

DEPARTMENT OF EXERCISE SCIENCE

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**DEPARTMENT OF EXERCISE SCIENCE ACADEMIC ADVISING
FOR STUDENTS ENTERING THEIR 2nd YEAR OF ANY PROGRAM
2015-2016 CONCORDIA UNIVERSITY UNDERGRADUATE CALENDAR**

STAGE	PROGRAM			
	MAJOR (42 credits)	HONOURS (60 credits)	CEP (66 credits)	AT (96 credits)
Students Entering First Year				
1 (2014-2015)	EXCI 250 EXCI 252 EXCI 253 EXCI 254 EXCI 257 CATA 262	EXCI 250 EXCI 252 EXCI 253 EXCI 254 EXCI 257 CATA 262	EXCI 250 EXCI 252 EXCI 253 EXCI 254 EXCI 257 EXCI 210 CATA 262 CATA 263	EXCI 250 EXCI 252 EXCI 253 EXCI 254 EXCI 257 EXCI 210 CATA 262 CATA 263
Students Entering Second Year				
2 (2015-2016)	MAJOR EXCI 351 (F/W) EXCI 352 (F/W) EXCI 355 (W) EXCI 357 (F) EXCI 358 (W)	HONOURS EXCI 351 (F/W) EXCI 352 (F/W) EXCI 355 (W) EXCI 357 (F) EXCI 358 (W) EXCI 322 (F) EXCI 323 (F/W)	CEP EXCI 351 (F/W) EXCI 352 (F/W) EXCI 355 (W) EXCI 357 (F) EXCI 358 (W) EXCI 380 (F) EXCI 383 (S/F/W)	AT EXCI 351 (F/W) EXCI 352 (F/W) EXCI 355 (W) EXCI 357 (F) EXCI 358 (W) CATA 337 (F) CATA 339 (F) CATA 348 (W) CATA 365 (S/FW)
Students Entering Third Year				
3 (2016-2017)	EXCI 420 EXCI 445 Choose 1 from: EXCI 440 EXCI 450 EXCI 453 EXCI 455 EXCI 458 EXCI 492	EXCI 420 EXCI 445 EXCI 424 EXCI 425 EXCI 426 Choose 1 from: EXCI 440 EXCI 453 EXCI 455 EXCI 458	EXCI 422 EXCI 423 EXCI 445 EXCI 450 EXCI 451 EXCI 483 Choose 1 from: EXCI 420 EXCI 440 EXCI 455 EXCI 458 EXCI 492	EXCI 451 CATA 437 CATA 439 CATA 462 CATA 475 Choose 1 from: EXCI 420 EXCI 422 EXCI 423 EXCI 440 EXCI 461
Students Entering Fourth Year				
4 (2017-2018)				EXCI 445 EXCI 471 CATA 441 CATA 485 CATA 495 Choose 2 from: CATA 447 EXCI 450 EXCI 455 EXCI 458

				EXCI 492 MANA 300
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EXCI 358, Physiology of Exercise, is a prerequisite course for the following course in Exercise Science:

COURSE NAME & NUMBER	PROGRAM			
	MAJOR	HONOURS	CEP	AT
EXCI 420	X	X	X	X
EXCI 422			X	X
EXCI 423			X	X
EXCI 440	X	X	X	X
EXCI 445	X	X	X	X
EXCI 450	X	X	X	X
EXCI 455	X	X	X	X
EXCI 458	X	X	X	X
EXCI 461				X
EXCI 471				X

***Please note that EXCI 358 is required for AT Clinical Internship I (CATA 475) and CEP Internship II (EXCI 483).**

ELIGIBILITY REQUIREMENTS FOR INTERNAL TRANSFER

Eligibility Requirements for Internal Transfer from the Major Program into the Honours Program

Eligibility Requirements for Internal Transfer Into the Honours Program	
1.	Must complete 24 credits of courses in the Major program and have a cumulative GPA equal to at least 3.30 for these same courses.
2.	Must complete the following prerequisite Exercise Science courses: EXCI 250, EXCI 252, EXCI 253, EXCI 254, EXCI 257, CATA 262. However, because students must complete 24 credits to qualify for the Honours program, they should complete EXCI 210 and CATA 263, otherwise they will be 1 semester behind in the Honours program.
3.	Must have a Last Annual GPA of at least a 3.30.
4.	Must have a Cumulative GPA of at least a 3.30.
5.	Must have letter grades of C or above in all Concordia courses, including both program and elective courses.

