoine St. W.

Grocery stores:
Marché Adonis Centre-Ville
2173 Ste. Catherine St. W.

Supermarché P&A
1420 Fort St.

Drugstores:
Pharmaprix
1500 Ste. Catherine St. W.

PJC Jean Coutu
1675 Ste. Catherine St. W.

LOYOLA CAMPUS

Household items:
Réno-Dépôt
Notre-Dame-de-Grâce (NDG)
7277 St. Jacques St. W.

Canadian Tire
7200 Ste-Anne-de-Bellevue Blvd.

Dollarama
6495 Somerled Ave.

Carrefour Angrignon
7077 Newman Blvd.
Large mall featuring retailers with clothes, accessories, home goods and electronics, plus eateries.

Grocery stores:
Super C St-Jacques
6900 St. Jacques St. W.

Provigo
6485 Sherbrooke St. W.

Loblaws
6600 St. Jacques St. W.

Marché Akhavan
670 Sherbrooke St. W.

Drugstores:
Pharmaprix
1 Westminster Ave. N.

Pharmaprix
6411 Sherbrooke St. W.

PJC Jean Coutu
6624 Somerled Ave.

Other:
U-Haul
7350 Ste-Anne-de-Bellevue Blvd.

Costco Wholesale Canada
300 Bridge St.
Membership required.

IKEA Montreal
9191 Cavendish Blvd.
The Sir George Williams (SGW) Campus is located in the heart of downtown Montreal in Quartier Concordia, a four-square-km area. This urban and modern campus has grown and expanded over the past few decades. It’s situated among dozens of popular cafés and shops, blending seamlessly with the exciting downtown Montreal vibe.

**CAMPUS HIGHLIGHTS**

1. **John Molson Building (MB)**
   1450 Guy St.
   Home to the John Molson School of Business and several of the Faculty of Fine Arts performing arts facilities (theatre, contemporary dance, music).

2. **Guy-Metro Building (GM)**
   1550 De Maisonneuve Blvd. W.
   Health Services and the Financial Aid and Awards Office can be found here.

3. **Underground network**
   Students can get to class by travelling through Concordia’s underground tunnels.

4. **Engineering, Computer Science and Visual Arts Integrated Complex (EV)**
   1515 Ste. Catherine W.
   Le Gym is located on the metro level of this building.
Grey Nuns Residence (GN)
1190 Guy St.
An affordable and comfortable accommodation option in the heart of downtown Montreal. The Reading Room is open to all students.

J.W McConnell/Library Building (LB)
1400 De Maisonneuve Blvd. W.
The perfect place for students to grab a snack (there are two cafés) or to hit the books and study.

Hall Building (H)
1455 De Maisonneuve Blvd. W.
The Concordia Student Union, the LIVE Centre, the Student Success Centre... and so much more are located here.

Faubourg Building (FB/FG)
1250 Guy St. /1616 Ste. Catherine St. W.
The Mel Hoppenheim School of Cinema is located here. It’s also home to the offices of Advancement and Alumni Relations and the Concordia Parents Association.

Concordia Greenhouse
Hall Building, 13th floor
Students can bring their books to study, admire the greenery or sign up for a workshop at this student-run space.
The Loyola Campus is situated 20 minutes from downtown in the west-end Montreal neighbourhood of Notre-Dame-de-Grâce (NDG). Loyola stands out because of its mix of late 19th-century architecture and ultra-modern facilities surrounded by green space.

CAMPUS HIGHLIGHTS

Research Centre for Structural and Functional Genomics Building (GE)
This multidisciplinary research facility brings together biologists, chemists and bioinformaticians.

Richard J. Renaud Science Complex (SP)
Home to Concordia’s science programs.

Communication Studies and Journalism Building (CJ)
The Loyola Bookstore is located on the ground floor of this building.
Free shuttle bus to and from our downtown campus here.

concordia.ca/maps/shuttle-bus

Administration (AD)/Central (CC) Buildings 7141 Sherbrooke St. W. Students can visit the Career Resource Centre and the dean of students here. A health clinic is located here, too.

Hingston Residences (HA/HB/HC)/Jesuit Residence (JR) These four buildings make up the Loyola residences.

Psychology Building (PY) Home to graduate and undergraduate psychology programs and research centres.

Loyola Chapel The Concordia Multi-faith Chaplaincy, a non-denominational group, uses the space.

Student Centre (SC) Houses the Hive, a Concordia Student Union-run lounge and event space.

Vanier Library (VL) Open 24 hours a day during fall and winter terms.

Recreation and Athletics Complex (RA) and Ed Meagher Arena (PB)/Stingers Dome (DO) 7200 Sherbrooke St. W. Home to the Concordia Stingers varsity sports teams.

PERFORM Centre (PC) This research facility is devoted to preventive health and wellness. Students can use the state-of-the-art fitness machines available on the conditioning floor.

Oscar Peterson Concert Hall (PT) A principal performing arts venue in the Faculty of Fine Arts, the hall hosts over 200 concerts, lectures and theatrical productions annually.
HIGHLIGHTS

- Learn about our university’s notable leaders, prominent researchers, entrepreneurs, artists, athletes and thinkers at concordia.ca/greatconcordians.

- Discover what Concordia achieved first in Montreal, Quebec, Canada and the world at concordia.ca/concordiafirsts.

- Sign up to be part of the Concordia Parents Association at concordia.ca/parentsassociation. Any information you provide will be kept confidential.

87% FIRST-YEAR UNDERGRADUATE RETENTION RATE

“Whether students are looking to start a group, get involved in an existing one or participate in Concordia’s rich life outside the classroom, we are here to help. Our office works to enhance student life.”

— Andrew Woodall, dean of students

$45.8 MILLION IN RESEARCH REVENUE

“I love Concordia’s diversity and dynamism. This is a fascinating and complex place. What makes it special is our unique DNA — the combination of the Jesuit liberal arts tradition from Loyola College and the YMCA tradition behind Sir George Williams University, which started as a night school for working people.”

— Bram Freedman, vice-president, Advancement and External Relations