

Sustainability in the City and Beyond

Concordia University

March 19-21, 2019

The Effects of Urban Sprawl on Health

Jennifer Rowland

The purpose of this review is to examine the effects of urban sprawl on the health of children, adolescents and adults. The study compared the results between the three age groups and also includes a comparison of the differences of health indicators between both urban and suburban environments. Upon further review, the results indicate that there is a minimal link between urban sprawl per se and overall health. Individual factors such as race, socioeconomic status and gender and ideology appear to have more of an impact on health. Further research should focus on qualitative measures and examine these individual factors along with human ideology in order to examine the influence they may have on neighbourhood selection.



**FACULTY OF
ARTS AND SCIENCE**

Loyola College for
Diversity and Sustainability

Loyola Sustainability
Research Centre

Department of
Communication Studies

Department of Biology

Department of Geography,
Planning and Environment

Department of
Political Science

Department of
Sociology and Anthropology

JOHN MOLSON
SCHOOL OF BUSINESS

Department of Management