According to Concordia University's 2014-2015 Undergraduate Calendar, to be eligible to transfer from the Major into the Honours program, the following courses must be completed with a **minimum GPA of 3.30**: EXCI 250, 252, 253, 254, 257 and CATA 262. However, an essential requirement for transferring from the Major program into the Honours program is the completion of **24 program credits**. Therefore, students seeking admission into the Honours program must complete all eight 200-level courses in the first year.

Eligibility Requirements for Internal Transfer from the Major Program into the Athletic Therapy (AT) or Clinical Exercise Physiology (CEP) Program

Eligibility Requirements for Internal Transfer Into the CEP Program	
1.	Must complete the following Exercise Science courses with a minimum cumulative GPA of 3.00: EXCI 210, EXCI 250, EXCI 252, EXCI 253, EXCI 254, EXCI 257, CATA 262, & CATA 263.

Eligibility Requirements for Internal Transfer Into the AT Program	
1.	Must complete the following Exercise Science courses with a minimum cumulative GPA of 3.00: EXCI 210, EXCI 250, EXCI 252, EXCI 253, EXCI 254, EXCI 257, CATA 262, & CATA 263.

IMPORTANT NOTES:

Those students who **fail to complete all the required courses for transfer or fail to achieve at least a minimum GPA of 3.30** for the **Honours** program or **3.00** for the **Specialization** programs in the first year of study will not be considered for transfer. These students will remain registered in the BSc Major in Exercise Science.

Students enrolled in the BSc Specialization in Exercise Science/Athletic Therapy or the BSc Specialization in Exercise Science/Clinical Exercise Physiology **must maintain a cumulative GPA of not less than 3.00 calculated for courses required within their program**. Any student who is unable to meet this GPA requirement will be removed from his/her program and placed in the BSc Major in Exercise Science.

INTERNSHIP ELIGIBILITY REQUIREMENTS

To be eligible to register for an internship, students must complete the following internship eligibility requirements specific to each internship course.

Clinical Exercise Physiology (CEP) Internship Eligibility Requirements

Eligibility Requirements for CEP Internship I (EXCI 383) (125 hours)	
1.	Must complete the following Science Prerequisite courses: BIOL 201 or equivalent, CMEM 205, CHEM 206, or equivalent, MATH 203, MATH 205, or equivalent, PHYS 204, PHYS 224, or equivalent.
2.	Must complete the following prerequisite Exercise Science courses with a cumulative GPA equal to at least 3.00: EXCI 210, EXCI 250, EXCI 252, EXCI 253, EXCI 254, EXCI 257, EXCI 380, CATA 262. ****CATA 263 is calculated for the transfer but not for the internship. It is replaced by EXCI 380***

Eligibility Requirements for CEP Internship II (EXCI 483)	
1.	Must complete the following Science Prerequisite courses: PHYS 205, PHYS 225, or equivalent.
2.	Must complete the following prerequisite Exercise Science courses: EXCI 351, EXCI 352, EXCI 355, EXCI 357, EXCI 358, EXCI 383, EXCI 422 (previously or concurrently).
3.	Maintain a GPA of at least 3.00 for core courses in the CEP program.

Athletic Therapy (AT) Internship Eligibility Requirements

Eligibility Requirements for AT Field Internship I (CATA 365) (400 hours)	
1.	<p>Must complete the following prerequisite Exercise Science courses with a cumulative GPA equal to at least 3.00: EXCI 250, EXCI 252, EXCI 253, EXCI 254, EXCI 257, CATA 262, CATA 263. ***EXCI 210 is calculated for the transfer but not for the internship***</p>
2.	<p>Students must earn at least a B letter grade in 2 of the 3 following courses: CATA 262, CATA 263, EXCI 253. If the B letter grade or better is not met, the student will not be allowed to start their field internship.</p>
3.	<p>Must complete the following Science Prerequisite courses: BIOL 201 or equivalent, CMEM 205, CHEM 206, or equivalent, MATH 203, MATH 205, or equivalent, PHYS 204, PHYS 224, or equivalent.</p>

Eligibility Requirements for AT Clinical Internship I (CATA 475)	
1.	<p>Must complete the following prerequisite Exercise Science courses: EXCI 351, EXCI 352, EXCI 355, EXCI 357, EXCI 358, CATA 337, CATA 339, CATA 348, CATA 365.</p>
2.	<p>Must maintain a cumulative GPA equal to at least 3.00 for core courses in the AT program.</p>
3.	<p>Students must earn at least a B letter grade in 2 of the 3 following courses: CATA 337, CATA 339, CATA 348. If the B letter grade or better is not met, the student will not be allowed to start their field internship.</p>
4.	<p>Must complete the following Science Prerequisite courses: PHYS 205, PHYS 225, or equivalent.</p>

Eligibility Requirements for AT Field Internship II (CATA 485)	
1.	<p>Must complete the following prerequisite Exercise Science courses: CATA 365, CATA 462.</p>
2.	<p>Must maintain a cumulative GPA equal to at least 3.00 for core courses in the AT program.</p> <p>Also, students need to complete the core AT courses in the third year with a GPA equal to at least 3.00.</p>

Eligibility Requirements for AT Clinical Internship II (CATA 495)	
1.	Must complete the following prerequisite Exercise Science courses: EXCI 451, CATA 437, CATA 439, CATA 475, (CATA 462 if taken).
2.	Must maintain a cumulative GPA equal to at least 3.00 for core courses in the AT program. Also, students need to complete the core AT courses in the third year with a GPA equal to at least 3.00.
3.	Must complete the following Science Prerequisite courses: PHYS 206, PHYS 226, or equivalent.

If any student does not meet the eligibility requirements of any of the four AT internships, they are allowed to appeal the decision of the internship director. The appeal process involves submitting a CV, a letter explaining their appeal, and one letter from a potential supervisor or a past supervisor supporting their position. The AT committee will review the appeal and make a decision and forward it to the student, internship director, and internship coordinator. An appeal must be submitted to the AT committee a minimum of 1 week prior to the start of the internship semester.

Full- and Part-Time Status

A student's status is determined by the number of credits for which she or he is registered at the close of the tuition refund period, in the following way:

Registration Period	Full-Time*	Part-Time
Both Fall & Winter terms	24 credits or more	Less than 24 credits
Fall term only	12 credits or more	Less than 12 credits
Winter term only	12 credits or more	Less than 12 credits
Summer session	12 credits	Less than 12 credits

***NOTE:** Students receiving Quebec loans and bursaries are advised that, according to the rules established by the Government of Quebec, they must maintain registration of 12 credits or more **each term**. For further information, see Financial Aid §18.6.1. For Quebec residency purposes, full-time and part-time are defined on a per-term basis. Courses with **DISC notation** are included in the calculation. For further information, see Proof of Quebec Residency §13.7.

Credit Loads

Regular Session – Full-Time Status

Full-time students **normally take 30 credits** in each regular session. They may register for a **maximum of 15 credits** in each of the fall and winter terms.

Regular Session – Part-Time Status

Part-time students in all Faculties may register for a **maximum of 9 credits** in each of the fall and winter terms.

Regular Session – Independent Status

Independent students may normally register for a maximum of nine credits in each of the fall and winter terms.

Summer Session

Any student, other than one in the Institute for Co-operative Education (§24) or the Faculty of Engineering and Computer Science (§71), may register for a **maximum of 12 credits** during the summer session.

CREDITS REQUIRED FOR GRADUATION

B.Sc. Major in Exercise Science (CEGEP Student Profile)	
Total:	90 credits
Program Core Courses:	42 credits
Elective Courses:	48 credits 24 credits outside EXCI including 6 Gen Ed credits 24 credits outside or inside EXCI

B.Sc. Honours in Exercise Science (CEGEP Student Profile)	
Total:	90 credits
Program Core Courses:	60 credits
Elective Courses:	30 credits 24 credits outside EXCI including 6 Gen Ed credits 6 credits outside or inside EXCI

B.Sc. Clinical Exercise Physiology Specialization in Exercise Science (CEGEP Student Profile)	
Total:	90 credits
Program Core Courses:	66 credits
Elective Courses:	24 credits outside EXCI including 6 Gen Ed credits

B.Sc. Athletic Therapy Specialization in Exercise Science (CEGEP Student Profile)	
Total:	120 credits
Program Core Courses:	96 credits
Elective Courses:	24 credits outside EXCI including 6 Gen Ed credits

B.Sc. Major in Exercise Science (Mature Entry Program Student Profile)	
Total:	108 credits
Program Core Courses:	42 credits
Elective Courses:	66 credits 33 credits outside or inside EXCI 27 credits of Science Prerequisite courses 6 credits of General Education courses

B.Sc. Honours in Exercise Science (Mature Entry Program Student Profile)	
Total:	108 credits
Program Core Courses:	60 credits
Elective Courses:	48 credits 15 credits outside or inside EXCI 27 credits of Science Prerequisite courses 6 credits of General Education courses

B.Sc. Clinical Exercise Physiology Specialization in Exercise Science (Mature Entry Program Student Profile)	
Total:	108 credits
Program Core Courses:	66 credits
Elective Courses:	42 credits 9 credits outside or inside EXCI 27 credits of Science Prerequisite courses 6 credits of General Education courses

B.Sc. Athletic Therapy Specialization in Exercise Science (Mature Entry Program Student Profile)	
Total:	138 credits
Program Core Courses:	96 credits
Elective Courses:	42 credits 9 credits outside or inside EXCI 27 credits of Science Prerequisite courses 6 credits of General Education courses

B.Sc. Major in Exercise Science (Extended Credit Program Student Profile)	
Total:	120 credits
Program Core Courses:	42 credits
Elective Courses:	78 credits 45 credits outside or inside EXCI 27 credits of Science Prerequisite courses 6 credits of General Education courses

B.Sc. Honours in Exercise Science (Extended Credit Program Student Profile)	
Total:	120 credits
Program Core Courses:	60 credits
Elective Courses:	60 credits 27 credits outside or inside EXCI 27 credits of Science Prerequisite courses 6 credits of General Education courses

B.Sc. Clinical Exercise Physiology Specialization in Exercise Science (Extended Credit Program Student Profile)	
Total:	120 credits
Program Core Courses:	66 credits
Elective Courses:	54 credits 21 credits outside or inside EXCI 27 credits of Science Prerequisite courses 6 credits of General Education courses

B.Sc. Athletic Therapy Specialization in Exercise Science (Extended Credit Program Student Profile)	
Total:	150 credits
Program Core Courses:	96 credits
Elective Courses:	54 credits 21 credits outside or inside EXCI 27 credits of Science Prerequisite courses 6 credits of General Education courses

Course Overrides and Special Permission to Take Courses

Over the next few years you may have to contact your Academic Advisor for a course override or special permission to take a core course in Exercise Science. A course override is required when a lecture section or a lab section of a core course is full, or a prerequisite of a core course is missing. Regardless of your situation, you must provide the following information to your Academic Advisor:

1. Student ID number (7-digit number),
2. Course Name (EXCI or CATA),
3. Course Number (210, 250, 252, 253, 254, 257, 262, or 263),
4. Session (1 = summer, 2 = fall, 3 = fall and winter, or 4 = winter),
5. Course Section: (01 or 02),
6. Lab Section (if applicable, 01, 02, 03, 04, 05, 06, 07, or 08).

When requesting an override, it is suggested that you provide **several options** in order of preference that fit your schedule. Once an override has been given to you for a core course in Exercise Science, you will receive an email from your Academic Advisor indicating that you should register for your course immediately.

Please note that the Academic Advisor of the Department of Exercise Science can only provide you with overrides for EXCI and CATA courses. If you need an override for an elective course, it is your responsibility to contact the department offering the elective course.

ELECTIVE COURSES: THE 24-CREDIT RULE

- In order to graduate, **all students** in the **Faculty of Arts & Science** must successfully complete **at least 24 credits outside** of his or her **single discipline** or **department**.

Out of the 24 credits of elective courses:

- 18 credits can be taken from any department but Exercise Science
- 6 credits must be taken outside of the science departments. These elective courses are called General Education courses.

Six of the 24 credits of elective courses (General Education courses) must be taken outside of the following departments:

SCIENCE DEPARTMENTS	Biology Chemistry & Biochemistry Exercise Science Mathematics & Statistics Physics Psychology Science College	BIOL CHEM EXCI MATH and MAST PHYS PSYC SCOL
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- Registration date

<http://www.concordia.ca/students/registration.html>

- Online Courses:

<http://www.concordia.ca/academics/online-courses.html>

Students in Exercise Science are not permitted to take the following courses for credit:

CHEM 208 Chemistry in Our Lives

MATH 209 Fundamental Mathematics II

MATH 212 Fascinating World of Numbers

EXCI 202 The Body Human: Form and Function

EXCI 204 Food for Sport

EXCI 206 The Science of Sport

EXCI 218 Physical Growth and Maturation

EXCI 233 Current Issues in Personal and Community Health

EXCI 251 Fundamentals of Health and Physical Activity

- Because Exercise Science students are in the Science sector of the Faculty of Arts & Science, they are not allowed to register for CHEM 208. Students outside of the Science sector may only take this course.
- Students who have received credit or exemption for MATH 203 or equivalent may not take MATH 209 for credit.
- Students who have taken mathematics beyond the pre-calculus level may not take MATH 212 for credit.
- Also, Exercise Science students are not allowed to take the EXCI courses indicated above because these courses are elective courses for students outside of the Department of Exercise Science, otherwise known as Non-Exercise Science students.

DEADLINE DATES FOR WITHDRAWAL OF COURSES

FALL SEMESTER

- The deadline date for course withdrawal with tuition refund (**DNE = Did Not Enter**) for **fall-term (/2)** and **two-term (/3)** courses is **September 21, 2015**.
- After the above deadline date, you may discontinue (**DISC**) a **fall-term course (/2)** until **November 8, 2015**, but the tuition fees will not be refunded.
- If you eventually decide not to come to Concordia, you must drop all the courses that you have registered for before the deadline of **September 21, 2015**. Otherwise, you will be charged with the tuition fees.

WINTER SEMESTER

- The deadline date for course withdrawal with tuition refund (**DNE**) for **winter-term (/4)** courses is **January 19, 2016**.
- After the above deadline date, you may discontinue (**DISC**) **two-term (/3)** and **winter-term (/4)** courses until **March 13, 2016**, but the tuition fees will not be refunded.
- If you eventually decide not to come to Concordia, you must drop all the courses that you have registered for before the deadline of **January 19, 2016**. Otherwise, you will be charged with the tuition fee.

DEADLINE DATES FOR COURSE REGISTRATON

- The last day to register or make section changes for courses in the:
 1. Fall term (/2) is **September 21, 2015**.
 2. Fall/Winter term (/3) is **September 21, 2015**.
 3. Winter term (/4) is **January 19, 2016**.

GRADUATION REQUIREMENTS

1. Complete the total number of credits required to obtain your specific BSc degree in Exercise Science.
2. Complete all core courses required in your Exercise Science program.
3. Complete at least 24 credits of electives outside of Exercise Science, including the General Education (GE) elective courses.

It is now time to hand in your Registration form and ask questions

